

NC Department of Labor Urges Employers to Protect Workers from Heat

As the calendar officially turns to summer, the N.C. Department of Labor is urging businesses and employees who work in hot and humid environments during the summer months to be cautious and know the signs of heat stress. The N.C. Department of Labor has partnered with The National Institute for Occupational Safety and Health and OSHA to promote OSHA's original Heat Safety Tool, a downloadable app for cell phones.

"Nothing is more important to me than our worker's safety regardless of the time of year, but summer can present additional problems for our outside workers and even some who work inside places such as factories," Labor Commissioner Cherie Berry said. "Please be mindful of the heat and take adequate precautions to protect your workers. I encourage all employees to download the app to their phones so that they may properly monitor the heat throughout the summer."

The updated app, available for both Android and iPhone, provides a clearer user interface, while still providing the same information to help keep workers safe when working outdoors in hot weather. Extreme heat causes more deaths than any other weather-related hazard; each year more than 65,000 people seek medical treatment for extreme heat exposure.

The department has recently developed an informational web page at www.nclabor.com, and has also sent out a newsletter to over 11,000 recipients notifying them of upcoming special events related to heat prevention.

The department began a heat stress initiative in 2007 and has continued to provide employers and workers with resources to use when temperatures approach dangerously high levels.

"Each year extreme conditions can cause any number of health-related illnesses for workers in North Carolina," Occupational Safety and Health Director Kevin Beauregard said. "Those who come to North Carolina to work from other parts of the world can sometimes have difficulty adjusting to the humidity here in the South. It's important that we continue to educate workers on what they can do to best combat extreme temperatures."

When the body is unable to cool itself by sweating, several heat-induced illnesses such as heat cramps, heat exhaustion and even heat stroke, the most severe of these, can occur.

Heat cramps are usually the result of hard physical labor in a hot environment, often resulting from an imbalance of electrolytes in the body. Heat exhaustion is a result of the combination of excessive heat and dehydration. Untreated heat exhaustion can lead to heat stroke. Heat stroke is the most serious disorder associated with heat stress and can be deadly if not treated properly.

The department's Occupational Safety and Health Division has developed additional materials to help employers and employees recognize and prevent heat-induced illnesses before the condition escalates to the more severe heat stroke. The OSH Division—which comprises Consultative Services; Education, Training and Technical Assistance; Agricultural Safety and Health; Compliance; and Planning, Statistics and Information Management—is working collectively to reach farmers, factory workers, construction workers and highway crews that are at an increased risk of exposure to heat-related illnesses.

The department would also like businesses across the state to share with us interesting ways they are beating extreme heat via its 'Beat the Heat' social media campaign. Employers can share their stories with the department through Facebook, or @NCDOL on Twitter.

No Fishing License Needed on July 4

July 4 is "free fishing day" in North Carolina where everyone - residents and non-residents alike - can fish in any public body of water from 12:01 a.m. to 11:59 p.m., without having to purchase a fishing license or additional trout privilege license.

While anyone 16 years and older can fish recreationally in all public waters, including saltwater, without a license on July 4, all other fishing regulations, such as length and daily possession limits, as well as bait and tackle restrictions, apply.

To make "free fishing day" more enjoyable, the N.C. Wildlife Resources Commission stocks a variety of fish in public, inland waters across the state throughout the year to give anglers a better chance of catching fish. Cool mountain waters are stocked with brook, brown and rainbow trout, as well as walleye and muskellunge. In warm waters, Commission staff stocks largemouth bass, American shad, striped bass, channel catfish and sunfishes.

In addition to stocking fish, the Commission has interactive fishing and boating maps on its website (www.ncwildlife.org) to make finding a spot to fish easier.

Authorized by the N.C. General Assembly and enacted in 1994, North Carolina's annual free fishing day always falls on July 4. On all other days of the year, a fishing license is not required for anglers 15 years and younger, but anyone age 16 and older must have a fishing license to fish in any public water in North Carolina, including coastal waters. To purchase a license:

- Call the Commission at 1-888-248-6834. Hours of operation are 8 a.m.-5 p.m., 7 days a week;
- Visit www.ncwildlife.org.
- Visit a local Wildlife Service Agent. More info at www.ncwildlife.org/Fishing.

JOB OPPORTUNITY

Seeking to employ a registered SPCC student for a part time housekeeping job at a residence in Wadesboro.

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Obituaries

Mr. Frank Dennis Dunlap, Jr.

Mr. Frank Dennis Dunlap, Jr., 54, passed away on Friday, June 23, 2017.

Funeral services will be held at 2 p.m. this Saturday, July 1, 2017, at Greater Vision United Methodist Church in Huntersville, NC. Visitation will begin at 1 p.m. Burial will follow at Northlake Memorial Gardens.

Mr. Dunlap was a long-time and well known United States Postal Worker in Wadesboro.

Arrangements are being handled by Boston Mortuary in Charlotte.

Free Groceries for Families in Need July 5

For families in need, free groceries will be available. The Mobile Food Pantry and CHS Mobile Health Unit will be at Wingate United Methodist Church, located at 109 Hinson Street, on Wednesday, July 5, 10:30 a.m. to 12 noon.

- Be sure to bring your own bags, boxes or carts to carry your food.
- Arrive between 9:30 to 11 a.m. to be sure you can receive food.
- If it is raining the day of or before the delivery, contact Anson Crisis Ministry for a recorded message to know if it is cancelled: 704-694-2445.
- You can only pick up food for yourself and one other registered household.

This event is sponsored by Anson Crisis Ministry and local United Methodist and Baptist Churches.

Anson County Writers' Club Welcomes New Members

The Anson County Writers' Club meets on the fourth Sunday of each month, from 3 to 5 p.m. at the Chamber of Commerce office, except in July and December. All meetings are open to the public. New members of all ages are welcome.

For more information call Sandy Bruney at 704-694-5211 or email sandybruney@gmail.com.

TOWN OF MORVEN

Public Budget Meeting

The Town of Morven's Town Council will hold a public hearing for the 2017-2018 Budget on Friday, June 30th at 4 p.m. in the Morven Town Hall, 301 East Main Street, Morven, NC 28119.

Citizens are encouraged to attend the meeting and make oral or written comments.

Town of Lilesville, NC PUBLIC HEARING

The Lilesville Board of Commissioners will conduct Public Hearings on Monday, July 10, 2017, at 5:00 p.m. in Town Hall, located at 114 East Wall Street, Lilesville, NC, for the purpose of consideration of:

The rezoning of three (3) properties located at:

- US Highway 74 East, PIN#740413230547
From General Residential (R) District to General Business-Highway 74-Conditional Use District; and
- 204 Camden Street, PIN#740418226490
From General Residential (R) District to General Business-Highway 74-Conditional Use District; and
- 203 Camden Street, PIN#740418327214
From General Residential (R) District to General Business-Highway 74-Conditional Use District; and,

Persons wishing to review the amendments are encouraged to view the proposed draft in the office of the Town Clerk located at 114 East Wall Street, Lilesville, NC or online at lilesvilletown@windstream.net.

Anyone with special needs is asked to contact the Town Clerk at 704-848-4711 or online for arrangements.

Town of Morven Job Notice

FULL & PART-TIME MAINTENANCE POSITION

The Town of Morven is accepting applications to fill the position for Full-Time and Part-Time Maintenance.

Applicants must have a high school diploma or GED, possess a driver's license with a good driving record, pass a drug test, and criminal background.

Duties include but are not limited to reading water meters, fixing leaks, and checking sewer pump stations. Any mechanical, electrical, and plumbing experience will be helpful in determining the desired applicant.

Applications must be received by July 7, 2017, at 4 p.m. They can be picked up at Morven Town Hall between the hours of 9 a.m. and 4 p.m., Monday through Friday. No Phone Calls Please.

The Town of Morven is an Equal Opportunity Employer.

CLASSIFIEDS

EMPLOYMENT

JOB OPENINGS
Local contractor looking to hire Heavy Equipment Operators/Mechanics. Must pass drug test. Pay based on experience. Drivers License required. Contact info: 704-694-6450 or 1135 Avery Road Polkton, NC 28135 for application 6-14x4

YARD SALE

MOVING / YARD SALE
At the Collini residence, 410 Eastview St in Wadesboro Fri & Sat, June 30 & July 1, 8:30am-5:30pm. Furniture, antiques, artwork, household items & much more!

REAL ESTATE

HOUSES FOR RENT
Crider & Crider Properties 704-694-8809

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REAL ESTATE

POLKTON FLEA MARKET
Open Fri, Sat & Sun 6am until. Something for everyone! Vendors welcome. 704-690-6209. July 8 is Free Table Day for vendors!

QUALITY JEWELRY REPAIR

at Forbes Jewelers

704-694-5814

EVENT SPACE

James Holbrook Building at 400 N Greene St in Wadesboro. Includes tables, chairs, linen, china & centerpieces. Find with Facebook! Call Brook at Crider & Crider Properties 704-694-8809

OFFICE SPACE

- 2 room office suite in Express Building (205 West Morgan Street). Includes utilities, separate waiting area, plenty of parking. Great location. \$600/mo
- 3 room office suite at 208 South Rutherford Street. Renovated. Great visibility, easy access, plenty of parking. \$450/mo

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