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Frosty Feet 5k Run/Walk in **Uptown Wadesboro February 3**

Keep your New Year's resolutions to become more physically fit and healthy by entering the "Frosty Feet 5k Run/Walk" to be held in uptown Wadesboro on Sunday afternoon, February 3, at 2:30 p.m. Burn off some calories BEFORE your super Bowl party!

For the run, wear your favorite team jersey and get into the spirit of the game. Or simply come out to run, walk or stroll with your family, friends, teammates or exercise buddies! This is sure to be a "fun run" and lots of prizes will be given away.

To register go to www.sportoften.com. Entry forms are available at Vac and Dash in Albemarle, Buff Monkey Fitness Company or Lacy's. Register early by February 1, and pay only \$20. Entry fee is \$25 the day of the race.

For more information contact Anne Hyatt at 704-694-0593 or lahyatt@windstream.net or Melanie Lyon at 704-695-2247

Awards will be given for each age division ranging from age 5 to age 105!

All proceeds will go toward the Anson High School Majorettes and their upcoming performance trip to Walt Disney World. Come out in support of these Anson County girls. And whether you run for prizes, walk for exercise or stroll for fun, it's a guaranteed good time for all!

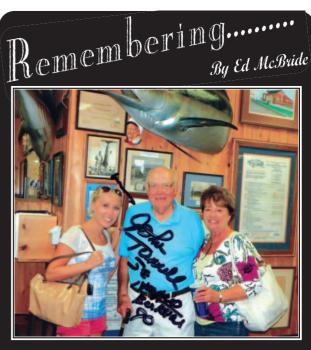
2 Blood Drives in February

Anson blood donors will have two opportunities to give blood next month. On Tuesday, February 5, from 10 a.m. to 2 p.m. a Blood Drive will be held at South Piedmont Community College in Polkton. There will be a free t-shirt to all donors. On Monday, February 11 a Blood Drive will be held at

Anson Community Hospital, from 1 to 4 p.m. The Community Blood Center of the Carolinas invites you

to join them in observing American Heart Month in February by donating blood between now and February 28. Not only does your blood donation benefit local cardiac patients, but can be good for your heart too! So listen to your heart and give blood. Schedule your donation appointment today!

More public drives can be found at the CBCC website, www.cbcc.us. Call 704-972-4700 or go to www.carolinadonor.org to make an appointment at any location.



Vacation Experiences...

Through the years - many years ago, after packing all the clothes, shoes and so forth, we would head to the coast, mostly in the North Carolina area.

One place we enjoyed was Morehead City. It was a long drive, "using up" most of a day to travel there. I guess our most visited place in that area was Tony's Seafood. Through the years we did meet so many people from "all over" at Tony's.

Now, the picture above is of the interior of the restaurant showing John Tunnell, a restaurant staff member for many years, with my granddaughter Meagan on the left and my daughterin-law Wanda McBride. Wanda and Meagan are visiting Tony's and wishing "me" a happy 90th birthday - here in Wadesboro! You can note some of the "wall" pictures behind them a real curiosity!! Ed

... and I am still hungry for my fish!!

USDA Finalizes New Microloan Program

Agriculture Secretary Tom Vilsack unveiled a new microloan program today that will expand access to credit for small farmers and ranchers and beginning and socially disadvantaged producers. The microloan application process is simpler and requires less paperwork than traditional operating loans. Additionally, the requirement for managerial experience and loan security has been modified to ensure that small family operations and beginning farmers and ranchers can obtain the credit needed to start and continue an agricultural operation. This loan program will also be useful to specialty crop producers and operators of community supported agriculture (CSA).

Eligible applicants can apply for a maximum amount of \$35,000 to pay for initial start-up expenses such as hoop houses to extend the growing season, essential tools, irrigation, delivery vehicles, and annual expenses such as seed, fertilizer, utilities, land rents, marketing, and distribution expenses. As financing needs increase, applicants can apply for an operating loan up to the maximum amount of \$300,000 or obtain financing from a commercial lender under FSA's Guaranteed Loan Program.

Small farmers often rely on credit cards or personal loans, which carry high interest rates and have less flexible payment schedules, to finance their operations. The microloan program will expand access to credit and provide a simple and flexible loan process for small operators.

The current interest rate for Microloans is 1.25 percent.

In addition to microloans, FSA offers several farm loan programs that provide funding to purchase land, livestock, equipment, feed, seed, and supplies, or can be used to construct buildings or make farm improvements.

Producers interested in applying for a microloan or other FSA farm loan program should contact their local Farm Service Agency office. In Wadesboro the FSA office is located at 1706 Morven Road. The telephone number is 704-694-3516.

Frosty Feet 5k Run/Walk in Uptown Wadesboro Sunday, February 3 • 2:30pm

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teammates or exercise buddies! This is sure to be a "fun run" and lots of prizes will be given away.

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County Veterans Met to Discuss Veteran's Council

A sense of pride, camaraderie and enthusiasm filled the Little Theatre in the Hampton B. Allen library on January 15. Nearly seventy-five veterans, spouses and interested person joined together to discuss the future of forming an Anson County Veteran's Council.

The meeting was opened with prayer led by Al Dean, followed by the Pledge of Allegiance led by Sherman Cash. Veteran's Affairs Officer Ted Ward enlightened those present with the mission statement and the purpose behind the formation of a council. A questionnaire was distributed for each person to complete and return by January 25.

The Anson County Veteran's Council is a not for profit veterans organization that is a coalition of county veterans, independent veteran organizations and their auxiliaries, and other patriotic groups united for the following purposes:

• To promote public services and activities honoring veterans on Memorial Day, Veteran's Day, and other patriotic holidays.

• To create and maintain a greater public awareness and interest in veteran's service to the community, state and nation.

• To select and publicly recognize an "Anson County Veteran of the Year."

To provide a forum for the identification and discussion of issues and actions that impact vet-

High School Majorettes and their performance trip to **Walt Disney** World

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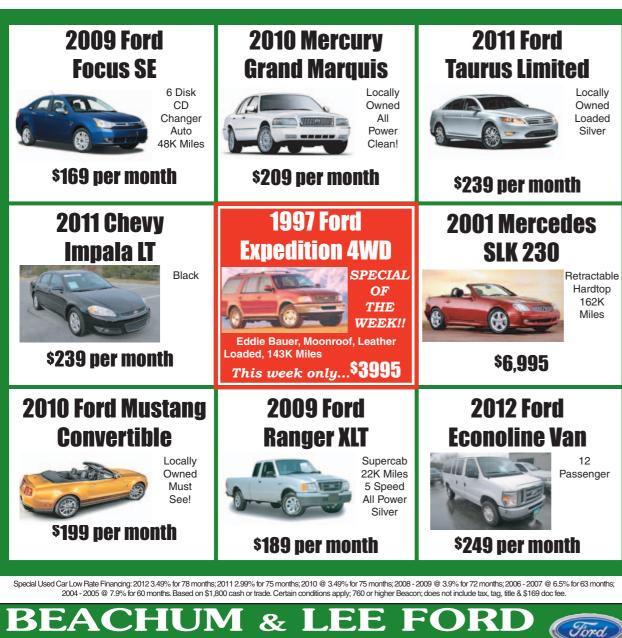
erans and their families.

• To host an annual veteran's legislative roundtable to inform veterans and their families on those matters affecting veterans on the federal, state, and local levels.

• To be a local non-participating forum for the North Carolina Department of Veteran's Affairs.

The next meeting will be held on Tuesday, February 19 at 6 p.m. at the Lockhart-Taylor Center, located on Washington Street in Wadesboro. A meal will be served, followed by the meeting. Officers will be elected at this meeting and the results of the questionnaires will be discussed

For additional information please call 704-694-3179 or write to PO Box 797, Wadesboro, NC 28170.



Highway 74 West in Wadesboro • Sales 704-694-4101 • Service 704-694-3104

Business is GREAT...There Must Be a Reason!

Learn How to Feel Better...Healthier...Happier

In a release from the Grace Senior Center: Living with or caring for someone with Diabetes can affect your quality of life. Our free, six-week Living Healthy with Diabetes workshop is designed to help you better manage your Diabetes and live a happier, healthier life!

You don't have to stop doing the things you love to do. The key to getting the most out of life is learning to manage your symptoms. No matter your situation, Living Healthy with Diabetes can assist you in taking control. This workshop will give the support you need to find practical ways to deal with your stress, discover better nutrition and exercise choices, and learn better ways to talk with your doctor and family about your health.

Living Healthy with Diabetes classes will be held at the Grace Senior Center, located at 199 Highway 742 South in Wadesboro, just past IGA. This is a six week class that is scheduled for every Thursday, from 1:30 to 4 p.m. It starts February 7 and runs through March 14. Class size is limited and registration is required. Call Rita Short at 704-694-6217 and start living healthy!

Free Movie is The Odd Life of Timothy Green

The movie The Odd Life of Timothy Green will be shown on Monday, January 28 at 10 a.m. in the Little Theatre of the Hampton B Allen Library. This movie is rated PG and stars Jennifer Garner, Joel Edgerton and CJ Green. The movie is free and open to the public and is being furnished to the library by Hometown Video. Please come and bring a friend.

If you have any questions or need additional information please call the library at 704-694-5177.

