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Serving Anson County and the Municipalities of Ansonville, Lilesville, McFarlan, Morven, Peachland, Polkton and Wadesboro.

## Multiple Drug Busts, Other Violations Charged During Saturation Patrol June 1

On Friday, June 1 Deputies from the Anson County Sheriff's Office worked with North Carolina ALE (Alcohol Law Enforcement), Homeland Security and North Carolina State Highway Patrol in a multi-agency saturation patrol around ABC outlets and neighborhoods throughout Anson County. The operation focused on three areas alcohol violations, traffic violations and drug violations. As a result of the saturation patrol, 21 charges were filed including Felony Possession Of Cocaine, Felony Possession Of Ecstasy, Simple Possession Of Marijuana, Possession Of Drug Paraphernalia multiple driving charges, and one firearm violation. Sheriff Landric Reid said, "I would like to thank all the agencies involved in this operation. This work together with local, state and federal agencies benefits all of our citizens, and we will continue to work together to better serve Anson County."

## "Fight the Bite" in Anson County

The sun is shining and the weather is warm, but nothing ruins the spring and summer mood quite like mosquitoes and ticks. June is National Safety Month, and the Anson County Health Department encourages the county to protect themselves against insects and to "Fight the Bite." Mosquito and tick bites are quite common this time of year. These particular insects cause major illnesses and even death in humans if the insect is infected with bacteria or a virus. Pets are also vulnerable to mosquito and tick bites because they transmit heartworms.

Mosquito and tick bites are commonly reported in North Carolina. According to the primary data collected in 2017, there were 896 cases of tick-borne diseases and 96 cases of local and travel-associated mosquito-borne illnesses in the state. Rocky Mountain Spotted Fever, Lyme Disease, and Ehrlichiosis are bacteria viruses and diseases that come from tick bites in North Carolina. About 70 percent of mosquito-borne illnesses reported in the state in 2017 were obtained during traveling outside of the United States, including cases of Zika. The most commonly reported mosquito-borne illnesses obtained in North Carolina are LaCrosse, West Nile, and Eastern equine encephalitis.

According to the Center for Disease Control, illnesses from mosquito and tick bites have tripled in the United States, with more than 640,000 cases reported from 2004 through 2016. Nine new germs spread by mosquitoes and ticks were introduced into the U.S. during this time. Dengue and Chikungunya are a part of a growing list of mosquito and tick viruses that have been spread to Americans causing sickness. The increase in diseases caused by the bite of an infected mosquito or tick in the U.S. is likely due to many factors. Mosquitoes and ticks and the bacteria or viruses they spread are increasing in number and moving into new areas. As a result, more people are at risk for infection.

To protect yourself and pets from mosquitoes and ticks you can "Fight the Bite" by using the protective measures below:

- Use bug repellent (also called bug spray or insect repellent) on your skin and clothing that contains DEET. Find the right repellent for you.
- Wear long-sleeved shirts, long pants, and socks to cover your skin.
- Check everyone for ticks after spending time outside.
- Take a shower within 2 hours after being outside to help wash away ticks.
- Put dry clothes in the dryer on high heat for 10 minutes to kill ticks.
- Install or repair screens on windows and doors, and use air conditioning if possible.
- "Tip and Toss" to reduce mosquito breeding by emptying standing water from flowerpots, gutters, buckets, pool covers, pet water dishes, discarded tires and birdbaths at least once a week.
- Check your pets for ticks.
- Use veterinarian-approved tick collars or medicines to protect your pets from ticks.
- If there is a tick attached to your body, carefully remove the tick by grasping it with fine-tipped tweezers as close as possible to your skin, then apply a steady, gentle pull until it releases.

If any symptoms develop after a bite, make an appointment with your doctor; if a mosquito or tick is removed prior to the doctor's visit, bring it in so it can be tested in a lab. For more information about diseases transmitted by mosquitoes and ticks and recommended protective measures, call the Anson County Health Department's Communicable Disease Nurse Kristy Davis at (704) 994-3355.

For overall information, contact Health Educator Dinikia Savage at (704) 994-3342.

## McLeod Health Cheraw Offers Free Joint Replacement Lunch & Learn

McLeod Health Cheraw is hosting a free Lunch & Learn on Thursday, June 14 at 12:00 p.m., in the Auditorium at Northeastern Technical College. The program will feature Orthopedic Surgeon Dr. Thomas DiStefano of McLeod Orthopaedics Cheraw, who will discuss joint pain of the hip and knee and if a joint replacement is the right option to improve mobility.

Just as no two joints are the same, no two joint replacement procedures are alike. Dr. DiStefano and his team work closely with patients to assist them from diagnosis, treatment and recovery, to meet the needs of each patient.

Northeastern Technical College is located at 1201 Chesterfield Highway in Cheraw. For more information or to register for this event, please call (843) 777-2005. Registration is recommended and space is limited.



## Anson County High Schools Held Graduation Ceremony Saturday, June 9

Anson County Schools held the 2018 Graduation Ceremony on Saturday morning, June 9 in the Anson High School Stadium. These YCC students were just a few of the many proud graduates honored that day. Don't miss the June 20 edition of The Express Newspaper for our annual Graduation Special Section, featuring individual pictures of the Anson County graduates and photos from the graduation ceremony. Congratulations to the class of 2018!

## Wadesboro's Ancient Mud Volcano?

By T. D. Burns: The prominent hill on which Wadesboro sits is a part of the ancient Uwharrie Mountains that once extended from northern Georgia into northern Virginia. Montgomery County is somewhat considered the center of the Uwharries although the 1,000-foot Morrow Mountain in Stanly County is the tallest remaining mountain in that chain. The Uwharries are considered among some of the oldest in the world, dating back to the Cambrian Era or around 500-million years. The mountains are volcanic in origin and could have been as tall, or taller, than the Rocky Mountains before their erosion slowly occurred over many millions of years.



Through Risden Hill and Steve Bailey of Wadesboro, I recently learned about the Lineham Brownstone Quarry that is located back of North Wadesboro Baptist Church between Highways 109 and old 52. Having studied geology and mineralogy and establishing somewhat science related businesses, along with producing a documentary on the geological history of the Uwharries, I became extremely interested in this Wadesboro rock formation. Mr. Hill told me about several locations in Wadesboro where I could see specimens of this brownstone, including downtown near the D.A.R. Monument, under the foundation of his house and other locations. I also viewed a 20" square by 5-foot long block of this brownstone at a home on East Morgan Street that was removed from that Lineham quarry. I eventually acquired a couple of small specimens and began close examination along with making various tests and research.

The Peterson Rock and Mineral Field Guide states that brownstone is a sedimentary sandstone that occurs in many areas of the country and is widely used in construction of foundations and stone walls. Over my career I handled many specimens of sandstone from areas all around the country and all have been light in color and consisted mostly of sand bound together with silicate or calcium. The Wadesboro brownstone consists of only a small portion of sand and originally mostly red mud. Wadesboro is part of the Uwharrie Mountains and is an igneous (volcanic) formation and not a sedimentary formation. Because of these inconsistencies, I do not believe this brownstone should be classified as a sedimentary sandstone.

It is my opinion that the brownstone rock formation was created from a "mud volcano." As an example, there are numerous mud volcanoes in Yellowstone National Park consisting of bubbling mud pots, as they are called, with mud flowing out and solidifying to form large mounds, etc. A mud volcano consists of superheated steam and gases coming up from deep within the earth that dissolve clays and some rocks while producing an outflow of accumulating bubbling mud and sometimes even a violent explosion of mud. On June 4, 2018, Guatemala's Fuego Volcano had a gigantic explosion of mud. It coated trees with mud and engulfed houses and other buildings with rivers of brown mud, killing over 38 people.

The brownstone from Wadesboro has a red mud color from the presence of iron oxide. When broken apart some surfaces show a botryoidal (lumpy) texture that occurred as it cooled and hardened. It has a surface hardness rating of around 6 on the Mohs Hardness Scale which indicates the mud was possibly, and eventually, bound together from dissolved silicates as occurred with most petrified wood.

It is also my opinion that the large Wadesboro deposit of extruded or exploded volcanic mud occurred during the early formation of the Uwharries, 400 to 500 million years ago, and was later covered with volcanic ash and lava perhaps to a height of a thousand feet or more. Over a period of these several hundred million years, the mountains eroded down to Wadesboro's current elevation of around 512 feet above sea level, exposing the mudstone deposit that had solidified or, in a sense, "petrified" into the brownstone rock formation.

## Prevent Summertime Tragedies: Never Leave Children Alone in Hot Cars

As the summer temperatures climb into the 90s, NC Insurance Commissioner Mike Causey and Safe Kids North Carolina are reminding people of the dangers of leaving children unattended in hot cars, even for just a few minutes. According to Safe Kids Worldwide, across the United States, more than 740 children have died since 1998 because they were trapped in a hot car. That's nearly 40 deaths per year that could have been prevented - if only some precautionary steps had been taken.

"It's never a good idea to leave children unattended in cars, especially as the weather warms up," said Commissioner Causey. "One child's death is one too many, so I'm asking all parents and caregivers to take a few simple steps to prevent an avoidable tragedy."

Children are at a greater risk for heatstroke than adults because their body heats up three to five times faster. According to Safe Kids Worldwide, when the body's temperature reaches 104 degrees, a child's internal organs start to shut down. When it reaches 107 degrees, the child can die.

On an 80 degree day, the inside of a closed car can quickly exceed 100 degrees. Unfortunately, cracking a window does not help keep the inside of a car cool.

Safe Kids national program "Never Leave a Child Alone in a Car" is raising awareness about the dangers of heatstroke. Safe Kids NC wants everyone to ACT:

- **A:** Avoid heatstroke-related injury and death by never leaving a child alone in a car, not even for a minute. Remember to keep your car locked when you're not in it so kids can't get in on their own.
- **C:** Create reminders so you don't mistakenly leave your child in back by putting something with them that you'll need at your final destination such as a briefcase, a purse or a cell phone.
- **T:** Take action. If you see a child alone in a car, call 9-1-1. Emergency personnel want you to call. They are trained to respond to these situations. One call could save a life.

Safe Kids North Carolina reaches out to parents, caregivers and children in 71 counties served by 46 coalitions across the state. For more safety tips and information about Safe Kids North Carolina, visit [www.ncsafekids.org](http://www.ncsafekids.org).

## LGBTQ+ Community & Mental Health Workshop

An LGBTQ+ Community and Mental Health Workshop will be held on Tuesday, June 19, from 12 noon to 1:30 p.m., at the First United Methodist Church in Rockingham in the Bynum Building. The church is located at 400 East Washington Street. Dana Cea, Co-Chair and Communications Ambassador with the NC Chapter of American Foundation for Suicide Prevention will be the guest speaker. Lunch and materials will be provided free.

For more information and to register contact Suzanne Maness at (910) 627-1769, toll free (877) 211-5995 or by email at [connections-fsp@gmail.com](mailto:connections-fsp@gmail.com).

The deadline to register is Thursday, June 14.

## Healthy Lifestyle Cooking Seminar is this Sunday

"We've got a fat-busting and disease-elimination plan for you!" exclaimed Pastor Cary Rodgers of Pathway to Peace Ministries. "Learn how to live an abundant life without diabetes, heart disease, cancer, arthritis, high cholesterol and high blood pressure! Come learn more at the next healthy living and plant-based cooking classes at Pathway to Peace Ministries."

The next class will be held this Sunday, June 17, from 3 to 5 p.m. The cost? Free! You will also taste and eat the food demonstrated. Invite family and friends to attend with you.

Pathway to Peace is located on Highway 109 South, two miles past Deep Creek Road going towards Mt. Croghan, SC. The address is 11775 NC 109 South, Peachland, NC.

For more information call 704-695-1441.

## Picnic in the Park for Senior Citizens is Tuesday, June 19

Grace Senior Center's "Annual Picnic" at Little Park will be held on Tuesday, June 19, from 11:00 a.m. until 1:00 p.m. All senior citizens are invited to come and join in the fun.

To register and for additional information call 704-694-6616.