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# Access to family planning health care is critical to reaching your life's goals.



Schedule a physical and/or birth control consult today at the Anson County Health Department

# Christmas on the Square with the MBM Twirly Girls and Guy!

Uptown Wadesboro came alive on Monday, January 9 when the MBM Twirly Girls (and guy) were finally able to perform in their annual show, "Christmas On The Square." Their show was postponed due to weather, but plenty of Christmas spirit found its way into the hearts of those who came to watch the twirlers. Happy New Year to all!

Pictured above are, from left, Natalie Atkinson, KaLeenah Osborne, Heavenly Sturdivant, AaLeeah Osborne and Karmyn Kelly.

Pictured below are, from left, Chloe Drake, Elin Lockhart and Sophie Goodwin.



### **Anson Schools Sports Update**

#### Anson High School Wrestling

• Thursday, January 5 - From Coach Covia Boyd: Your Anson High School Wrestling Bearcats suffered 2 crushing defeats against CATA (54-12) and Forest Hills (48-30). Our young men and ladies all performed well but we gave up 36 points (6 points per forfeit) because of empty weight classes. We had 2 team members that did not return after the Christmas break and another who was unable to wrestle. Nonetheless, those who hit the mat performed well. Let's give a big shout out to Etalia Ortega who put up strong resistance against CATAs 132lb male. She fought through a second round injury and showed the heart that it takes to be in this sport. So if you see her limping a bit, know that she left it all on the mat. We are now 4-3 overall and 2-1 for team conference wins.

Individual stats are as follows: Jackson Stinson: 12-7; Lee Chambers: 11-7; Leigha Clark: 9-5 (Pirate Duals 4th place, Al Kessie 2nd place); Etalia Ortega: 6-8 (Pirate Duals 3rd place); Omarion McCune: 7-10; Drekwon Owens: 4-7; Angelica Crawford: 3-2 (Roughedge Rumble 3rd place); Daniel Figueroa: 3-4; Dylan James: 2-2; LaBrian Bowen: 2-3; Dejuan Leak: 2-5; Shavondra Tanner: 2-7 (Pirate Duals 2nd place); Javen Reyes-Garcia: 2-9; Elijah Maske: 1-3; Kyla Chambers: 1-3 (Pirate Duals 3rd place); IreAngel Crawford: 0-2.

## ANSON COUNTY HEALTH DEPARTMENT 110 Ashe Street Wadesboro 704-694-5188 Sliding fee scale for the uninsured.



**SLEEP SHOP** 

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#### Anson High School Track

• Team results: Girls 3rd & Boys 6th. Angelica Lugo 1st 55 meter hurdles, 2nd triple jump 5th 300 meter dash; Janiyah Maxwell 1st 300 meter dash, 2nd long jump, 2nd 55 meter dash; Zeranna Little 1st shot put; Pashunce Maxwell 2nd shot put; Ayrianna Lindsey 4th shot put; Abigail Crawford 7th 500 meter run, 6th long jump; Johntavis Booker 1st 55 meter hurdles, 2nd long jump, 3rd 300 meter dash; Aaron Boone 3rd shot put; Gage Lookabill 9th shot put.

# CSX Railroad Crossings to be Reworked from Lilesville to the Pee Dee River

CSX has maintenance scheduled for Anson and Richmond counties during February. In Anson County, the work will take place from Lilesville eastward to the Pee Dee River area. Each crossing will be closed during the maintenance.

A Google map has been created that shows all of the crossings that will be worked. A link to the map is on The Express website, *www.TheExpressNewspaper.com*. Once you open the map, if you click on the location it shows you an approximate closure date.

# HealthCare.gov Open Enrollment Period Ends Jan. 15. Get Your Health Insurance Before the Deadline.

# Health insurance navigators are standing by to offer free help. Visit *NCNavigator.net*.

The NC Navigator Consortium welcomes the start of Open Enrollment for the Health Insurance Marketplace at *HealthCare.gov* with an updated website to help North Carolina residents get covered at website *NCNavigator.net*. While Open Enrollment lasts until January 15, 2023, the NC Navigator Consortium's statewide network of health insurance Navigators work year-round to answer questions about health coverage, help consumers update their *HealthCare.gov* policies and enroll in new ones after qualifying life events. To that end, the upgraded *NCNavigator.net* makes it easier to connect consumers with the information they need, and access to the free, unbiased help finding quality, affordable coverage they have come to trust.

Open Enrollment for *HealthCare.gov* Marketplace coverage will not end until January 15, 2023, but those who needed for coverage starting January 1, 2023, would have needed to apply by December 15, 2022.

The NC Navigator Consortium's federally qualified health insurance Navigators are available by free appointments (by phone, in person or virtually) to provide local help to consumers needing to apply for or update their Marketplace coverage. Appointments may be scheduled online by calling 1-855-733-3711 or online at *NCNavigator.net*.

# Crafts and Workshops with Yarn for Seniors

Let's have some fun! Seniors, would you like to create something out of yarn? How cool would it be to exercise your fingers and wrist without feeling exhausted?

Grace Senior Center is offering "Crafts and Workshops" for our Seniors on Thursday, January 26 at 12:00 noon. What a fun way to craft and enjoy one another.

For more information please call Tonja Smith, Activity Director, at (704) 694-6616.