



A Heavenly Host to Appear This Saturday!

In an effort to raise money for special mission trips, a concert will be presented at North Wadesboro Baptist Church on Saturday, March 9, at 6:30 p.m. Various gospel acts will present a program to include a comedic skit by the Heavenly Host. The Angels are, pictured front, from left: Bunk Hill, Julie Jenkins. Back: Sybil Almond, Jewell Jones, Libby Moore, Hannah Powell and Ellen Goodwin. Everyone is invited. All donations will go toward the Guatemala Mission Team's trip, which is scheduled April 26 through May 2. Come on out for a Heavenly time! Photo and story by Melanie Lyon

All Ages, All Ethnicities will Delight in Soul Street Dance Company

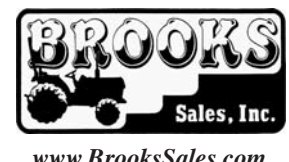
Soul Street Dance Company of Houston, Texas, brings their newest concert, *Breakin' Backwards*, to the Ansonia Theatre in Wadesboro on Tuesday, March 12, at 7 p.m. Four male street dancers will perform their special contemporary mix of choreography to the most popular music of the decades, from Count Basie to Elvis Presley, the Temptations, Aerosmith, Michael Jackson, and more.

Soul Street Dance appeals to all ages and all ethnicities and cultures, bringing their youthful enthusiasm to audiences all over the United States. Doors will open at 6:30 p.m. Tickets are \$10 and are available at the Anson County Arts Council and online at www.ansoniatheatre.com. Reserve seats by calling the Arts Council at 704-694-4950.



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Dustin Adcock, New Area Agent in Local Foods

In response to growing demand, Anson County now has a new Area Extension Agent specializing in the field of Local Foods. Dustin Adcock will be developing programs and assisting other area agents to build a stronger and safer food market for producers and consumers.



Dustin served as an Agriculture Teacher in Union County for five years, operates a market garden and community supported agriculture program, and is actively involved in his church and community. His expertise is in Consumer Horticulture, along with soils, sustainability, vegetable and fruit production.

Pamela Layfield, County Extension Secretary, said, "Dustin's role as an Area Agent in Local Foods is the first of its kind in North Carolina. This means that Anson County has the potential to develop a program and service like no other and become a model for the rest of the state. Dustin has a great passion and vision for local foods and agriculture."

A large portion of what we eat travels hundreds, if not thousands of miles before reaching our plate. According to the Economic Research provided by USDA, local food markets and growers have increased four times in the last seven years.

"The majority of all food produced by local growers in Union county is sold in Mecklenburg and surrounding counties, therefore effecting the local economy in a very critical time, said Adcock. "We must embrace this movement for its healthful, cultural, environmental, and economic benefits."

So, why should you buy your food locally? While in transportation, fresh produce loses available nutrients and flavor. During the trip from harvest to dinner table, sugars turn to starches, plant cells shrink, and produce loses vitality. Local food also supports the local economy and family farms, which are steadily decreasing. Being cognisant of where your food originates and how it's grown makes you, as a consumer, more aware of your health and the effects of what you eat. Finally, the products of our local farms make use of valuable land and promote a healthy balance within the ecosystem that is quickly being converted to housing and industry. There is no doubt that purchasing local foods can and will sustain our small towns and counties along with their citizens. For assistance with your small farm, market, garden, or any other local food production questions please contact Dustin at Anson County Cooperative Extension. The telephone number is 704-694-2415.

Are you interested in purchasing locally grown food from our new five-county, farmer-owned cooperative? Email your interest to farm-freshventures@gmail.com or call 704-694-2415.

REMEMBER SENIOR DAY

10 Dinners Starting at \$4.29 All Day Wednesday

Each meal includes coffee or 16oz iced tea
126 West Caswell Street in Wadesboro



Wild Hog Roundup Coming this Month

Are you ready for an exciting hunting experience? The 2nd annual wild hog roundup is scheduled for March 22 and 23 in Peachland. Hosted by Allen's General Store, this wild hog hunt provides a valuable service to area farmers and landowners whose land is overrun with wild hogs that damage crops.

Two categories are offered this year - still hunting or team/dog hunting. A \$25 hunt registration fee per hunter, per category is required prior to the event. You must have your own land to hunt on. You may hunt in Anson, Stanly, Richmond or Union counties or in South Carolina, but all field dressed hogs must be brought to the official weigh-in station at Allen's General Store in Peachland. Awards will be given out on Saturday night at 7:30 p.m. after all weigh-ins have been recorded. Prize money totaling \$1,700 will be given out based on weight and quantity per category.

Allen's General Store is located at 11389 Highway 74 in Peachland. Visit www.AnsonCountyWildHogRoundup.com for all details and downloadable registration forms. Registration forms must be turned in by 12 noon on Thursday March 21. Registration forms are available for pickup at the Anson County Chamber of Commerce or Peachland Town Hall. Please call Brian Allen at 704-695-2859 with any questions.

New Beginnings Cancer Support Group Meets

The New Beginnings Cancer Support Group will meet on Monday, March 18 at 6 p.m. at the Lady Bug Restaurant. Cameron Quick with the American Cancer Society will be guest speaker.

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For more information on Short-Term Rehabilitation Services, call 704-695-3301.



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