

Magnolia Apartments

Quality & Affordable Housing for Seniors
Rent Based On Income With Rental Assistance

One Bedroom Apartments

Must be 62 Years of Age & Older

- AMENITIES**
- Handicapped Accessible
 - Fully Carpeted
 - Stove/Refrigerator
 - Blinds
 - 24 - Hour Emergency Maintenance
 - Emergency Call System
 - Central Heating and Air
 - Community Center for Activities
 - Washer/Dryer Connections in Apt.
 - Coin - Operated Laundry

Great location with easy access to shopping centers, grocery stores, medical facilities, worship centers and other services.

NOW OPEN

Applications are available at 405 Long Drive in Rockingham
910-895-9199

NOTICE OF INTENT TO APPLY

Sandhills Community Action Program, Inc. announces its intent to apply for the 2013-2014 Community Service Block Grant administered by North Carolina Health & Human Services.

The purpose of the Community Service Block Grant is to provide a range of services and activities having a measurable and potentially major impact on the causes of poverty in those areas of the community where poverty is a particularly acute problem.

The SCAP Board of Directors will meet to discuss this program on December 18, 2012, at 6 p.m. at 302 Leak Street in Rockingham, NC. The public is invited.

PUBLIC HEARING ANNOUNCEMENT BY: Sandhills Community Action Program, Inc.

Moore County: The Public Hearing will be held Monday, December 17, 2012 at 10 a.m. at 700 Jackson Terrace Apts., Carthage, NC.

Montgomery County: The Public Hearing will be held Monday, December 17, 2012 at 1 p.m. at the Montgomery County Library, Conference Room, located at West Main Street, Troy, NC.

Richmond County: The Public Hearing will be held Tuesday, December 18, 2012 at 10 a.m. at the Richmond County Office, 302 Leak Street, Rockingham, NC.

Anson County: The Public Hearing will be held Tuesday, December 18, 2012 at 2 p.m. at the Anson County Office, 126 West Wade Street, Wadesboro, NC.

The purpose of this hearing is to allow the citizens of each county an adequate opportunity for involvement in the planning, implementation, evaluation and assessment of the Community Service Block Grant Program applied for and administered by Sandhills Community Action Program, Inc. It is the intent of SCAP to file an application for the 2013-2014 Community Service Block Grant Program Funding. It is mandatory that we hold these meetings to ascertain the views, comments, questions, and proposals on how the funds will be utilized.

The purpose of the Community Service Block Grant is to provide a range of services and activities having a measurable and potentially major impact on the causes of poverty in those areas of the community where poverty is a particularly acute problem. For further information, please contact our office at 910-947-5675.

Elbert Marshall Publishes New Novel

Elbert Marshall, a former resident of Wadesboro, has published a follow-up novel to the 2011 mystery, "Plotz," which was co-authored with Wadesboro writer Sandy Bruney. They had used the pen name Marshall Bruney. In "Nomad" Marshall returns with familiar characters from "Plotz" (including reporters Evan Parris and Norma Rae Smithers) - plus newcomers Dets. Max Mudd and Jeffrey Pitters, and behavioral analyst Anne Paltrow (a love interest for Parris).

A psychological thriller, "Nomad" pits the "good guys" against a methodical serial killer who likes young, blonde women in their mid-twenties, and who sadistically leaves his signature carved between the shoulder blades of his victims.

"Nomad" is available in softbound and Kindle formats at www.amazon.com; in Nook format at www.bn.com; or from the author. Autographed copies are available by emailing nomadthenovel@gmail.com for an infosheet.

Marshall is the former editor of the Anson Record, and he served as Executive Director of the Anson County Chamber of Commerce for 10 years. He and Bruney were business partners in Marshall Bruney Media Consultants from 2002-11. He and his wife Carla reside in Concord.

Answers to Commonly Asked Blood Donor Eligibility Questions

One of the things that keeps many people from donating blood is a misconception about their eligibility. In truth, there are very few things that may prevent an otherwise healthy person from donating. Here are some answers to commonly asked questions about donor eligibility:

- Can I give blood if I'm afraid of needles? Most people do feel a bit of nervousness about blood donation. Most also say after their donation that they're sorry they waited so long. Blood donation is a momentary discomfort for the donor that can provide a lifetime of difference for the patient.
- Can I give blood if I recently got a tattoo or piercing? Piercings do not disqualify you from donating blood as long as they were done with single-use, disposable equipment. Tattoos also do not disqualify you from donating if they were done with a single-use needle at a licensed facility.
- Can I give blood if I have high blood pressure or high cholesterol? As long as your blood pressure is below 180 systolic (first number) and 100 diastolic (second number) at the time of your donation, you may give blood. Also, medications that you may be taking for high blood pressure do not disqualify you from donating. A high cholesterol level does not disqualify you from donating, even if medication is used to control it.
- Can I give blood while I'm on medication? In nearly all cases, medications will not disqualify you as a blood donor. As long as you are healthy and the condition is under control, it is very likely you will be able to donate.
- Can I give blood if I'm diabetic? Diabetics may donate blood as long as the other medical requirements are met.
- Can I give blood if I'm anemic? Your hemoglobin (iron) level will be checked prior to donating blood. As long as levels are normal (12.5 is an acceptable level) on the day of donation, you may give.
- Can I give blood if I had cancer? While some types of cancer may disqualify you from donating, there are many circumstances under which you may donate blood after an appropriate waiting period.
- Can I give blood if I have seasonal allergies? Allergies, even those that need to be controlled by medication, will not prevent you from donating blood.
- Can I give blood if I had a flu shot? In fact, you may donate blood the same day you receive the vaccination.
- Can I give blood if I have epilepsy or seizures? Epilepsy or seizures do not disqualify you from donating as long as you have had no seizures for one year.

Remembering.....

By Ed McBride



Early History Thoughts!!

The first recorded deed for the Wadesboro Methodist Church was in 1832. The church was in a very small wooden building located on the property near Wadesboro Lumber (the former Crawford Motor Company). The next church building was built in 1891 on the corner of Greene and Morgan Streets. This was directly across the street from the Kilwinning Masonic Lodge that had been built some years prior (circa 1850).

The South Carolina Methodist served the area, covering the territory from Charleston, SC up through this area to include part of Mecklenburg County and part of Virginia - all meeting in the Kilwinning Lodge building across the street - it being the largest place to cater to the delegation at that time.

In later years, while the Wadesboro Presbyterian Church was in their building program, they had Sunday School in the downstairs rooms until the completion of their facility.

Many years later on January 15, 1961, Bishop Paul Harding came to Wadesboro for the opening of the then newly built First Methodist Church with Rev. Moody Nifong, the minister (both now deceased).

Lots of history from just a 'small bit' of the area. Ed

Holiday Craft Workshop for Kids

The Anson County 4-H Program and 4-H Youth Promise is offering a Holiday Craft Workshop. The program is offered to all interested participants ages 5-11. Youth do not have to be enrolled in 4-H to attend. The workshop will be held on Friday, December 21, from 9 a.m. until 1 p.m. at the Cooperative Extension Center, 501 McLaurin Street in Wadesboro. Cost is \$7. Youth will need to bring a bag lunch. Drinks will be provided.

The deadline to register is Friday, December 7. To register come by the 4-H Office on McLaurin Street. There is a limit of 25, so registration is on a first come first serve basis. No phone call registration is accepted.

Youth will be making a variety of ornaments and crafts. Don't miss out on this fun filled workshop and make some really neat crafts too! 4-H programs are offered to all youth regardless of sex, race, religion, national origin or handicap.

Parks & Rec Basketball Registration

Anson County Parks & Recreation Youth Basketball registration starts Monday, November 5th and runs through Monday, December 10th. Youth Basketball is for ages K through 12th grade boys and girls. The cost is \$25 per player, and the deadline to register is December 10. You may come to Little Park to register, Monday through Friday, and there will be registrations at the schools below:

- Monday, December 3 - Wadesboro Elementary & Wadesboro Primary Schools
- Tuesday, December 4 - Peachland-Polkton & Ansonville Elementary Schools
- Wednesday, December 5 - Lilesville & Morven Elementary Schools

For more information call Wanda Chappell or Wendell Small at 704-694-5751.

Avoid Burning During Period of Increased Fire Risk

The NC Forest Service is urging residents to be safe and avoid burning yard waste and other debris until the state gets some significant rain. Humidity levels across the state are low, and projected increases in moisture may not be enough to prevent fuels from igniting if a careless ember lands among forest debris. There have been nearly 600 wildfires across the state in November, according to Forest Service statistics. Debris burning is the No. 1 cause of wildfires in North Carolina.

Individuals who determine that burning debris is a necessity should contact their county forest ranger. The ranger can offer technical advice and explain the best options to maximize the safety of people, property and the forest.

"Protect our natural resources by acting safely; don't burn on dry, windy days, and maintain a careful watch over a fire until it is extinguished," said Agriculture Commissioner Steve Troxler.

The Forest Service urges people who choose to burn debris, to adhere to the following tips:

- Make sure you have a valid burning permit, which can be obtained at any N.C. Forest Service office or authorized permitting agent, or online at ncforestservice.gov.
- Check with your county fire marshal's office for local laws on burning debris. Some communities allow burning only during specified hours; others forbid it entirely.
- Check the weather. Don't burn on dry, windy days.
- Some yard debris, such as leaves and grass, may be more valuable if composted.
- Burn natural vegetation only. Burning household trash or any other man-made materials is illegal. Trash should be hauled away to a convenience center.
- Plan burning for the late afternoon when conditions are typically less windy and more humid.
- Be prepared. Have a shovel or hoe to clear a perimeter around the burn area.
- For fire control, you will need a hose, bucket, a steel rake and a shovel for tossing dirt on the fire.
- Never use flammable liquids such as kerosene, gasoline or diesel fuel to speed debris burning.
- Stay with the fire until it is completely out.
- Never dump hot ashes or coals into a wooded area. Instead, douse burning charcoal or campfires thoroughly with water; stir the coals and soak them again. Be sure they are extinguished.

If you are burning agriculture residue or forestland litter, follow the rules above, but also plow a fire line around the area to be burned. Large fields should be separated into small plots for burning one at a time. Contact your county ranger before burning.

Studies have shown that taking these and other measures can greatly reduce the possibility of wildfires.

Kiker Resource Management, LLC.

Forestry Consultants

- Timber Sales
- Real Estate Brokerage
- Forest Management
- Wildlife Management
- Reforestation Services
- Prescribed Burning
- Herbicide Applications
- Forest Mgmt. Plans
- Timber Appraisals
- GIS Consulting

As a forest landowner, you are fortunate to have a valuable asset. However, how well you manage your timberland affects what it will produce for you, your family, and heirs. Let Kiker Resource Management help you improve the quality of your timberland and get the most for it! Contact us for a free consultation.

www.kikerforestry.com
(704) 694-6436



Remembering.....

By Ed McBride



A Collection of Columns

Written by Ed McBride for The Express Newspaper

REMEMBERING.....

By Ed McBride

THE BOOK IS NOW AVAILABLE

We are pleased to offer this 80 page book containing nearly 200 Remembering columns by Ed McBride that were published in The Express Newspaper.

This book was presented to Ed for his 90th birthday, August 10, 2012. The subjects of his columns - people, businesses, churches, schools, events - have touched the lives of many people associated with Anson County, North Carolina and beyond.

Each book is printed to order, therefore the price is slightly higher than mass produced books.

Call The Express for information, 704-694-2480 or visit www.Blurb.com and search "Ed McBride."



- Modular Homes
- New Construction
- Remodeling
- Room Additions
- Metal Buildings

Residential & Commercial

MORE THAN A CONTRACTOR WE'RE YOUR NEIGHBOR.

We've built our reputation on more than just quality construction. The great relationships we've built with our customers are the true foundation of our continued success.

The Place to CALL for all your BUILDING NEEDS



Terry L. Smith Construction

Two Locations To Serve You: 3900 Hwy. 24/27 Midland 704-888-8801

1443 Hwy. 52 N. Albemarle 704-982-6208