Wadesboro Fire Department **Offers Safety Programs**

The Wadesboro Fire Department is now offering fire prevention and life safety programs on various topics. These programs are offered to audiences including children, adults, seniors, industries and churches. A Fire and Life Safety Educator will come to your location and provide presentations on home fire safety, workplace fire safety (including fire extinguisher training), evacuation and exit drills, smoke alarm installation and maintenance, and severe weather presentations.

To schedule a program contact the Wadesboro Fire Department at 704-694-2167. These programs are provided in a continual effort to improve life safety for all citizens of Anson County.

Anson Crisis Ministry, Feed My Lambs, Both Helping Those in Need

If you or someone you know is in need of assistance

due to financial difficulties, Anson County has places and people who care and are willing to help. With that help comes stipulations, but if the need is there you should by all means check them out. Anson Crisis Ministry, located on Rutherford

Street in Wadesboro, is open on Monday, Tuesday, Wednesday and Friday. The hours of operation are from 10 a.m. until 1:30 p.m. for food, and 10 a.m. until 2:30 p.m. for the store. Their Hidden Secrets Store, located at 108 South Rutherford Street, is open Monday, Tuesday, Wednesday and Friday from 8 a.m. to 2:30 p.m. It is also open the first Saturday of the month, from 8 a.m. to 12 noon.

"We serve relatively low income and needy families," said volunteer Margot Barnes. "In order to receive benefits you should bring with you your social security card, and the cards of family members. Also bring a proof of residence in Anson County such as a piece of mail with your mailing address printed on it, a rent receipt, etc. A government letter or disabilities check stub could provide proof of income. If you receive food stamps you can bring in the readout from the Department of Social Services showing how much you receive in food stamps per month.

Anson Crisis Ministry's main focus right now is food, but they also have clothing, household items, and at times, furniture and appliances, depending on what has been donated. Because there are so many new clients at this time, they are unable to offer help with utility payments, but can offer clothing vouchers twice per year. If you have further questions or would like to help by

serving as a volunteer, please call Mrs. Ann James, Coordinator, at 704-694-2445. Located on Highway 74 West of Wadesboro is Feed

My Lambs. They too have clothing, household goods and other donated items at very forgiving prices for needy families. Their office and store hours are Tuesday, Thursday and Friday, from 10 a.m. until 5 p.m. The food office is closed from 11:30 until 1:30 p.m. for lunch. The store located inside Feed My Lambs is open on the first Saturday of each month, from 10 a.m. until 2 p.m.

Call 704-695-1820 for further information in regards to other areas of service Feed My Lambs can provide. By Melanie Lyon

Church News

<u>JANUARY 11 -17</u> 7 Day Revival

At House of Faith Outreach Ministries. M-F at 7:30pm, Sat at 5pm, Sun at 2pm

<u>JANUARY 15 - 17</u> Romans 6, 7, 8

Conference by Rev Ron Lynch at N Wadesboro Bapist Church. Fri-6:30pm, Sat-9am & Sun-10am. A great study! All are invited. Info 704-694-3711

JANUARY 17 Be Healthy Seminar

At Pathway to Peace. Free, learn healthy cooking that can help with weight loss, diabetes, cancer, arthritis, cholesterol, blood pressure & obesity problems. 5pm at 11775 Hwy 109 S past Deep Creek. Info 704-695-1441

12 Tribes of Israel At Savannah AME Zion,

3pm. They invite your choir Special Program

Men & Women in Black & Red Program by Pee Dee COD Missionaries, 3pm w/Overseer Sylvia McLendon **JANUARY 19**

Salt & Pepper

For Unity Ministry meets at Rock Hill MBC, 11am-1pm for crafts, games, door prizes, food, fun & fellowship for adults 55 & older. Exceptional adults welcome **JANUARY 23**

Liberia Relief Mission Fundraiser BBQ grill chicken plate at Meltonville MBC, 11am-8pm. \$8 plate. Deliveries available for 5 or more. 704-272-0178. Cake & pie

auction 1:30pm **JANUARY 24** Musical Program

At New Grove 2:30pm, sponsored by Deaconess Ministry. All choirs are invited

Building Fund Program At Madison Grove MBC, 2:30pm w/Rev Freddie Little JANUARY 30

Women's Prayer Breakfast at New Life Trinity Church in Polkton, 9am **JANUARY 31**

FEBRUARY 6 Souper Bowl At Rock Hill MBC, 11am-1pm w/a variety of soups

Church Dedication

At Pee Dee COD, 11am

at reasonable prices. Public is welcome to dine in or take out

FEBRUARY 14 Family & Friends Day At Madison Grove MBC 2:30pm w/Min Carlos

Melton

6pm at Wightman UMC

ONGOING

Time for You Music, prayer & praise at

Every Wed night, 7:30pm at Victory Temple Miracle Center Bible Study

Thursday nights, 6:30pm

Bible Study

at House of Faith Outreach Ministries, 198 Wortham St, Wadesboro Bible Study

Every Wednesday at noon at Expected End Min-

Exercise Class Each Thursday at 2pm at

istries by Pastor Betty Till-

Hopewell UMC Bible Study

At West Deep Creek MBC each Wednesday at 6:30pm Youth Night

At Vision of God Ministries in Morven each Sat, 5-

tian movies, games, crafts refreshments & more **Addiction Recovery** Support group meets every Sunday, 6pm at Harmony Community

7pm w/bible study, Chris-

Church in Peachland. 704-272-7410 Bible Study & Prayer At Kesler Chapel AME Zion every Wednesday 7pm

Bible Study Classes Every Tuesday-Evangelistic Outreach Center on Hwy 74 in Polkton at 6:30pm

Bible Study

Every Wednesday night at 7pm at New Grove MBC. Need a ride? Call 704-272-8884

The Church Calendar is Brought to You by These Sponsors

WADESBORO 4 LUMBER & BARNS 213 Salisbury Street, Wadesboro, NC Hours: Monday-Friday, 8am-5pm, Saturday, 8am-1pn 704-694-3996
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704-694-2122

Owner: Robbie Henry **ADVERTISE HERE! Call The Express** to find out how...704-694-2480

APARTMENT FOR RENT

• 2 Bedroom, 1 bath, approx 900 sq ft, remodeled kitchen with new cabinets, new appliances - ice maker fridge, range, dishwasher, new central heat/ac, covered parking, hardwood floors throughout, ceiling fans, laundry room, ceramic bath. \$550/mo

OFFICE SPACE FOR LEASE

• 3 ROOM OFFICE SUITE Located at South Rutherford Street Wadesboro Renovated. Great visibility, easy access, plenty of parking. \$450/mo • 3 ROOM OFFICE SUITE Located in

The Express Building (205 West Morgan Street in Wadesboro). Includes utilities, separate waiting area, plenty of parking. Great location. \$650/mo 704-681-5776

Events

JANUARY 17 Be Healthy Seminar

At Pathway to Peace. Free, learn healthy cooking that can help with weight loss, diabetes, cancer, arthritis, cholesterol, blood pressure & obesity problems. 3-5pm at 11775 Hwy 109 S past Deep Creek. Info 704-695-1441

JANUARY 18 Celebration

King, Jr. at Burnsville Info 704-694-3516 Recreation & Learning JANUARY 29 Center. Lunch 12 noon, Deadline to Register celebration at

Fire Dept. 704-826-8737

JANUARY 19 Blood Drive

(Lee Ave) in Wadesboro, Class of 1977 1:30-6pm. Schedule appt Bowman Senior at www.redcrossblood.org & enter sponsor code "Wadesboro Community" JANUARY 22 Soul Street Dance

Theatre, 7:30pm. Tickets or moderate income ffered AA Meetings \$15 704-694-4950 or www.ansoniatheatre.com

Corn Hole

Tournament with food, prizes, raffles too in support of 12U Stars baseball team. 12 noon at 1584 Hwy 151 South in Pageland. \$30 per team in advance, \$40 at door. Info & registor 704-534-5327

JANUARY 26

Of Brown Creek Soil & Water Conservation District, Nursing Center, all Red Hat-Of Dr. Martin Luther 10am at BCSWCD office. ters invited

1pm. For Spring Sports at 13349 Hwy 742 N in Parks & Recreation: Tee Ball,

JANUARY 23

Board Meeting

Burnsville across from Coach Pitch, Minor & Major Baseball, Girls Softball, Micro & Youth Soccer. Cost \$25. Info 704-695-2782 At First Baptist Church FEBRUARY 6

School reunion meeting 3pm at Lady Bug Restaurant. Info 704-465-2413

MARCH 2 Free Tax Assistance Company at the Ansonia Forthose 60 & older of low by Grace Senior Center in Mondays, Wadesboro. Register & info 704-694-6616 APRIL 6

Free Tax Assistance

For those 60 & older of low or moderate income ffered by Grace Senior Center in 704-694-6616

ONGOING EVENTS Lillie Belles Red Hat Society Meeting, third Tuesdays,

2:30pm, At Lillie Bennett Storytime

Hampton Allen Library, 10am 50+ Club At Hampton B. Allen Li-

brarv. Pritchett Room, 10:30am, wheelchair accessible Cub Scouts Pack #530 Meets each Thursday at

High Info 704-994-9173 Bariatric Pal Support Group meets the 4th Monday of each month at CHS-Anson, 6pm. 704-475-3024

Tuesdays Thursdays, 8pm & Sundays 8am & 7pm at AA Building, 2111 Country Club Rd in

Wadesboro **Chemical Dependent?** There is help. Chemical De-Anonymous Wadesboro. Register & info meets Thursdays, 8pm at AA Building, 2111 Country

Club Rd in Wadesboro next to Ambassador Health **Direct and Counter** Cyclical Program Sign-

ups Call the Farm Service Agency Office at 704-694-3516 ext. 2 to complete el-

Sexual Assault Victims Support group meets every Wednesday, from 5-6pm at second Mondays, Anson County Domestic Violence Coalition offices. Info

Food Commodities

704-694-4499

Distributed free the 4th Tues Peachland UMC at 7pm. of each month at Burnsville Recreation & Learning Ctr, 9am. Info 704-826-8182 **Food Pantry**

> Free food every Wed, 9-Info 11am at Burnsville Recre-

ation & Learning Ctr. 704-826-8182

CHURCH SANCTUARY FOR SALE OR LEASE 558 Highway 1 South in Rockingham



- · Includes pews & pulpit furniture Seats approximately 175-200
- Central heat & air

the church also available. Total

- Houses on either side of
- Approximately 4,400 square feet Lot size approximately 2.4 acres
- PRICE REDUCTION
- · Great traffic count

Was \$375,000 FOR SALE \$225,000

potential acreage ± 4.3 acres. Contact Allen Lyon 704-694-2480

Children and Grief Workshop to be Held on Thursday Connections Family Support Program is hosting guest speaker Tera Duthie on Thurs-

day, January 14 at the Anson County Cooperative Extension Center located at 501 McLaurin Street in Wadesboro, from 12 noon to 1:30 p.m. Mrs. Duthie will be speaking on the topic of children and grief. Coping with a loss affects each of us differently and we can express this in numerous ways. Mrs. Duthie will be discussing ways in which we can better help our youth to

communicate their feelings that may accompany a loss, and how to better cope with the grief they are experiencing from a traumatic event or situation. She will also offer resources and options to help children recover from grief. Mrs. Duthie graduated from the University of North Carolina at Pembroke with a Masters in Social Work, and is also a Licensed Clinical Social Worker. She worked as a Residential Treatment Specialist with adolescents facing behavioral and substance

abuse issues before becoming employed with FirstHealth Hospice and Palliative Care as a Grief Counselor. Mrs. Duthie also has experience working with individuals and groups who have suffered the loss of a loved one to suicide. Family members and any providers and professionals working with children, such as teachers, social workers, case managers, therapists, counselors and court counselors are encouraged to attend. Space is limited and they ask that you register in advance

and no later than January 12. Resources and lunch will be provided at no charge.

Connections Family Support Program is funded by Sandhills Center and conducted through a contract with the National Alliance on Mental Illness (NAMI) in North Carolina. To learn more or to register for this workshop please contact Suzanne Maness in Anson and Richmond Counties toll free at 877-211-5995 or by email at connectionsfsp@gmail.com.

Monthly Board Meeting is January 26

The Brown Creek Soil & Water Conservation District monthly board meeting will be held on Tuesday, January 26 at 10:00 a.m. at the BCSWCD office located at 1758 Morven Road in Wadesboro. For more information call 704-694-3516.