



HAPPY VALENTINE'S DAY SPECIAL
LA FOGATA STYLE DINNERS
SEAFOOD & STEAK DINNERS
ALL \$1 OFF Includes soft drink
Cannot be combined with coupon
 Valentine's Day Only February 14, 2016

BUY 1 LUNCH OR DINNER GET 2ND FOR 1/2 PRICE!
 Any Menu Item Bring Coupon
Expires 2-29-2016

LA FOGATA

MEXICAN RESTAURANT

1214 East Caswell Street • Highway 74
 704-694-4919 • Fax 704-694-2679

Carolinas HealthCare System Mobile Medical Unit Schedule

The Carolinas Health-Care System Mobile Medical Unit will visit the locations below during February:

- Wednesday, February 10 at Ansonville Fire Department 9am-1pm
- Friday, February 12 at Peachland 9am-1pm
- Monday, January 15 at Glennie Bennett Community Center Morven 9am-1pm
- Friday, February 19 - Polkton Depot 9am-1pm
- Monday, February 22 at Burnsville Fire Department 9am-1pm
- Friday, February 26 at Grace Senior Citizen Center 9am-1pm



HAPPY VALENTINE'S DAY!!!

ANSON FAMILY OPTOMETRIC, PLLC.

Accepting New Patients
 We Accept Most Insurances
 Call for an appointment today



Holly Allison Kiker, OD

1134 Holly Street in Wadesboro (On Hwy 74 across from Forbes Jewelers)
 Mon-Thurs 8:30-5 & Friday 8:30-12:30 704-694-3618



Hightower Ice & Fuel Company

Back in 1932, Foyle Hightower, Sr. began the "ice making business" in downtown Wadesboro. Not only did he have the big 300 pound "cakes of ice" at \$1.50 to deliver to homes and businesses, but he, Hank Wall and Lightnin' Gaddy also delivered bags of coal - or a pick-up load - depending on the need.

In later years he bought out the Carolina Ice and Fuel Company that was located on South Rutherford Street in Wadesboro - between what was then the Rose-Gathings Furniture Company and Mr. Vic Fenton's Tin Shop. Hightower's operation was moved to this building.

As the years passed, in 1965 Foyle and Hank Wall added LP gas sales and service (you see, coal was not in as much demand, was dirty and messy too). Foyle, Jr., by this time, was going into the military (1966). He came back home after service, getting interested in politics - well, you know some of the story now. Foyle served our area from 1970 to 1998 in the NC House of Representatives.

During all that time things kept on in the "ice and LP gas" business. They built a new facility on Stanback Ferry Road, where the expanded business still is.

The above picture is a truck that I lettered on October 16, 1987, with Foyle, Jr. and Tim Jenkins standing beside - not working - just standing!

The old Rutherford Street building has some stories to tell. It was remodeled some, I rented the old part (McBride's Radio-TV-Signs), Maxwell & Maxwell, NC Natural Gas, B&B Pest Control, Hammond's Cleaners - are some of the other tenants.

So many years, so many memories, so many happenings!



Don't let leg pain slow you down.

Pain	Discoloration
Aching	Burning Sensation
Numbness	Swelling

Are all symptoms of Peripheral Arterial Disease (PAD)

One in every 20 Americans over the age of 50 suffers from PAD - a condition caused by plaque or fatty deposits in the arteries that limit blood flow to the legs and feet. This puts them at greater risk for heart attack, stroke and limb loss.

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 Now Accepting New Patients

Call (704) 226-0531 for your PAD assessment today!