

Girly Girls are Happy Girls so Give the Verve a Try!

“Girly Girl” is a catchy phrase now popping up as commonplace. But I proclaim to have been using the adage for years! Those in the know have avowed me of my girly girl status, one that I neither confirm nor deny. But I too assert all my sisters and girlfriends as such, when the proverbial shoe fits, that is. And whether that shoe is a pointy pump, sleek slide or a must-have Mary Jane it is of no consequence. What matters is that shoe shopping is big on her top ten list of matters to accomplish!

Of course, all of my gal pals are not of the girly girl persuasion. But those who are know it and aren't afraid to show it. To characterize a girly girl would be to say she is feminine, confronts style, and is sassy and chic. She loves pink and wears it without intimidation and with no limitation, but wears any color that makes her feel dynamic.

Girly Girls know how to stand, sit, bend, lift and pose, all while remaining immaculately poised and postured. They have their own stance, their own glance, and are unafraid to take that chance. They walk, sit and stand with their toes pointed gracefully, use many of the same mannerisms, and are frequently asked, “Are you of any relation to so-n-so?” not kindred of course!

Hands are another clear give away to the girly girl verve. It's all in the wrist and how it twists! Typically placed precisely upon her hips or by her side, thumb pushed toward

the floor for that added amount of posh necessary for this characterization. It's evident whether she's bowling, shopping, or exercising that a girly girl knows how to handle a handbag, bowling ball, or even a set of hand weights!

Do not misinterpret a girly girl with a femme fetal, prissy missy or one who regularly pitches a hissy. She is much too energetic to slow down for misguided fervor. Instead she'll busy herself with charities or community while demonstrating exquisite time management skills enabling her to be in three different places at once! Yes, girly girls are sometimes magical and mysterious. But those qualities only add to her ability to multitask!

I read somewhere that, “Pretty girls are happy girls.” But to the contrary I believe that, “girly girls are happy girls and happy girls are the prettiest girls in town.” So even if you don't believe yourself to be a girly girl you can still be a happy girl, therefore a pretty girl, and with a smile like yours, brighten up the most dimly lit room in the office, the home, or the entire mall! So keep smiling pretty-girly girls!

Now, after all of this grueling work I find myself pushing the computer aside and in need of immediate “retail therapy.” You girly girls know what I'm talking about but for those who don't, it goes something like this, “I may be under duress but I'm shopping through the pain!” Oh, and please take this piece as light heartedly as it was written.

By Melanie Morse