Soon our streets will be scattered with little ghosts, goblins and witches trick-or-treating this Halloween. "Halloween should be filled with surprise and enjoyment, and following some common sense practices can keep events safer and more fun," said Sheriff Landric Reid.

The Sheriff reminds all Anson County residents to follow these safety tips:

Motorists:

- Watch for children darting out from between parked cars.
- Watch for children walking on roadways, medians
- Enter and exit driveways and alleys carefully.
- At twilight and later in the evening, watch for children in dark clothing.

Parents:

- Make sure that an adult or an older responsible youth will be supervising the outing for children under age 12.
- Check the sex offender registry at www.ncdoj.gov when planning your child's trick-or-treat route. You can view maps that pinpoint registered offenders' addresses in your neighborhood and sign up to get email alerts when an offender moves nearby.
- Plan and discuss the route trick-or-treaters intend to follow. Know the names of older children's companions.
- Make sure older kids trick-or-treat in a group. Instruct your children to travel only in familiar areas
- and along an established route. Teach your children to stop only at houses or apartment buildings that are well-lit and never to enter a
- stranger's home. Establish a return time.
- Tell your youngsters not to eat any treats until they return home.
- Review all appropriate trick-or-treat safety precautions, including pedestrian/traffic safety rules. All children need to know their home telephone num-
- ber and how to call 9-1-1 in case of emergency. Pin a slip of paper with the child's name, address, and
- telephone number inside a pocket in case the youngster gets separated from the group.

Costume Design:

- Only fire-retardant materials should be used for costumes. · Costumes should be loose so warm clothes can be worn underneath.
- Costumes should not be so long that they are a tripping hazard.
- Make sure that shoes fit well to prevent trips and falls. If children are allowed out after dark, outfits should be made with light colored materials. Strips of reflective tape should be used to make children visible.

Face Design:

- Do not use masks as they can obstruct a child's vision. Use facial make-up instead.
- When buying special Halloween makeup, check for packages containing ingredients that are labeled "Made with U.S. Approved Color Additives," "Laboratory Tested," "Meets Federal Standards for Cosmetics," or "Non-Toxic." Follow manufacturer's instruction for ap-
- If masks are worn, they should have nose and mouth openings and large eye holes.

Accessories:

- · Knives, swords, and other accessories should be made from cardboard or flexible materials. Do not allow children to carry sharp objects.
- · Bags or sacks carried by youngsters should be lightcolored or trimmed with reflective tape if children are allowed out after dark.
- · Carrying flashlights with fresh batteries will help children see better and be seen more clearly.

While Trick-or-Treating:

- Do not enter homes or apartments without adult supervision. • Walk; do not run, from house to house. Do not cross yards and lawns where unseen objects or the uneven terrain can present tripping hazards. Walk on sidewalks, not in the street.
- Walk on the left side of the road, facing traffic, if there are no sidewalks.

Treats:

fore anything is eaten.

- Give children an early meal before going out. Insist that treats be brought home for inspection be-
- Wash fruit and slice it into small pieces.
- Throw away any candy that is unwrapped or partially wrapped or has a strange odor, color, or texture.
- Homeowners/Decorations: Keep candles and Jack O' Lanterns away from landings and doorsteps where costumes could
- brush against the flame. • Remove obstacles from lawns, steps, and porches
- when expecting trick-or-treaters. Keep candles and Jack O' Lanterns away from
- curtains, decorations, and other combustibles that
- could catch fire.
- Do not leave your house unattended.
- "Halloween is a fun time in Anson County," Sheriff Reid concluded. "But, let's make it a safe time as well. The major dangers are not from witches or spirits, but rather from falls and pedestrian/car crashes."



All You Can Eat Breakfast

SATURDAY, NOV 5 6am until 10am

\$6 Per Person

Proceeds will help victims of Hurricane Matthew in eastern North Carolina

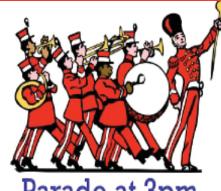




Pork - Beef - Chicken

November 5th Saturday Only

*Dessert donations are greatly appreciated



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Parade at 3pm

No registration needed.

Line up is at 2:00pm on Fries Blvd. Tractor trailers on Plank Rd.

No Motorcycles.

2016 Ford Fusion SE Navigation Equipped, not stripped!



2015 Ford Edge Backup Camera, 13k Miles

FAMILY! \$319 per month

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\$329 per month *ZERO DOWN CASH OR TRADE WAC; CERTAIN CONDITIONS APPLY; DOES NOT INCLUDE TAGS, TITLE, TAXES & FEES. 05 - 06 MODELS - 12.99% @ 60 MONTHS. 07 - 08 MODELS - 10.99% @ 66 MONTHS. 09 - 10 MODELS - 19% (@ 72 MONTHS. 11 MODELS - 4.9% @ 75 MOS. 12 & 13 MODELS, 3.99% @ 75 MOS. 14 & 15 MODELS, 2.99% @ 78 MOS. SOME STOCK PHOTOS.

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BREAST HEALTH EDUCATION

CAROLINAS HEALTHCARE SYSTEM - ANSON





Breast Health Awareness

Breast cancer is one of the most common cancers that a woman may face in her lifetime.

- 1 in 8 women will get breast cancer
- Breast cancer can happen at any age
- Your chances of getting breast cancer increase as you get older
- A mammogram can find breast cancer at an early stage that makes treating it easier

To find out more about breast cancer and to see if a free screening test is right for you call: Latoya Mallard at 828-446-6344

or email

Latoya.Mallard@carolinashealthcare.org

Free Mammograms

Levine Cancer Institute is providing uninsured women of Anson County a mammogram with no out-of-pocket cost. To qualify:

- Women must be 40 years or
- Must not have insurance
- Must not have Medicare or Medicaid
- Must be one year since last mammogram
- Must not be pregnant or breast-feeding
- Must have no new breast lumps/problems (contact your doctor now if you have breast problems)

Funding for this program provided through a generous grant from the James K. & Bronnie L. Braswell Trust