Cheraw Arts Commission February Exhibit and Opening at the Burr Gallery

The Cheraw Arts Commission presents "Remember Where You Come From" exhibit at the Burr Gallery during February. The exhibit features artwork by Chesterfield County artist Zachary Nivens. Included in the display are drawings, paintings, digital prints and skateboards. Zachary has created a concept skateboard brand called "Friday Comics" featuring vibrant vinyl graphics on skateboards. He attended Chesterfield High School and graduated from Francis Marion University in 2016 earning a Bachelor of Arts Degree.

The public is invited to an exhibit opening reception on Tuesday, February 6 at the Burr Gallery, from 5 to 7 p.m. The exhibit will be displayed during February at the gallery which is located at the Cheraw Community Center - 200 Powe Street-Cheraw. Gallery hours are Monday to Friday - 8:30 a.m. to 5 p.m. Contact the Cheraw Arts Commission 843.537.8420 x 12 for additional information.

You Can Participate in the Arts During February

The Cheraw Arts Commission has several opportunities to Participate in the Arts during February. Classes will focus on both the Visual Arts and Culinary Arts.

Cupcake Decorating sessions will be featured on Monday, February 12. Attendees will be provided all supplies to create edible art at 2 sessions. The morning session will be from 10:00 to11:30 a.m. An evening session will be offered from 6:00 to 7:30 p.m. The \$30 fee per session includes 1 dozen cupcakes, decorating supplies and a take home box. Space is limited. Pre-registration by February 9 is required. Call the CAC to register -843.537.8420 x 12. Instructor is Mary Lynn Watkins. Class will be in the Craft room at the Cheraw Community Center.

Beth Maier will offer For the Love of Cheraw on Tuesday, February 13. Participants can paint in either acrylics or oil creating a painting of Old St. David's Church in the impressionist style. The class is suitable for beginner or intermediate painters. The \$30 registration fee includes all supplies. The class will be held at the Cheraw Community Center from 9:00 a.m. to 12:00 noon.

Charleston artist Joyce Hall returns to Cheraw for a weekend oil painting workshop on February 23-25. The workshop is Flat Brush Impressionism and is suitable for both beginning and advanced artists. A supply list will be provided. Cost is \$200 for 3 days, with hours from 9 a.m. until 4 p.m. each day.

Contact the Cheraw Arts Commission for information about the classes at 843.537.8420 x 12. The CAC office is located at the Cheraw Community Center, located at 200 Powe Street.

Applications Open for Labor Department's Safety Awards

The N.C. Department of Labor has begun accepting applications from businesses that qualify for a workplace safety award. Safety awards are presented to companies throughout the year that have demonstrated above-average worker safety and health programs.

"Our safety awards program recognizes employers and employees that are committed to promoting safe work environments in their communities," state Labor Commissioner Cherie Berry said. "It is always a great honor to recognize those businesses and organizations that go beyond the standard, for a good safety record is something they can be quite proud of.

Businesses that qualify for the award must meet two requirements. They must be free of fatalities at the site for which they are applying. The site's injury and illness rate also must be at least 50 percent below that of their industry's average rate.

Award recipients will be honored in their communities throughout the state at safety awards banquets co-sponsored by the N.C. Department of Labor, local chambers of commerce and other organizations. For more information on the Safety Awards Program or to download an application, visit www.labor.nc.gov. The deadline for submissions is February 16.

Church News

FEBRUARY 2 - 4 Marriage Retreat

Sponsored by Divine Unity Church at Prince Resorts at Cherry Grove in N Myrtle Beach, SC w/guest speakers Bishop & Firsst Lady Cooper & Pastor McLendon. Married couples of all denominations invited. Info 704-475-9267

FEBRUARY 3

Free Community Soup & Sandwich Luncheon at Harris Chapel AME Zion sponsored by Deaconess Board, 11am-1pm. All are invited

FEBRUARY 10 **Building Fund Program**

At Red Hill MBC, 5:30pm w/gospel singing

Leadership Workshop Part 2 at Divine Unity Church, 11am. Open to all congregations. Lunch served. All are invited

FEBRUARY 11 Family & Friends Day At Madison Grove Baptist Church w/Rev Fred Leak at 11am & Dr. Billy Casey at 11:30am at Pathway to

2:30pm February Birthday Program at Johnson 704-695-1441 Chapel Holiness Church, 3:30pm w/Apostle Annette Ross. All are invited FEBRUARY 14

Poor Man's Supper At Lilesville Baptist Church, 5pm w/pinto beans, pota-

toes, fatback, cabbage & cornbread. Donations requested with all proceeds going toward world hunger FEBRUARY 14 - 16 Women of Fire

At Johnson Chapel Holiness Church. Different speakers at 7:30pm nightly FEBRUARY 17

Dinner Theatre

At Lemuel Center in 6:10-8pm at West Rocky Morven, served. All proceeds go to both adults and youth White Oak Grove MBC

FEBRUARY 24

Musical Program 'United We Stand' by Senior Ministry at New Grove MBC, 6pm. Area choirs invited. 1782 Poplar Hill Church Rd in Polkton

Events

NOW - JANUARY 31

Of Hooper Turner at the

Drake Gallery in the Arts

Art Showing

Council Office

FEBRUARY 3

FEBRUARY 25 **1st Anniversary**

Of Divine Unity Church, 3pm w/Bishop William Taylor of Johnson Chapel Church. Dinner served. All are invited

ONGOING

Brotherhood Meetings Every 3rd Saturday at N Wadesboro Church, 6pm. Bible study & meal, all men welcome Wednesday Intercessory

> Prayer at New Meltonville MBC, 6:30pm **Bible Study**

At Sneedsboro Church, Wednesdays, 6:30-7:30pm, everyone invited **Prayer Line**

Each Wednesday, Reaching the Lost Church of God from 7-8pm. Call 704-695-1842. Someone will be available to assist you and pray with you Sunday Youth Day Every 5th Sunday at Cedar Creek MBC

Bible Study Every Tuesday night at

7pm at Garris Grove MBC Victory in the Sanctuary Every Saturday

Peace, 11775 Hwy 109S, Peachland. Info

Tools for Christian Living Academy, fourth Saturdays, New Piney Grove Ministries, 6pm **Bible Study**

At Thomas Chapel AME Zion every Wednesday, 7pm

Gospel Aerobics

At Pleasant Hill A.M.E. Zion Church of Wadesboro, Tuesdays, 5:30pm, Bible Study from 6 to 7pm **Bible Study**

Every Tuesday at 7pm at Expected End Ministries **Bible Class** Wednesday Everv

5pm. Dinner Ford MBC. Classes for **Bible Study**

At Christ Chapel of Truth on Hwy 74E in Wadesboro, 6-7pm **Bible Study** Wednesday Every Poplar Springs MBC, 6-7pm

> register at 704-694-6616 MARCH 9 **Clover Crawl Social**

704-694-2214

Event for Anson County 4-11pm at Lockhart-Taylor Center. This adult event fea-At the Ansonia Theatre. Fri tures an evening of fun, food, dancing & great socializing. Tickets \$30 per person in advance, \$40 at the door. Tables for 8 \$300. Info & tickets 704-694-2915 Every Thursday at Anson

THE EXPRESS • January 31, 2018 • Page 4

The Church Calendar is Brought to You by These Sponsors



ADVERTISE HERE! Call The Express to find out how...704-694-2480

moderate income. Info & ment. Call 704-826-8129 **Free Movies**

Owner: Robbie Henry

4th Monday of the month at Hampton B. Allen Library, 10am. Info 704-694-5177

Afternoon Out

For ladies & gentlemen at Grace Senior Center each Monday from 2-4pm. Enjoy bingo & activites led by someone from the center. Register & info at 704-694-6616

Children's Group Meets County Domestic Violence Coalition, 5-6pm to discuss tle & Co, 5-6pm. Learn to For artist Elizabeth Schafer how to keep you & your

Hampton B. Allen Library, 1pm. Topic is Gangs & Opiod Use. Refreshments & materials provided. Info & register 910-627-1769 or connectionsfsp@gmail.com H & 4-H Youth Promise, 6-FEBRUARY 16 - 18 Annie the Musical

& Sat 7:30pm & Sun 3pm. Tickets & info 704-694-Families in Need at 4950

Burnsville Recreation & FEBRUARY 22 Learning Center, 9am-12 Square Foot

noon. Call 704-826-8737 Gardening Free seminar MARCH 18



50 Abbington Grove Circle

Highway 74 West at Highway 52 North

Wadesboro, NC 28170 704-851-4598

APPLICATIONS ACCEPTED AT THE SITE OFFICE

Monday • Wednesday • Friday 8am to 4:30pm

2 & 3 BEDROOM APARTMENTS

• Carpet	•Totally	• Laundry Facitily
• Stove	Electric	On Site
• Refrigerator • Dishwasher • Microwave • Blinds	• Central Heat/Air • Washer & Dryer Connections	• Playground • Garbage Pick-Up Services Provided • Smoke Free Community

The Fair Housing Act prohibits discrimination in real estate related transactions, or in the terms of conditional of such a transaction, race, color, religion, sex, disability, familial status, or national origin. The Federal agency that is responsible for enforcing this law is the U.S. Department of Housing and Urban Development. If a person believes that they have been discriminated against in violation of this law, they should contact the U. S. Department of Housing and Urban Development, Washington, DC 20410 or call (800) 669-9777.

Accessible Units

TDD Relay # For Hearing Impaired: 711

Reasonable Accommodations HOUSING CHOICE **VOUCHERS ACCEPTED**

for eligibility info & details FEBRUARY 13 Soup Luncheon

Free Groceries for

Βy Anson League, Homemade vege soup, toasted cheese sandwich, Annie the Musical drink & dessert for only \$7. At the Ansonia Theatre. Fri At Grace Senior Center for Center, 704-695-1031 At First Baptist Church, Tickets & bulk orders call 4950 704-695-5373 FEBRUARY 15

by John Marek at H.W. Lit- Reception grow more in less space with at the Drake Gallery. Open children safe 704-694-4499 Women's least work. Refreshments, to the public. Info 704-694-11am-1:30pm. prizes & special offers **FEBRUARY 23 - 25** & Sat 7:30pm & Sun 3pm. Lee Ave in Wadesboro. Tickets & info 704-694-

- MARCH 7
- Free Tax Help

ONGOING EVENTS Ansonville Museum Family Support Group At Grace Senior Center for Ansonville Historical Society anyone concerned with

seniors over 60 of low or

moderate income. Info &

register at 704-694-6616

MoMs Meeting

Support group for mothers of multiples, third Tuesdays, 6:30pm, Lockhart-Taylor

Family Caregiver Support Group

First Mondays, 7-8:30pm, Peachland United Methodist Church Fellowship Hall, Connections meets at seniors over 60 of low or Museum open by appoint- Alzheimer's disease invited

Flu Shots are Available Now at the Health Department

4950

APRIL 4

Free Tax Help

The 2017-2018 flu season is rapidly approaching, and you may be undecided about whether to get the flu shot. The New England Journal of Medicine reports that receiving your yearly flu shot is a heart smart move. The Journal reports that the odds of having a heart attack are increased five fold in the first three days of diagnosis of influenza. Infection triggers an inflammatory response throughout the body that causes a narrowing of arteries and stresses the heart.

The Centers for Disease Control and Prevention (CDC) recommends vaccination before December to ensure that protective antibodies are in your system before flu activity is typically at its highest. The CDC continues to encourage vaccination throughout the flu season, which may begin as early as October and last through May.

While the CDC's Advisory Committee on Immunization Practices (ACIP) recommends everyone over the age of 6 months should get the flu vaccine each season, it is especially important for the following high risk groups:

- Pregnant women
- Children younger than 5, but especially children younger than 2 years old
- People 50 years of age and older
- People of any age with certain chronic medical conditions
- People who live in nursing homes and other long-term care facilities
- People who live with or care for those at high risk for complications from flu, including:
- Health care workers
- Household contacts of persons at high risk for complications from the flu
- Household contacts and out of home caregivers of children less than 6 months of age

The Anson County Health Department has Flu shots (influenza vaccine) for the 2017-2018 season available now. Flu shots will be available by appointment only Monday through Friday. Flu shots are free for uninsured children 18 years old and younger, or uninsured pregnant women. Most major insurances are accepted.

If you have any questions, or to schedule your appointment, please call Anson County Health Department at 704-694-5188. The Health Department is on Facebook: Anson County Health Department.

Respiratory Etiquette - Stop Germs at the Source

Here are a few tips for those suffering from a cold, to not impose on others around them.

- 1) Cover your mouth and nose with a tissue or your upper sleeve when you cough or sneeze.
- 2) Do not cover your mouth or nose with your hands when you sneeze.
- 3) Always place your used tissue in the waste basket.
- 4) You may be asked to put on a surgical mask to protect others.
- 5) Coughing persons should sit at least three feet away from others.
- 6) Regularly wash your hands with soap and water or clean with alcohol-based hand cleaner.