New organization will provide solutions for healtcare's most pressing challenges in North Carolina and beyond. Will provide greater access to world-class care for North Carolinians.

This is a release from Carolinas HealthCare System: In order to elevate health for North Carolinians, Carolinas HealthCare System and UNC Health Care announced their plan to create one of the leading non-profit healthcare systems in the nation, by blending the best of a high-performing comprehensive healthcare system with a renowned academically-based enterprise. Carolinas HealthCare System and UNC Health Care have signed a Letter of Intent (LOI) to join their clinical, medical education and research resources. Under the LOI, the two organizations have agreed to start a period of exclusive negotiations, with the goal of entering into final agreements by the end of the year. The new organization will deliver world-class care to people in North Carolina by creating the most comprehensive network of primary, specialty and on-demand care in the Southeast.

Together, Carolinas HealthCare System and UNC Health Care will provide clear solutions for healthcare's most pressing challenges by focusing on four strategic areas: increasing access and affordability, advancing clinical care expertise, growing their renowned academic enterprise and contributing to the region's economic vibrancy.

Together with UNC Health Care, we believe that the opportunities to be a national model and to elevate health in North Carolina are nearly limitless," said Gene Woods, current president and CEO of Carolinas HealthCare System, and future CEO of the new entity. "For example, since our organizations already serve almost 50 percent of all patients who visit rural hospitals in our state, we are perfectly positioned to participate in the reinvention of rural healthcare in partnership with others. Ensuring there is great healthcare in rural counties is not only important to our patients' physical wellbeing, but is also vital to the economic wellbeing of those communities as well. At the same time, we are also inspired by what our two organizations will be able to do together to transform cancer treatment. At Levine Cancer Institute, we care for over 10,000 new patients every year, and over 1,000participate in clinical trials through a 'care-close-to-home' model in more than 25 locations throughout the Carolinas. Combined with UNC Health Care's National Cancer Institute designation, with more than \$70 million in joint cancer research grants for clinical trials, we will create a cancer network that is second to none in the country. In short, this partnership is an example of one of those truly 'big ideas' that this state is known for.'

Carolinas HealthCare System and UNC Health Care will improve access to care in underserved and rural geographies, jointly addressing behavioral health needs, designing new models of care and further developing virtual care platforms. The joint organization also will work to expand medical education, serving as the platform for training future healthcare providers. The new organization also will further the development of clinical care destination centers and centers of excellence as well as differentiated care in pediatrics, cancer, transplant services, "By integrating our organizations, we are combining the strengths of two great health systems, providing greater

access to a full range of services and leading-edge treatments for patients, enabling better coordination of care and advancing research," said Dr. William Roper, dean of the UNC School of Medicine, CEO of UNC Health Care, and future executive chair of the new organization. "Carolinas HealthCare System is one of the most innovative healthcare organizations in the nation, particularly in combining world-class clinical care with a community care model. By combining our two extremely mission-focused organizations, we will offer an unparalleled array of services, expertise and experiences for our patients and communities – beyond what either of us could do independently. Among its many services, the new company will:

- Provide both urban and rural populations with close-to-home options for world-class care.
- Offer nearly 1,400 active clinical trials that can quickly help uncover solutions and deliver treatments.
- Serve as the cornerstone for Medicaid coverage in North Carolina.
- Strengthen collaboration with other healthcare providers to improve patient experience and bring affordable
- House seven nationally-ranked adult clinical service lines and nine nationally-ranked pediatric clinical service
- Drive research opportunities that advance discovery and innovation to find new cures and change the way care is delivered.
- Educate the next generation of physician leaders at the nationally ranked UNC School of Medicine, through more than 100 residency programs in its enhanced network of teaching hospitals across the state, and through lifelong learning for providers.
- Train, support and retain the healthcare professionals needed to serve North Carolina and beyond. Additional information is available at TogetherInHealthCare.org.

About Carolinas HealthCare System Carolinas HealthCare System, one of the nation's leading and most innovative healthcare organizations, provides a full spectrum of healthcare and wellness programs throughout North and South Carolina. Its diverse network of care locations includes academic medical centers, hospitals, freestanding emergency departments, physician practices, surgical and rehabilitation centers, home health agencies, nursing homes and behavioral health centers, as well as hospice and palliative care services. Carolinas HealthCare System works to enhance the overall health and wellbeing of its communities through high quality patient care, education and research programs, and numerous collaborative partnerships and initiatives.

About UNC Health Care UNC Health Care is an integrated health care system comprised of UNC Hospitals and its provider network, UNC Faculty Physicians, UNC Physicians Network, the clinical patient care programs of the UNC School of Medicine and nine other hospitals and hospital systems across the state. Additional hospital entities include UNC Rex Healthcare, Chatham Hospital, Johnston Health, Pardee Hospital, High Point Regional Health, Caldwell Memorial, Nash Health Care, Wayne Memorial and UNC Lenoir Health Care.

Grace Senior Center Offers 'A Matter of Balance' Class in October

Do you have concerns about falling? A Matter of Balance can reduce the fear of falling and increase the activity levels of older adults who have concerns about falling. The Matter of Balance classes help participants learn to:

- view falls and fear of falling as controllable
- set realistic goals for increasing activity
- change their environment to reduce fall risk factors
- promote exercise to increase strength and balance
- The Matter of Balance class is designed to benefit community-dwelling older adults who: are concerned about falls
- have sustained a fall in the past
- restrict activities because of concerns about falling are interested in im-

proving flexibility, balance and strength are age 60 or older, ambulatory and able to prob-

lem-solve Grace Senior Center is offering A Matter of managing Balance concerns about falls. The class starts October 3 and runs through October 26. Classes will meet twice a week for four weeks on Tuesdays and Thursdays,

Senior Center. Call Wanda Talbert at (704) 694-6616 to register or for addiinformation tional about the class.

1 to 3 p.m. at Grace



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