

1752  
Bulk Rate  
U.S. Postage  
PAID  
Permit # 49  
Wadesboro, NC  
28170  
Postal  
Customer

# THE EXPRESS

205 West Morgan Street • Wadesboro, NC 28170 • 704-694-2480 • [TheExpressNews@gmail.com](mailto:TheExpressNews@gmail.com) • [www.TheExpressNewspaper.com](http://www.TheExpressNewspaper.com)

Serving Anson County and the Municipalities of Ansonville, Lilesville, McFarlan, Morven, Peachland, Polkton and Wadesboro.

## 3rd Annual Ansonia Theatre Awards Gala is this Friday!

The Ansonia Theatre invites you to join them on Friday, February 10 at 7:30 p.m. for a night of celebration as they recognize excellence from the 2021-2022 season.

If you haven't been to one of their award shows then you are absolutely missing out on one of the most magical nights ever! Awards will be given away for standout performances from the 2021-22 Season. They will look back at some of the best musical selections from last season and have a preview of what's coming up this year. Tickets are only \$10 for general seating. Best of all, Glenn Caulder and Donnie Lewis are back as your co-hosts!

The nominees will be announced soon! Stay tuned for ticket availability.

The Ansonia Theatre is located at 112 South Rutherford Street in uptown Wadesboro. The telephone number is 704-694-4950, the website is [ansoniatheatre.com](http://ansoniatheatre.com).



## Dr. Martin Luther King, Jr. Memories Honored at BRLC

This is a release from Burnsville Recreation & Learning Center: Burnsville Recreation & Learning Center, along with supporting citizens, honored the memories and life of Rev. Dr. Martin Luther King, Jr. on Monday January 16. This annual celebration started with lunch at 12:00 noon. The meal consisted of homemade vegetable soup, crackers, nachos, homemade apple cobbler and beverages. The lunch, available to all in attendance, was prepared and donated by BRLC's volunteers. Volunteers who served were Deloris Hammond, Gwen Reece, Brenda Benton and Margaret Horne.

At 1:00 p.m. the celebration activities commenced with opening remarks by Mr. Allen Jackson who served as emcee for the occasion. Jackson is also Director of Parks and Recreation of Union County. His opening words

reminded the audiences of the importance of this annual celebration.

Sixty years have passed since Dr. King's "I Have a Dream" speech, and it is continuing to be unveiled in the lives of many. This celebration program centered around the "I have A Dream" speech. The Kids Café afterschool students and staff performed a skit using posters and recitation. Songs, prayers and scriptures were given by guests during the course of the celebration. Also, several local pastors, community leaders, community youth and local business representatives shared educational moments.

Mrs. Lula C. Jackson, Director of Anson County Department of Social Services, was the guest speaker. Mrs. Jackson shared how better opportunities have been made available for the disadvantaged populations. Through the struggles and oppression that was endured by many, the civil rights movement has shone a light on many injustices. Jackson was raised on Race Track Road in the Burnsville Community. She is the first African American to serve as Director of the Anson County DSS.



## Anson Schools Superintendent McLean Releases Statement About Altercation at Anson High School

This is a statement by Anson County Schools Superintendent Howard McLean regarding a student altercation at Anson High School on January 31:

On January 31, 2023, two students were involved in an altercation at Anson High School. Principal Chris Stinson, together with a school resource officer, had met with the two students shortly before the altercation to try to defuse a situation between them. Both students had indicated that they understood there was to be no altercation and agreed there would not be one. Not long afterwards, one of the students attacked the other in the midst of a large crowd of students gathering for release at the end of the school day and for a ballgame. Principal Chris Stinson was very near to the students and immediately tried to break up the fight. He used what appeared to be reasonable force to try to separate the two students and was struck in the jaw while doing so. Principal Stinson pulled the student who initiated the fight away from the other student while that student was still resisting.

Mr. Stinson appeared to be under control throughout the situation and is specifically authorized by law to use reasonable force to control behavior or to remove a person from the scene in situations when it is necessary to quell a disturbance threatening injury to others, for self-defense, for the protection of people or property, or to maintain order on educational property. School employees are expected to act to intervene in altercations between students and to act appropriately when doing so.

In videos of the incident, Mr. Stinson clearly has his arm across the student's shoulders, from behind, and under his chin, but he denies choking the student. The student did not complain of being choked during the incident, after the incident, or at any time when he was detained by school resource officers following the incident.

The school investigation is ongoing, as is the investigation by the Wadesboro Police Department.

Mr. Stinson is a highly respected and valued school administrator who acted quickly to break up a fight and to prevent further injury to a student who had been attacked.

## Medicare Beneficiaries Advised How to Respond to Recent Federal Data Breach

NC Insurance Commissioner Mike Causey and SHIIP, the Seniors' Health Insurance Information Program, are asking North Carolinians enrolled in Medicare to be on the lookout for legitimate correspondence by mail from the Centers for Medicare and Medicaid Services (CMS).

In mid-December, CMS issued a press release responding to a data breach from a third party contractor, Healthcare Management Solutions, LLC (HMS), that may involve Medicare beneficiaries' personal information.

While there are over 64 million Medicare recipients nationwide, this recent data breach incident has the potential to impact only up to 254,000 Medicare beneficiaries. CMS reports that it is not aware of any reports of identity fraud or improper use of information as a direct result of this incident. In the meantime, existing Medicare cards can still be used.

CMS will be notifying beneficiaries whose information may have been put at risk due to the breach by letter in the coming weeks. Those persons affected will receive an updated Medicare card with a new Medicare identification number, be offered free-of-charge credit monitoring services and will provide additional information about the incident.

"Those seniors receiving Medicare benefits should be on the lookout for correspondence from the federal government regarding this incident," Commissioner Causey said. "I urge those that do receive letters in the mail to take action and ensure their information is secure."

**What You Can Do** After you get your new card, you should:

1. Follow the instructions in the letter that comes with your new card.
2. Destroy your old Medicare card.
3. Inform your providers that you have a new Medicare Number.

For assistance with Medicare questions, contact NC SHIIP at 1-855-408-1212 Monday through Friday from 8 a.m. to 5 p.m. to speak to a SHIIP counselor. SHIIP counselors are not licensed insurance agents. They do not sell, endorse, or oppose any product, plan or company. If you have questions about your specific plan, we encourage you to contact your insurance agent or insurance company.

## Black History Month: Some Carolinas History

From the Marshville Museum & Cultural Center

- The first African-American to practice medicine in South Carolina, Dr. Matilda Arabella Evans was born in 1872 in Aiken, South Carolina. She graduated from the Women's Medical College of Pennsylvania in 1897 and then returned to South Carolina to practice medicine. Dr. Evans practiced obstetrics, gynecology, and surgery, caring for both black and white patients. She treated the sick in her home until she established the Taylor Lane Hospital, the first black hospital in the city of Columbia.

- An African-American writer from Edenton, North Carolina who escaped slavery and was later freed, Harriet Ann Jacobs remains best known for writing *Incidents in the Life of a Slave Girl*, one of the first books to address the struggle for freedom by female slaves. Jacobs escaped a sexually harassing owner, hiding in her grandmother's attic for 7 years before making it to New York and becoming free under its gradual abolition law. After its initial release during the Civil War, the novel was rediscovered in the 20th century as an autobiographical work documenting the many events and people in her lifetable in the city of Columbia.

- Born on a cotton plantation near the town of North, South Carolina as an out-of-wedlock child, Eartha Kitt defied expectations after being given away by her mother at age 9. Kitt quit high school at age 15 to work in a Brooklyn factory, living in friends' homes and even on the subway. By the 1950s, however, she was thrust into the spotlight with her impressive singing and dancing talent. She soloed in a Paris nightclub, becoming the toast of the continent. Kitt went on to secure her most remembered role as Catwoman for the third and final season of the television series *Batman* in 1966.

- Prolific singer-songwriter Roberta Flack, from Black Mountain, North Carolina, is the first artist to have ever won two consecutive Grammy Awards for Record of the Year for *The First Time Ever I Saw Your Face* and *Killing Me Softly*. Initially interested in becoming a concert pianist, Flack entered Howard University at age 15 with a full music scholarship. With songs ranging from jazz, folk, soul, and R&B, Roberta Flack's work earned her a star on the Hollywood Walk of Fame in 1999.

- Mary Jane Patterson was born into slavery in Raleigh, North Carolina in 1840. The daughter of fugitive slaves, she went on to become the first African-American woman to receive a college degree when she graduated from Oberlin College in 1862. Patterson went on to have an illustrious teaching career and was a mentor to many African-American women.

- Born in 1933 in Tryon, North Carolina, Nina Simone was an iconic singer-songwriter and influential Civil Rights activist. Beginning in the early 1960s, Simone wrote countless protest songs as an outcry to address racial inequality. Known for her fiery temper and outbursts, Simone left a considerable collection of songs that remain popular today.

- Born in Saint Matthews, South Carolina in 1965, award-winning actress Viola Davis began her career on Broadway after graduating from Julliard in 1993. She has won awards for *King Hedley II* and *Fences* on Broadway and for her film roles in *Doubt*, *The Help*, and the film adaptation of *Fences*. Since 2015, she has starred in the TV drama *How to Get Away with Murder*, earning her the designation as the first black woman to win a Primetime Emmy Award for Outstanding Lead Actress in a Drama Series.

## David Kiser Hands of a Sportsman Event is Saturday

Hands of a Sportsman is hosting the 3rd annual David Kiser Memorial Pheasant Hunt on Saturday, February 11 at Devil's Rib Preserve, located at 2466 Peachland Polkton Road in Peachland. This free event is open to the public.

Youth and any life challenged hunter may register.

Lunch will be served around 12 noon and will be followed by an auction. All funds raised will go to furthering the mission of Hands of a Sportsman who provide outdoor adventures to anyone who might not otherwise get the opportunity, including youth, disabled youth and adults, and veterans.

More information is available at [www.handsofasportsman.org](http://www.handsofasportsman.org).

Hands of a Sportsman and the Kiser family would like to thank all of the sponsors, volunteers and donors who have worked to make this day possible.

## Anson Mobile Market is February 16

The Anson Mobile Market will be held on Thursday, February 16 at 10 a.m. on the Square in uptown Wadesboro. This is an event that will afford the citizens of Anson County to receive six to eight different types of fresh produce monthly.

This is a free initiative, so please stop by and get some produce.

This event is to assist in the scarcity of fresh, healthy food in the county.

## Anson Extension ECA Spaghetti Plate Sale is this Friday

The Anson Extension Community Association (ECA) (formerly known as the Extension Homemakers Clubs) will be hosting their first annual Spaghetti Plate Sale! The sale will be held at the Anson Extension Office, located at 501 McLaurin Street in Wadesboro, on Friday, February 10, from 11:00 a.m. to 2:00 p.m. The cost of the plates is \$10 and will include spaghetti, salad, garlic bread and a drink. Tickets for the plates must be purchased by this Friday, February 3. Deliveries are limited to businesses and schools only with a minimum order of 10.

County Extension Director Roshunda Terry said, "The North Carolina Extension & Community Association, formerly known as the Extension Homemakers Association, is an adult volunteer organization that works within the communities to empower families and individuals to improve their quality of life. Our mission is to strengthen families through: Leadership Development."

## School Board Meets February 20 to Discuss New Middle School Project

The Anson County Board of Education will hold a called meeting on Monday, February 20 at 4:00 p.m. for the purpose of discussing bid options for the new middle school project. The meeting will be held in the Anson County Schools' Administrative Board Room located at 320 Camden Road in Wadesboro.

The Express is on the web at [www.TheExpressNewspaper.com](http://www.TheExpressNewspaper.com)

## February is Heart Awareness Month

Your heart is the main organ of your cardiovascular system, a network of blood vessels that pumps blood throughout your body. It also works with other body systems to control your heart rate and blood pressure. Your family history, personal health history and lifestyle all affect how well your heart works.

Heart conditions are among the most common types of disorders affecting people. In the United States, heart disease is the leading cause of death for people of all genders and most ethnic and racial groups according to Cleveland Clinic.

**Common conditions that affect your heart include:**

- Atrial fibrillation (Afib): Irregular electrical impulses in your atrium.
- Arrhythmia: A heartbeat that is too fast, too slow or beats with an irregular rhythm.
- Cardiomyopathy: Unusual thickening, enlargement or stiffening of your heart muscle.
- Congestive heart failure: When your heart is too stiff or too weak to properly pump blood throughout your body.
- Coronary artery disease: Plaque buildup that leads to narrow coronary arteries.
- Heart attack (myocardial infarction): A sudden coronary artery blockage that cuts off oxygen to part of your heart muscle.
- Pericarditis: Inflammation in your heart's lining (pericardium).

For more information, contact Katia Vanderhorst at the Anson County Health Department at (704) 994-3387.

## Black History Celebration Event

Harvest Ministries Outreach Center invites everyone to their Black History Celebration on Sunday, February 26 at 10:30 a.m. The theme is "A Heritage of Unshakable Faith." Featured speakers will be Kim Marsh-Murrell, Roger Hailey. HMOC founders are Pastor Tim and First Lady Brenda Adams. Lead Pastors are Pastor Steve and Lady Lyndsey Adams.

Harvest Ministries is located at 1134 East Caswell Street in Wadesboro, behind McDonalds. The telephone number is 704-695-2879 and the website is [harvestmin.com](http://harvestmin.com).

## Music Program on February 13 at the Hampton B. Allen Library

Hampton B. Allen Library invites you to a musical program presented by Carol Rogers High and Dr. Amy Jarman Horne on Monday, February 13 at 10:30 a.m. in the Little Theater. Come enjoy the beautiful music.

Any questions please call 704-694-5177.