#### Maintain, Don't Gain This Holiday Season

During this holiday season the only thing that should be "stuffed" is the turkey. Many Americans gain between 1 to 5 pounds each holiday season. While it might not sound like much, most people never manage to lose those extra pounds. You are invited to join the 15th annual "Eat Smart, Move More, Maintain, Don't

Gain! Holiday Challenge." Rather than focusing on trying to lose weight, this FREE seven-week challenge (November 15-December 31) provides you with strategies and resources to help maintain your weight throughout the holiday season. Last year more than 44,670 people from around the world participated. Now it's time for the 2021 Holiday Challenge. If you have questions please go to esmmweighless.com/sign and click on the frequently asked question section. If you cannot find your answer there, please feel free to contact Roshunda Terry, County Extension Director, at 704-694-2915. You can also sign up at esmmweighless.com/sign. Also, be on the lookout on the Extension Facebook page for recipes and tips during

### COMMUNITY MEDICAL, PA OF MARSHVILLE

Community Medical, PA of Marshville and Dr. Gary Henry, along with Brandi Queen, FNP-C, Family Nurse Practitioner, welcomes new patients

WE ARE ACCEPTING NEW PATIENTS & ACCEPT MOST ALL INSURANCES. We are here to help you! Call to arrange your appointment today!

Both providers are Federally Certified Medical Examiners and perform DOT exams and Urine/Hair drug testing on-site five days a week.







COMMUNITY MEDICAL, PA Family Practice / Medical Care 520 West Main Street, Marshville • 704-624-3388 or 704-694-3339 • Fax 704-624-3390



UPTOWN WADESBORO BUSINESSES THAT WOULD LIKE TO PARTICIPATE – PLEASE CONTACT ANNE HYATT – 704-694-0593

## Church

\* All events are subject to change because of the COVID-19 situation. You may want to seek confirmation of events.

#### **OCTOBER 24 - 28** Fall Revival

At Mineral Springs Baptist Church in Polkton with Percy Cunningham at 6:30pm nightly. Everyone is welcome.

**NOVEMBER 13** Free Thanksgiving **Plates To-Go** at Lamb of God Church, 118 West Wade St in Wadesboro, 10:30am. First come, first served. Info 843-623-3777. **ONGOING** 

## Bible Study

Every Wednesday at 6pm at Flakes Chapel MBC. Everyone is invited

Bible Study Hour of Power at **MBC** Ebenezer Wednesdays at 7pm **Bible Class** 

Tuesday nights at Lakeside Holiness Church, 6:30-7:30pm, activities for children

## **Events**

**OCTOBER 21** 

**Trunk or Treat** At SPCC. Everyone invited to the L.L. Polk Campus of South Piedmont Community College, 680 Hwy 74 in Polkton, at 8pm for this drive-thru event. Spooky displays, costumes, fun prizes & candy! Info 704-272-

#### **OCTOBER 22 - 24** Ansonia Play

5300.

Wait Until Dark, a play that inspired one of the scariest movies

of all time! Fri & Sat 7:30pm, Sun 3pm. Show info & tickets ansoniatheatre.com or

call 704-694-4950. Tickets sold at the door also.

**Buffer Zone (electioneering) Notice:** 

All Election Day polling place locations

will have signs posted

to indicate a 50 feet buffer zone

where no electioneering will be allowed

OCTOBER 23 Free Pet Vaccinations at the Anson Animal Shelter, 9am-12 noon. Offering

DAPPv Canine and HCP Feline vaccines, also 1 year Rabies vaccinations. In shelter

### Notice of Municipal Election for Anson County, North Carolina The MUNICIPAL ELECTION FOR ANSON COUNTY will be held on Tuesday, NOVEMBER 2<sup>nd</sup>, 2021. The polls will be open for voting on

Election Day from 6:30am to 7:30pm.

Anson County Registered Voters in the Following Municipalities (Towns) are eligible to vote in this election:

TOWN OF LILESVILLE MAYOR **Bernice McLendon Bennett** 

1 Seat Available

5 Seats

Available

TOWN OF LILESVILLE COMMISSIONER

**Lewis Duran Adams** 

Charles Douglas Cook (Chuck Cook) Gaye B. Harrington

Michael Randolph Henry (Randy Henry)

Frank Edward McAllister

John Lester Montgomery

#### TOWN OF MORVEN COUNCIL MEMBER **Tanya Holloway Chance**

**Marjorie Kersey Cole Rhonda Johnson Liles** 

3 Seats Available

**Rachel Melton** 

TOWN OF PEACHLAND COUNCIL MEMBER 3 Seats **James Thomas Hamilton Available** 

Kenneth Lee Rowell Jr.

1 Seat

TOWN OF POLKTON MAYOR **Bruce Edwin Landon** 

**Cynthia Williams** 

**Available** 

5 Seats

**Available** 

TOWN OF POLKTON CMMISSIONER Johnny Raye Faulk Jr.

William Russell Goodwin (Russell Goodwin)

**Cynthia Melton Heafner (Cindy Heafner)** James O. Hildreth (Jimmy Hildreth) Walter Clifton Martin III (W. Clifton Martin III)

Janice Faye Stegall (Sissy Stegall)

TOWN OF WADESBORO COUNCIL MEMBER Frederick Antonio Davis (Fred Davis)

Wanda Fay Exum (Wanda Talbert Exum) Joel Franklin Harward (J.F. Harward) **Judy Hamilton Little** 

**Steven Long (Chipper Long)** 

Available

3 Seats

**Amanda Nicole Moak** James Russell Sikes (Russell Sikes)

## \*\*WRITE IN'S ARE PERMISSIBLE THIS ELECTION\*\*

For More information contact: Elections Director Sherry L. Melton Board Chair: Ross Streater

**Elections Office:** 704-994-3223

#### ANSON COUNTY POLLING PLACES OPEN FOR NOVEMBER 2nd, 2021

LILESVILLE FIRE DEPT 202 W WALL ST, LILESVILLE

MORVEN- FIRE DEPT 242 E MAIN ST, MORVEN

PEACHLAND FIRE DEPT 35 E PASSAIC ST, PEACHLAND

POLKTON FIRE DEPT 61 W POLK ST, POLKTON

## WADESBORO VOTING:

ALL ELIGIBLE VOTERS RESIDING IN THE CITY LIMITS OF WADESBORO **WILL VOTE IN ONE LOCATION:** SPCC LOCKHART TAYLOR-INGRAM RM

514 N WASHINGTON ST, WADESBORO

## \*ALL WADESBORO TOWN **VOTERS WILL VOTE AT LOCKHART TAYLOR\***

The deadline to register to vote for this election is: FRIDAY OCTOBER 8<sup>TH</sup>, 2021

#### \*\*THERE WILL BE NO ABSENTEE BY MAIL OR EARLY VOTING\*\* ALL TOWNS HAVE OPTED OUT OF ABSENTEE

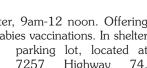
BY MAIL VOTING FOR THIS ELECTION. ABSENTEE BY MAIL VOTING WILL NOT BE AVALIABLE FOR THIS **ELECTION (INCLUDES MILITARY AND OVERSEAS) IMPORTANT DATES TO KNOW** 

#### Monday November 1st - Pre-Election Day Board Meeting - 4:30 PM

## Tuesday, November 02, 2021 **MUNICIPAL ELECTION DAY:**

6:30 AM - 7:30 PM

Friday November 5th, 2021 – Sample Hand to Eye/Provisional Count Meeting for November 5th, 2021 Election



THE EXPRESS • October 20, 2021 • Page 4

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PARSONS DRUG

Highway Polkton, at the entrance to the Field of Dreams. Info Maureen Lett at mlett@ansoncountync.gov

# or 704-994-2738.

Free Pet

Vaccinations Oct. 23

Anson County Animal Shelter will provide free vaccinations for Anson County area pets. The free vaccines are made possible through Petco Love's new national vaccination initiative, which is providing 1 million free pet vaccines to its existing animal welfare partners, including Anson County Animal Shelter., for family pets in need.

in dogs, and panleukopenia in cats, are some of the most prevalent deadly diseases impacting pets that are preventable with a simple vaccine. To address this critical need, Anson County Animal Shelter and Petco Love are partnering to make pet vaccines free and accessible in an effort to ensure the health and wellness of our beloved pets. Anson County Animal

Parvovirus and distemper

Shelter aims to vaccinate 500 pets at their location through this effort. The event will be held on Saturday October 23, from 9 a.m. to 12 noon in the parking lot. The Animal Shelter is located at 7257 Highway 74 in Polkton, at the entrance to the Field of Please have all Dreams. pets restrained and stay in you cars, they will give you instructions upon arrival. This is a 1st come, 1st serve Vaccines

distributed through the Petco Love initiative will be the DAPPy Canine and HCP Feline vaccines. The shelter plans to also offer 1 year Rabies vaccinations, through their partnership with Zoetis for Shelter Programs.

For more information about vaccine distribution contact Maureen Lett at mlett@ansoncountync.gov or 704-994-2738.

Friday November 12th, 2021- 11:00 AM - COUNTY CANVASS FOR NOVEMBER 2nd ELECTION DAY NC GS 163-33. (8) Notice shall be given by advertisement at least once weekly during the 20 day period in a newspaper having general circulation in the county.