

1583  
Bulk Rate  
U.S. Postage  
PAID  
Permit #149  
Wadesboro, NC  
28170  
Postal  
Customer

# THE EXPRESS

205 West Morgan Street • Wadesboro, NC 28170 • 704-694-2480 • [TheExpressNews@gmail.com](mailto:TheExpressNews@gmail.com) • [www.TheExpressNewspaper.com](http://www.TheExpressNewspaper.com)

Serving Anson County and the Municipalities of Ansonville, Lilesville, McFarlan, Morven, Peachland, Polkton and Wadesboro.

## Animal Shelter will be Closed for Animal Intake from November 21 to December 9

The Anson County Animal Shelter will not be able to take in any animals from Thursday, November 21 until they reopen on Monday, December 9. The shelter will be closed for cleaning and repairs during this time. Animal adoptions will still take place.

During that time shelter staff and volunteers will make necessary changes in the floor to meet North Carolina Department of Agriculture standards. Also, repairs will be performed on the kennels. Money received from the Petco Grant will be used to make these changes.

For information on volunteering at the shelter, how to donate food or funds, or to adopt a pet, please contact Maureen Lett, Animal Shelter Director, at (704) 994-2738 or [mlett@co.anson.nc.us](mailto:mlett@co.anson.nc.us). The Anson Animal Shelter is located at 7527 US Highway 74 West in Polkton, at the entrance to the Field of Dreams. You can find them on Facebook at [www.facebook.com/ansoncountyanimalshelter](http://www.facebook.com/ansoncountyanimalshelter).

## Atrium Health Anson Diabetes Day

In celebration of World Diabetes Day, Atrium Health Anson will host a free community event, Have Your Cake and Eat It Too! on Thursday, November 14, from 5:30 until 7:00 p.m. Individuals diagnosed with diabetes and their families are encouraged to attend and learn how to create delicious, diabetes-friendly desserts for the holiday season.

Free blood glucose screenings, blood pressure and weight measurements will be offered at 5:30 p.m. A cooking demonstration with Elaine Wartinger, Atrium Health registered dietitian, will begin at 6:00 p.m.

Attendees will receive giveaways and have the opportunity to win door prizes.

To register call Teresa Canipe at 704-994-4522 or email [Teresa.Canipe@AtriumHealth.org](mailto:Teresa.Canipe@AtriumHealth.org).

## Local Leaders to Appear at BRLC Event November 18

On Monday, November 18 at 6:30 p.m. Burnsville Recreation & Learning Center (BRLC) is hosting an opportunity for the community to meet and hear from a few of Anson County's local leaders, including County Manager Barron Monroe, County Commissioner Bobby Sikes, Department of Social Services Director Lula Jackson and Anson County Sheriff Landric Reid or a representative from his department.

A light dinner will be served beginning 6:00 p.m. This will be a great time to give thanks for the role each of the local leaders serve. Those of you who may have concerns that you would like to address are invited to please come. There will be a time for questions.

## Wildfire Risk Remains High in North Carolina

The N.C. Forest Service is urging people across North Carolina to remain vigilant in reducing wildfire risk. While recent rainfall brought immediate and temporary relief to much of the state, warmer, drier days combined with winds could quickly dry forest fuels, increasing the risk of wildfire.

"Many tourists come to Western North Carolina to see the changing leaves or for extended stays to hunt. Some of these visitors will use campfires as a source of heat. Where there is fire, there is the risk of that fire escaping into areas where fuels are dry and readily available."

"During dry and windy periods of weather with little rainfall, everyone needs to be extra cautious when burning. It takes very little to start a damaging wildfire," said Agriculture Commissioner Steve Troxler. "Dry forest fuels are right there, ready to burn if ignited by the tiniest of sparks."

**The N.C. Forest Service offers the following tips:**

- Anyone building campfires in an established campground should use existing fire rings if possible and clear a safe area around them of at least 15 feet. Never leave campfires unattended and ensure they are completely out before leaving.
- Always check the weather prior to burning and follow state and local regulations if you plan to burn yard debris such as leaves, grass, sticks and stubble. There are many factors to consider before burning. Make sure you have a valid burn permit.
- Use care when removing ashes or coals from wood-burning stoves, fireplaces or pellet stoves. "Often, homeowners will dispose of ashes in their yards, at the edge of the woods, or in landscaped and mulched areas such as flower beds. When ashes or coals are not completely extinguished and fuel conditions are favorable for fire due to dry weather and wind, ashes can reignite and start a wildfire," said Greg Smith, Mountain Regional Forester with the N.C. Forest Service. "It is best to put the ashes in a metal or steel bucket or barrel and douse them with water while stirring the mixture until the ashes and coals are completely drenched and cold."
- Be attentive and cautious when burning backyard fire pits during the fall and winter seasons. Homeowners should handle a fire pit as they would handle a campfire. Clear a safe area around the fire pit of at least 15 feet. Use properly seasoned, dry, split wood for fuel, and do not use flammable fluids, such as gasoline and lighter fluid, to light or relight fires. Use a metal screen to prevent embers from flying out of the fire pit. Keep children and pets at least three feet away from the fire. Make sure you have a hose, bucket and shovel nearby. Keep a phone nearby, too.
- Always exercise caution with any outdoor burning. Even when burn bans are not in effect, weather conditions may not be favorable for outdoor fires. Outdoor burning is discouraged during periods of low humidity or high winds.

The N.C. Forest Service encourages residents to contact their local county forest ranger before burning debris. The ranger can offer technical advice and explain the best options to help ensure the safety of people, property and the forest. To find contact information for your local county ranger, visit their contact page [www.ncforestservice.gov/contacts](http://www.ncforestservice.gov/contacts). To learn more about fire safety and preventing wildfires and loss of property, visit their website, [www.ncforestservice.gov](http://www.ncforestservice.gov).



## Halloween, Anson County Courthouse Style!

The Anson County Clerk of Court's office had a little fun dressing up in their costumes on Halloween. Looks like the jewel farmer and a mischevous one joined Snow White and the Seven Dwarfs to enjoy the humor and spirit of the occasion.

Pictured from left, front row, are Marcus D. Hammonds, Dolly Harrington, Shunda Brown, Erica Greene and Courtney Howard. On the back row are Barbara Thomas, Melody Goodwin, Lisa Taylor, Milea Gullidge and Rhonda Sessions.

Below, Snow White and the dwarfs act out their names!

## Gov. Cooper Encourages North Carolinians Without Health Insurance to Enroll Before December 15

North Carolinians already on the Exchange or those in need of health insurance can visit [HealthCare.gov](http://HealthCare.gov) to sign up

On Friday, November 1 Governor Roy Cooper encouraged North Carolinians who do not have health insurance to enroll for 2020 coverage through the federal Health Insurance Marketplace at [HealthCare.gov](http://HealthCare.gov). He also encouraged those who had coverage through the Marketplace in 2019 to use [HealthCare.gov](http://HealthCare.gov) to take action and keep their coverage for 2020.

"The federal Health Insurance Marketplace is open for sign up starting today, and all North Carolinians who need coverage should carefully consider that as an option," said Governor Cooper. "We know too many hardworking North Carolinians fall into the coverage eligibility gap, which is why we should expand Medicaid and help nearly 500,000 North Carolinians get access affordable health insurance."

The federal Marketplace is a way for people to find health coverage that meets their needs and fits their budget. At [HealthCare.gov](http://HealthCare.gov), North Carolinians can compare plans based on price, benefits and other features. Importantly, coverage cannot be denied because of pre-existing or chronic conditions like cancer or diabetes.

Health care through the federal Marketplace lets North Carolinians go to a doctor for regular check-ups and sick visits. Every health plan in the federal Marketplace offers essential health benefits, including doctor visits, preventive care, hospitalization, prescriptions and more.

"Access to high-quality medical care helps people live better lives, whether it is needed for preventative care or when they are hurt or ill," said Secretary of Health and Human Services Mandy Cohen, M.D. "I encourage people without health coverage to sign up for affordable coverage through the federal Marketplace to safeguard their own health and their family's health."

Those applying for health insurance through the Marketplace will know their costs before enrolling. Most people who sign up for coverage get help paying for their premiums and may also be able to get help with copayments and deductibles.

Enrollment for the federal Marketplace ends Sunday, December 15. Those who had coverage for 2019 through [HealthCare.gov](http://HealthCare.gov) should log in to their Marketplace account as soon as possible to review their options for 2020.

Factsheets on the Marketplace are available in English and Spanish. North Carolinians seeking free, in-person assistance with enrollment can also visit the NC Navigator Consortium at [www.ncnavigator.net](http://www.ncnavigator.net) to find a local application assister or call the toll-free NC Navigator Helpline at 1-855-733-3711.



## Bowman Class of 1973 Reunion Meeting

The Bowman Senior High School Class of 1973 will have a reunion meeting on Monday, November 18 at 6 p.m. at Lady Bug Restaurant in Wadesboro. All classmates and graduates are invited to attend.

## Brown Bag Book Club Meeting

The Hampton B. Allen Library announces the Brown Bag Book Club meeting for Monday, November 18 at 12:00 noon in the Pritchett room. The guest author will be Lloyd Griffith. Lloyd holds a BA from Duke University and a Masters from Duke Divinity School. He will be sharing information about his book *Trust the Wilderness: a Trail Guide for your Spiritual Journey*. Everyone is invited to come, bring a covered dish and meet the author. Books will be available for purchase.

Any questions please call 704-694-5177.

## Anxiety and OCD in Children

On Thursday, November 21 an Anxiety and Obsessive-Compulsive Disorder (OCD) in Children Workshop will be held at the First United Methodist Church in Rockingham. The workshop takes place in the Fellowship Hall, located at 410 East Washington Street in Rockingham, from 12 noon to 1:30 p.m. Wykeria Little will be the guest speaker. Resources and lunch will be provided free.

Contact Suzanne Maness at (910) 627-1769 or by email at [connectionsfsp@gmail.com](mailto:connectionsfsp@gmail.com) for more information.

The deadline to register is November 18.

## Wonderful Day at the Ansonville BBQ and Parade

Saturday, November 9, was a nearly perfect day for the parade in beautiful downtown Ansonville. With a clear blue sky and crisp fall air, many onlookers lined the street while princesses, fire queens, floats filled with children, marching bands, horses and even Santa provided wonderful entertainment for the annual event.

These Anson High School percussionists kept a lively beat for their fellow marching band members. They are under the direction of Matthew Jarrett. The



drummers are, from left, Nevaeh Barnes, Anna Cameron and Caden Clarke. Wykeria Little is pictured at the far left, Harleigh Jackson is on the right, at the back.

Wadesboro Fire Queen Maci Sellers, pictured at left, is the daughter of Donald and Donna Sellers.