

Free Groceries Available to Eligible Families this Saturday

Free food products every Wednesday at 9 a.m.

The Burnsville Recreation & Learning Center (BRLC) Emergency Food Pantry will distribute free food products this Saturday, November 19 at 9 a.m. Included in these TFAP products are 10 pound bags of chicken leg quarters, pink salmon, cheese and other items. These foods are provided by the US Department of Agriculture.

The U. S. federal income guidelines will be a determining factor for each individual's eligibility and food items will only be available to Ansonians who qualify. Individuals who have not registered before nor received food from the BRLC Emergency Food Pantry must have financial documentation as proof of income to be served. A neighbor who does not have the necessary documentations will not be served. Families that receive food stamp assistance automatically qualify. Each family will only be provided these commodities this month. Parents are ask not to bring small children. Neighbors, please park in parking lot behind center.

BRLC distributes free groceries to eligible families on Wednesdays at 9 a.m. and at other times. You can contact them at 704-826-8182 for information. BRLC is located at 13349 Highway 742 North in Burnsville, across from the Fire Department.

Thanksgiving Healthy Living Cooking & Seminar is Sunday

Don't put it off any more, your health depends on it! You have a great opportunity to learn how to put together meals that will bust the fat and reverse diabetes, heart disease, cancer, arthritis, high cholesterol and high blood pressure! Come learn more at the next Thanksgiving Special Healthy Living and Cooking classes at Pathway to Peace Ministries, Sunday, November 20, from 3 to 5 p.m. This program is free and you will also be able to eat Thanksgiving dinner with them.

Pathway to Peace Ministries is located on Highway 109 South, 2 miles past Deep Creek Road as you go towards Mt. Croghan, SC (11775 NC 109 South, Peachland, NC). For more information call 704-695-1441.

Grace Senior Center Notes for November

• Ladies Out at Grace Senior Center will be held at 2 p.m. instead of 1 p.m. For more information or to register please call 704-694-6616.

• Bingo will be played twice for the month of November 2016. The dates and times are as follows: At 1pm on Tuesday November 15th, 2016 and 1pm on Tuesday November 29th, 2016 at the center. There is no cost to play and you must be 55 or older to play. For more information, please call 704-694-6616.

• Dancercise class (exercising with music) is held every Monday, from 1 to 2 p.m. and on Thursdays, from 10 to 11 a.m. Dancercise is a blend of aerobics and dance moves. Many people find dancercise to be more fun than traditional exercise, because it is done to music and as a group. For more information or to register please call 704-694-6616.

• Grace Senior Center is planning a 1 Day Trip to Benson, NC to see the Christmas Lights on Tuesday, December 13. The trip will consist of shopping at the Cross Creek Mall in Fayetteville, dining at Fuller's Old Fashioned BBQ in Fayetteville and Meadow Lights in Benson to view the Christmas Lights. Meadow Lights consist of an Old Country Store known to be one of the largest candy stores in the state specializing in Christmas and old fashion candy, carrying over 300 varieties. There are over 30 acres of lights with a train that gives tours, plus an additional ten acres of lights. Concessions stands are available. The cost of the trip is \$55 per person which includes your lunch at Fullers, the train ride at Meadow Lights and motor coach transportation. The registration deadline is December 2, 2016. For more information or to register please call 704-694-6616.

Do You Need a Coat or Blanket? Would You Like to Donate?

The Faith-Based Center of Hope continues their "Warm Coats, Warm Hearts" program. They have distributed coats to several of the churches and schools in Anson County. Blankets for the elderly are also available. Ebenezer Missionary Baptist Church is the pick up site, or you can deliver donated items there too. Just call to schedule it.

To donate coats and blankets or to request help, please contact Vancine Sturdivant at 704-848-4412.

Christmas 'Back 'n Time'

The Ansonville Historical Society invites you to attend a program called Christmas 'Back 'n Time' on Saturday, December 3. It features live musicians, candlelight, natural decorations and reading of the Christmas Story by Rev. Robert Burr.

The program will take place at Cedar Hill Methodist Church in Ansonville. There are two presentations, at 5 p.m. and 6 p.m. Admission is by donations only.



ANSON COUNTY

"TOYS FOR TOTS"

MOTORCYCLE RIDE



Registration
10 am - 11 am
\$10 Single Riders
\$15 Double Riders

November 19

Harvest Ministries
1124 E. Caswell St., Wadesboro, NC

Split the Pot & Door Prize Tickets!

Good Food

Don't Forget to Bring a Toy

Contact:
Vancine Sturdivant
704-848-4412

Sponsored
By
Playaz Elite
William "Bugga" Sturdivant
910-206-3427

BREAST HEALTH EDUCATION

CAROLINAS HEALTHCARE SYSTEM - ANSON



Carolinas HealthCare System



Breast Health Awareness

Breast cancer is one of the most common cancers that a woman may face in her lifetime.

- * 1 in 8 women will get breast cancer
- * Breast cancer can happen at any age
- * Your chances of getting breast cancer increase as you get older
- * A mammogram can find breast cancer at an early stage that makes treating it easier

To find out more about breast cancer and to see if a free screening test is right for you call:

Latoya Mallard at 828-446-6344

or email

Latoya.Mallard@carolinashealthcare.org

FREE MAMMOGRAMS

Levine Cancer Institute is providing uninsured women of Anson County a mammogram with no out-of-pocket cost.

To qualify:

- Women must be 40 years or older
- Must not have insurance
- Must not have Medicare or Medicaid
- Must be one year since last mammogram
- Must not be pregnant or breast-feeding

Funding for this program provided through a generous grant from the James K. & Bronnie L. Braswell Trust

Black Friday

ZERO DOWN!

PRICING



2015 Ford Edge

\$279/mo.

Stock #1913P
(Based on 2.99 apr/78mos.)



2015 Ford Mustang

\$316/mo.

Stock #1947P
(Based on 2.99 apr/75mos.)



2015 Ford C-Max SE Hybrid

\$249/mo.

Stock #1813P
(Based on 3.99 apr/75mos.)



2015 Ford Focus

\$179/mo.

Stock #1970P
(Based on 3.99 apr/75mos.)



2016 Ford Fusion

\$199/mo.

Stock #1956P
(Based on 2.99 apr/78mos.)



2014 Ford F-150

\$399/mo.

Stock #2390A
(Based on 4.99 apr/72mos.)

\$250 Off

Bring this coupon for an additional \$250 off any vehicle now through November 30, 2016.

Beachum & Lee Ford

Highway 74 West, Wadesboro, NC
(704) 694-4101 • Service (704) 694-3104
www.beachumleeford.com



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Examples are based on Beacon Credit Score of 720 or higher. WAC. Certain conditions apply. See sales staff for details. Price does not include tax, tag, title or fees.