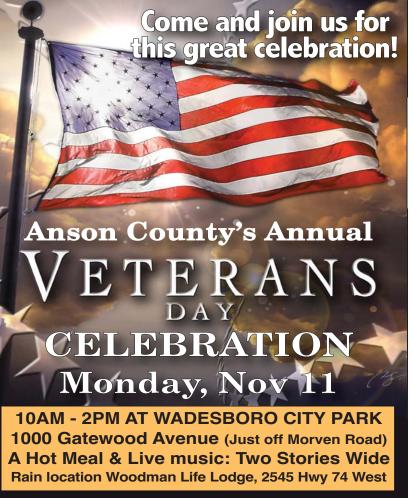
#### Atrium Health Anson Diabetes Day

In celebration of World Diabetes Day, Atrium Health Anson will host a free community event, Have Your Cake and Eat It Too! on Thursday, November 14, from 5:30 until 7:00 p.m. Individuals diagnosed with diabetes and their families are encouraged to attend and learn how to create delicious, diabetes-friendly desserts for the holiday season.

Free blood glucose screenings, blood pressure and weight measurements will be offered at 5:30 p.m. A cooking demonstration with Elaine Wartinger, Atrium Health registered dietitian, will begin at 6:00 p.m.

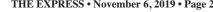
Attendees will receive giveaways and have the opportunity to win door prizes. To register call Teresa Canipe at 704-994-4522 or email

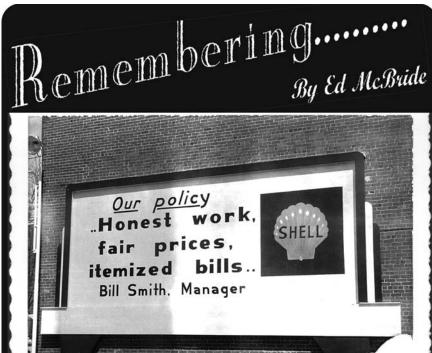
Teresa.Canipe@AtriumHealth.org.



For Info Contact Andrea Lamonds 704-694-4418 Bring a lawn chair!







### Bill's Shell Service

years Some downtown Wadesboro had not only a number of grocery stores, but also several service stations. Bill Smith operated this station on the corner of South Rutherford and West Morgan Streets, at the present location of Smith's Cleaners.

This was a time when you could fill up with a \$5 bill (or less) - instead of a \$50 bill!!

I did this sign on March 29, 1963 - all by hand, before

back, this "computer stuff" came along.

There are so many changes now in this area - next door was Lowe's Printing, across the street were several businesses, which are "not anymore" - plus there are no downtown grocery stores. Fortunately there is still a service station downtown, East Wade Gulf run by Alan Jackson.

Bill ran his service station a number of years. He also worked with Huntley Buick for 23 years. He is now deceased.

#### **Cooperative Extension Office Closed on November 11**

The Anson County Cooperative Extension office will be closed on Monday, November 11 for Veterans Day. Normal hours will resume on Tuesday, November 12.

#### A Musical Tribute to Veterans on November 11

The public is invited to an evening of music honoring veterans on Monday, November 11 at the Theatre on the Green, located at 200 Market Street in Cheraw. This year's 14th annual Musical Tribute to Veterans will begin at 6:00 p.m.

The program will include patriotic songs and inspirational dialogue. Community singers share their musical talents for this annual performance.

This is a free event for all ages. Contact the Cheraw Arts Commission for information about the tribute- 843.537.8420 x 12.

#### 50+ Club Meeting on November 12 to Feature Music by the Red Hill Quartet

Hampton B. Allen Library announces the 50+ Club meeting (note date change) for Tuesday, November 12 at 10:30 a.m. in the Little Theatre. The Red Hill Quartet will be the musical guest. Group members are Larry Turner, Dennis Turner, David Arey and Rick Gilmore. Everyone is invited to join in for some wonderful barbershop style music.

Any questions please call 704-694-5177.

#### **Foster Parent and Caregiver Support Group**

On Monday, November 18 a Foster Parent and Caregiver Support Group will be held at the Anson County Department of Social Services, located at 118 North

Washington Street in Wadesboro, from 6 to 7:30 p.m. Resources and refreshments will be provided free.

Contact Suzanne Maness at (910) 627-1769, toll free (877) 211-5995 or by email at connectionsfsp@gmail.com to register.

#### **Anxiety and OCD** in Children Workshop

On Thursday, November 21 an Anxiety and Obsessive-Compulsive Disorder (OCD) in Children Workshop will be held at the First United Methodist Church in Rockingham. The workshop takes place in the Fellowship Hall, located at 410 East Washington Street in Rockingham, from 12 noon to 1:30 p.m. Becky Givens will be the guest speaker. Resources and lunch will be provided free.

Contact Suzanne Maness at (910) 627-1769, free (877) 211-5995 or by email at connectionsfsp@gmail.com for more information. The deadline to register is November 18.



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