

On Sunday, July 31, 2022, Dr. Nancy Morgan Kingsbury Smyrski, 76, passed away peacefully at Beacon Place in Greensboro.

Funeral services will be held at 11:00 a.m. on Saturday, August 27, 2022, in the Chapel of Leavitt Funeral Home in Wadesboro. Interment will follow in Anson Memorial Park.

The family will greet friends from 10:00 until 11:00 a.m. on Saturday at the funeral home, prior to the service.

Nancy was born October 2, 1945, in Anson County, and was a daughter of the late James Pruett Morgan and the late Frances "Juanita" Cornwell Morgan. She grew up in the Gum Springs Community of Lilesville, attending Gum Springs Baptist Church, where many lifelong friendships were made. She had also been a member of the United Methodist Church in Huntington, WV, Thomasville, NC, and Winnipeg, MB.

She was a 1962 honors graduate from Anson High School. She furthered her education at the University of North Carolina at Greensboro, receiving a bachelor's degree in 1972, a master's degree of Education in 1976 and finally earning a Doctor of Philosophy (Ph. D) in 1983, and completed post-graduate work at Harvard University.

Dr. Kingsbury Smyrski assumed a position as an associate professor with the University of Manitoba in 1983. She went on to serve as chairwoman and professor with Texas Women's University and Georgia Southern University. She was later the Dean of Applied Sciences and Technology at Ball State University from 2002 until 2007. She retired from her academic career in 2007.

During her career she was co-author of "Sourcebook of Family Theory and Methods" in 1993. She is a former member of the Family Resource Center and remains updated in her field through her affiliations with the American Association of Family and Consumer Sciences, the Junior League, the Groves Conference on Families, and the National Council on Family Relations. She has also been featured in Who's Who in America, Who's Who in American Education, and Who's Who in the South and Southwest. In 2016 Dr. Kingsbury Smyrski was included in Marquis Who's Who.

Of all her accomplishments, however, her greatest was that of being a devoted wife, mother and grandmother.

She leaves behind her husband, Joseph Stephen Smyrski; her children, Monica Folken (Douglas) of Tampa, FL, Mark Jordan (Robin Gould) of Selbyville, DE, Heather Carlson (Chris) of Boulder, CO, and Charles Kingsbury of São Paulo, Brazil; her stepchildren, Catherine Smyrski of Hillsborough, NJ and Anne Light of Durham, NC; her grandchildren, Jordan Folken (Brittany), Ethan Folken, Liza Kate Jordan, Mary Jordan, Helen Carlson, Charlotte Carlson, Wade Carlson, Jonah Kingsbury, Zach Folken (Jessica Nik Folken), Ruby Gould, Ben Gould, Spencer Gould, Erin Light, April-Mae Reagan, Cedar Reagan and Maple Reagan; her great-grandchildren, Annabelle, Oscar, Iris, Avery and Elowyn.

In lieu of flowers, memorials may be made to the Anson County Arts Council and Ansonia Theatre, 110 S Rutherford St, Wadesboro, NC 28170.

The arrangements are in care of Leavitt Funeral Home and online condolences may be made at www.leavittfh.com.

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Ride NC By Train to Carolina Panthers Games

Skip the traffic and parking and get on board the train with other fans for this year's Carolina Panthers games. NC By Train is hosting its football trains to carry fans to and from select home games in Charlotte.

On game day, arrive in Charlotte on Piedmont train 73 at 9:40 a.m. with plenty of time to enjoy the area around Bank of America Stadium before the 1 p.m. kickoff. Passengers can take their time and enjoy post-game fun before making their way back to the Amtrak station for a 7 p.m. departure on train 78.

2022 schedule of 1 p.m. home games is:

- Sept. 11, Cleveland Browns
- Sept. 25, New Orleans Saints
- Oct. 23, Tampa Bay Buccaneers
- Nov. 27, Denver Broncos
- Dec. 18, Pittsburgh Steelers
- Dec. 24, Detroit Lions

Tickets are available online at: ncbytrain.org/tickets.



Happy
Birthday
Dad!

Love, Frances, Sandra
David & Neal

State Fair Tickets Available at Discounted Prices

The North Carolina State Fair returns to the State Fairgrounds in Raleigh Oct. 13-23, and fairgoers can save money on admission and rides by purchasing tickets online in advance now.

"Buying in advance can save you up to 45 percent off prices compared to buying when you arrive at the fair," said Kent Yelverton, state fair manager. "It is the most economical way to visit - especially if you're bringing the whole family, plus you can bypass the ticket lines when you arrive at the fair and head straight to the gates."

Advance tickets are \$10 for adults, \$5 for youth ages six to 12 and \$5 for senior adults ages 65 and over. Ride wristbands are \$30 per wristband or a sheet of 18 ride tickets is \$10. Discounted advance tickets are available Aug. 15 through Oct. 13.

Also available in advance are online ticket packages designed for every type of fairgoer. "We offer packages tailored to a variety of fair experiences," Yelverton said. "If you love the carnival there is a package for that. Want to try out one of our attractions like the State Fair SkyGazer, State Fair Flyer or NC Public House for craft beer, wine, cider or soda? We've got packages for those, too."

Dizzy Pass Includes one FastTrack gate admission ticket and one unlimited ride wristband for \$38. (Unlimited ride wristbands do not include State Fair Flyer or SkyGazer).

Kegs & Corks Pass Includes one FastTrack gate admission ticket and one N.C. Public House admission ticket with your choice of two eight-ounce N.C. craft beer or cider samples or two three-ounce N.C. wine samples for \$17.

State Fair Flyer Package Includes two FastTrack gate admission tickets and two round-trip State Fair Flyer tickets for \$32

State Fair SkyGazer Package Includes one FastTrack gate admission ticket and one State Fair SkyGazer ticket for \$14.

More information about advanced ticket sales can be found online at ncstatefair.org. The North Carolina State Fair will run Oct. 13-23 at the State Fairgrounds in Raleigh.

GRACE SENIOR CENTER REOPENING RIBBON CUTTING CEREMONY Tuesday, September 6 10am At Grace Senior Center

It's hard to believe Grace Senior Center has been closed to the public for 27 months due to COVID-19. The spread of the novel coronavirus and COVID-19 led to quarantine and isolation for millions around the world. Seniors, especially face not only this isolation, but also the fear of knowing that they were at a higher risk of contracting the disease.

We are finally easing our way back into normalcy and are excited to welcome the return of our seniors at the center. Our dedicated staff persevered and adapted very quickly during COVID making it possible for us to provide virtual and outdoor programs during the pandemic. The staff and I have really missed seeing clients in person.

Grace Senior Center is reopening for in-person activities, programs, and congregating beginning Tuesday, September 6, 2022. Refreshments will be served at the ceremony for Seniors 55 years of age and older, Staff, Volunteers, Advisory Board Members, the Anson County Board of Commissioners and SHIIP Volunteers. Welcome back!

Wanda Talbert, Anson County Council on Aging Elderly Services Director

199 HIGHWAY 742 SOUTH IN WADESBORO, JUST PAST IGA

TOWN OF POLKTON FATS, OILS, AND GREASE (FOGS) EDUCATIONAL INFORMATION

In an effort to reduce the potential for Sanitary Sewer Overflows (SSO), the Public Works staff of the Town of Polkton has compiled the following information to help educate our water and sewer customers concerning the best management practices for the disposal of household Fats, Oils, and Greases (FOGs).

How to dispose of Fat, Oil & Grease

- 1) Allow to cool
- 2) Use a container with a lid.
- 3) Pour the cooled grease or oil into a container
- 4) Place lid on container
- 5) Scrape or wipe cookware using paper towels or spatula into the garbage before washing.

Don't Feed the Grease Goblin!

DO

- ✓ Put oil and grease in collection containers
- ✓ Remove oil and grease from kitchen utensils, equipment and food preparation areas with scrapers/towels/brooms
- ✓ Keep grease out of wash water
- ✓ Place food scraps in collection containers

DO NOT

- ✗ Pour oil and grease down drains
- ✗ Wash fryers/griddles, pots/pans and plates with water until oil and grease are removed
- ✗ Use hot water to rinse grease off surfaces
- ✗ Put food scraps down drains

NC Environmental Assistance and Customer Service Performance Agency

¡No Alimente a el Duende de Grasa!

SI

- ✓ Ponga la grasa en contenedores apropiados
- ✓ Remueva el aceite y la grasa de utensilios de cocina, equipos, y areas de preparación de comidas con espátulas/toallas/escobas
- ✓ Mantenga la grasa fuera de el agua de lavar
- ✓ Ponga los desperdicios de comida en contenedores adecuados

NO

- ✗ No tire aceite o grasa en los drenajes
- ✗ No lave con agua freidora/planchas, ollas, cacerolas y platos hasta que el aceite y la grasa hayan sido removidos
- ✗ No use agua caliente para limpiar la grasa de las superficies
- ✗ No tire desperdicios de comida en los drenajes

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