

**BRLC Free Food Programs**

Burnsville Recreation & Learning Center offers an Emergency Food Pantry and USDA Commodities program. In order to qualify for the USDA/TEFAP food program a client must bring proof of income, and their income must be within guidelines of the Federal Government. If a client currently participates in the Food & Nutrition Service Program (Food Stamps) they automatically become eligible to be served from this program. This program is made available only to residents in Anson County who qualify. This program is on Wednesdays only. The Emergency Food Pantry Program is made available for families or individuals who are having or facing a short term crisis. They do ask for proof of income, but is not limited to that only. All neighbors are asked to show by documentation what has happened to cause their crisis. Due to the limited amount of food items, each family can only be served once a month from either program. Both Emergency Food Pantry and the USDA/TEFA Program are open on Wednesdays at 9 a.m. The Emergency Food Pantry is open again on Saturdays, from 10 a.m until 1 p.m. A Care Kormer for children is available during these programs. All clients must register and bring proof of income. BRLC is located at 13349 Highway 742 North in Burnsville, across from the Fire Department. The telephone number is 704-826-8737.

**Calvary Episcopal Church**



**CHRISTMAS SERVICES**

“A Christmas Chorale”  
Saturday, December 24 10:30 p.m.  
*to be followed by*  
“The Nativity of Our Lord Jesus Christ”  
Holy Eucharist: Rite II 11 p.m.

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Holy Eucharist: Rite II  
Sunday, December 25 11 a.m.

308 East Wade Street in Wadesboro  
704-694-3223 • churchepiscopalcalvary@yahoo.com

**BREAST HEALTH EDUCATION**  
CAROLINAS HEALTHCARE SYSTEM - ANSON




**Breast Health Awareness**

Breast cancer is one of the most common cancers that a woman may face in her lifetime.

- \* 1 in 8 women will get breast cancer
- \* Breast cancer can happen at any age
- \* Your chances of getting breast cancer increase as you get older
- \* A mammogram can find breast cancer at an early stage that makes treating it easier

To find out more about breast cancer and to see if a **free** screening test is right for you call:

Latoya Mallard at 828-446-6344  
or email  
Latoya.Mallard@carolinashealthcare.org

**FREE MAMMOGRAMS**

Levine Cancer Institute is providing uninsured women of Anson County a mammogram with no out-of-pocket cost.

To qualify:

- Women must be 40 years or older
- Must not have insurance
- Must not have Medicare or Medicaid
- Must be one year since last mammogram
- Must not be pregnant or breast-feeding

*Funding for this program provided through a generous grant from the James K. & Bronnie L. Braswell Trust*



**Don't let leg pain slow you down.**

**Pain**      **Discoloration**  
**Aching**    **Burning Sensation**  
**Numbness**    **Swelling**

**Are all symptoms of Peripheral Arterial Disease (PAD)**

One in every 20 Americans over the age of 50 suffers from PAD - a condition caused by plaque or fatty deposits in the arteries that limit blood flow to the legs and feet. This puts them at greater risk for heart attack, stroke and limb loss.

**METROLINA**  
**SURGICAL SPECIALISTS**  
Now Accepting New Patients

**Call (704) 226-0531 for your PAD assessment today!**