HAPPY VALENTINE'S DAY SPECIAL LA FOGATA STYLE DINNERS **SEAFOOD & STEAK DINNERS** \$1 OFF Includes soft drink Cannot be combined with coupon Valentine's Day Only February 14, 2016 **1 LUNCH** GET 2ND FOR OR DINNER 1/2 PRICE! Any Menu Item Bring Coupon Expires 2-29-2016 UG MEXICAN RESTAURANT <u> 1214 East Caswell Stre</u>et • Highway 704-694-4919 • Fax 704-694-2679

Carolinas **HealthCare System Mobile Medical Unit** Schedule

The Carolinas Health-Care System Mobile Medical Unit will visit the locations below during February:

• Wednesday, February 10 at Ansonville Fire Department 9am-1pm

• Friday, February 12 at Peachland 9am-1pm

- Monday, January 15 at Glennie Bennett Community Center Morven 9am-1pm
- Friday, February 19 -Polkton Depot 9am-1pm • Monday, February 22 at Burnsville Fire Department 9am-1pm

• Friday, February 26 at-Grace Senior Citizen Center 9am-1pm

Accepting New Patients We Accept Most Insurances Call for an appointment today **Anson Family** 0 **OPTOMETRIC, PLLC.** Holly Allison Kiker, OD 1134 Holly Street in Wadesboro (On Hwy 74 across from Forbes Jewelers) Mon-Thurs 8:30-5 & Friday 8:30-12:30 704-694-3618

Remembering..... By Ed McBride HIGHTOWER ICE FUEL CO. Wadesboro. N.C. 694-25

Hightower Ice & Fuel Company

Back in 1932, Foyle Hightower, Sr. began the "ice making business" in downtown Wadesboro. Not only did he have the big 300 pound "cakes of ice" at \$1.50 to deliver to homes and businesses, but he, Hank Wall and Lightnin' Gaddy also delivered bags of coal - or a pickup load - depending on the need.

In later years he bought out the Carolina Ice and Fuel Company that was located on South Rutherford Street in Wadesboro - between what was then the Rose–Gathings Furniture Company and Mr. Vic Fenton's Tin Shop. Hightower's operation was moved to this building.

As the years passed, in 1965 Foyle and Hank Wall added LP gas sales and service (you see, coal was not in as much demand, was dirty and messy too). Foyle, Jr., by this time, was going into the military (1966). He came back home after service, getting interested in politics - well,

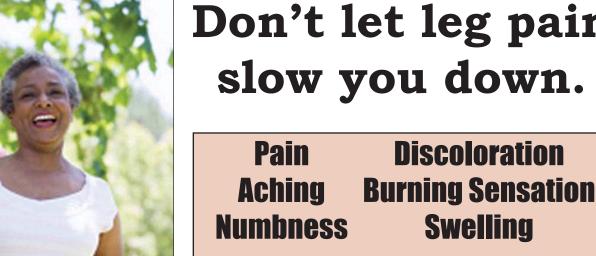
you know some of the story now. Foyle served our area from 1970 to 1998 in the NC House of Representatives.

During all that time things kept on in the "ice and LP gas" business. They built a new facility on Stanback Ferry Road, where the expanded business still is.

The above picture is a truck that I lettered on October 16, 1987, with Foyle, Jr. and Tim Jenkins standing beside - not working - just standing!

The old Rutherford Street building has some stories to tell. It was remodeled some, I rented the old part (McBride's Radio-TV-Signs), Maxwell & Maxwell, NC Natural Gas, B&B Pest Control, Hammond's Cleaners - are some of the other tenants.

So many years, so many memories, so many happenings!





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Are all symptoms of Peripheral Arterial Disease (PAD)

One in every 20 Americans over the age of 50 suffers from PAD - a condition caused by plaque or fatty deposits in the arteries that limit blood flow to the legs and feet. This puts them at greater risk for heart attack, stroke and limb loss.

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