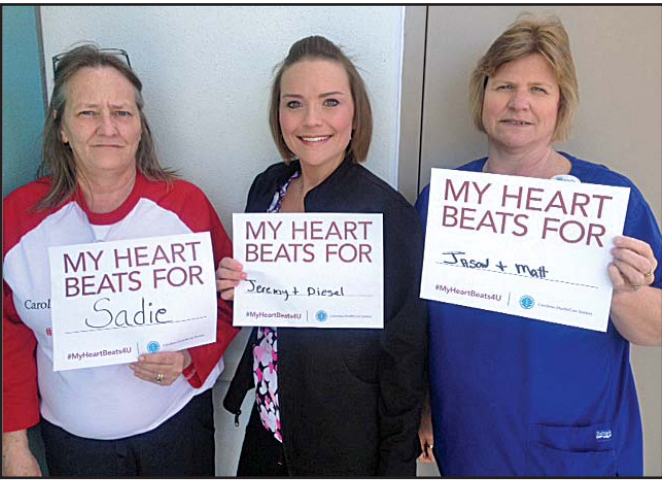


# Carolinas HealthCare System-Anson Celebrates Heart Health Month

February is heart health month, a time to raise awareness for heart disease. In the United States, heart disease is the leading cause of death in both men and women. More than 1 million people are hospitalized for heart failure each year - a disease which can often be reversed or prevented through lifestyle changes.



During this month and beyond, physicians at Carolinas HealthCare System's Sanger Heart & Vascular Institute are committed to educating the community around ways to stay heart-healthy, as well as increasing awareness for heart disease.



To build on the education, Carolinas HealthCare System has launched a campaign encouraging people to share what motivates them to stay heart healthy, both in February and all year long, through engaging with the hashtag "#MyHeartBeats4U" on social media.



are showing their support for heart health month by wearing red and sharing what their heart beats for. The community is also encouraged to get involved and help bring awareness for heart disease by sharing what their hearts beat for this month. Here's how to do it:

- Download a sign from [CarolinasHealthCare.org/HealthyHeart](http://CarolinasHealthCare.org/HealthyHeart)
- Fill in the blank line on the back of the card with whatever motivates them to keep a healthy heart every day.
- Take a picture posing with the completed sign.
- Post the photo to any social media site - Facebook,

Twitter, Instagram - using the hashtag #MyHeartBeats4U in the caption.

The Carolinas HealthCare System-Anson teammates are pictured here. Carolinas HealthCare System ([carolinashalthcare.org](http://carolinashalthcare.org)), one of the nation's leading and most innovative healthcare organizations, provides a full spectrum of healthcare and wellness programs throughout North and South Carolina. Its diverse network of care locations includes academic medical centers, hospitals, freestanding emergency departments, physician practices, surgical and rehabilitation centers, home health agencies, nursing homes and behavioral health centers, as well as hospice and palliative care services. Carolinas HealthCare System works to enhance the overall health and well-being of its communities through high quality patient care, education and research programs, and numerous collaborative partnerships and initiatives.

## "Hidden Gem in Your Community" Events

### Highlight SPCC's Value to Anson and Union Counties

South Piedmont Community College's Institutional Effectiveness & Research department is hosting two free events this week to spotlight the college's many opportunities and services. "The Hidden Gem in Your Community," with events in Wadesboro and Monroe, will highlight South Piedmont's many educational and community outreach efforts, including curriculum and continuing education programs, distance learning opportunities, the Small Business Center, support programs for the unemployed and underemployed and services for intellectually challenged adults.

The Anson County event took place on Tuesday. There will be another on Thursday in Union County. It is open to the public and will include prize drawings, interactive games and activities, and light refreshments. Here are the details: Thursday, February 19, 4 to 8 p.m. at the Old Charlotte Highway Campus (Building A, Salon B), located at 4209 Old Charlotte Highway in Monroe.

The featured speaker at 5:30 p.m. will be Dr. Meg Gibson, whose interactive presentation "Coaching Your Way to Success," will guide participants through basic principles of developing the leader within by tapping into their internal power to achieve success in all aspects of life.

South Piedmont Community College began in 1962 as the Ansonville Education Center and has grown steadily since. SPCC now enrolls more than 11,000 students annually.

For more information contact Jill Millard, Associate VP for Planning & Institutional Effectiveness, at [jmillard@spcc.edu](mailto:jmillard@spcc.edu) or (704) 290-5887.

## Parks and Rec Youth Little League Baseball & Softball Registration

Dixie Youth Little League Baseball will be offered by Anson County Parks and Recreation for ages 9 to 12. Players' age is determined by May 1, 2015. There are two possible age divisions, and the cost is \$25 per person. Games are possible in Anson, Stanly and Montgomery Counties.

Dixie Youth Girls Softball will be offered for ages 4 to 18. Players' age is determined by January 1, 2015. There are six possible age divisions, and the cost is \$25 per person. Games are possible in Anson, Stanly and Montgomery Counties.

You can register at the Parks and Rec office at Little Park, and the deadline is March 2. Also, there will be registrations on the dates below, from 3 to 5 p.m. each day:

- February 18 at Lilesville Elementary School
- February 19 at Wadesboro Elementary Gym
- February 24 at Morven Elementary School

For more information contact Wendell Small, CPRP at 704-694-5868 or email [wsmall@co.anson.nc.us](mailto:wsmall@co.anson.nc.us).

## "Get Back Into Motion" Arthritis Exercise Program

Are you an adult age 55 or older with any type of diagnosed Arthritis? The Arthritis Foundation exercise program Get Back Into Motion will help those who have joint and/or muscle problems. Achieve improved joint mobility, muscle strength and endurance in order to improve the performance of your daily activities.

You are invited to join Grace Senior Center's free 1-hour Arthritis Foundation exercise program, held twice a week for eight weeks. Learn basic arthritis self-management from a certified instructor. Learn basic principles of exercise and of joint protection. Learn tips for managing stress and pain, and how to make exercise a daily routine. Exercise and strengthen your body, educate yourself and become more active and stress free. Classes will begin March 3 and run through April 23. They are held on Tuesdays and Thursdays, 10 to 11 a.m. at Grace Senior Center. Please call Wanda Tablert for more information and to register at 704-694-6616.

## MARTIN FURNITURE FACTORY OUTLET

Highway 74 West in Wadesboro • 704-694-3185

### ANSON COUNTY TAX OFFICE JOB POSTING LEAD TAX TECHNICIAN

**Grade 63 Hiring Rate \$26,815**

Anson County Tax Department is seeking a qualified individual to serve as Lead Tax Technician. This position organizes and oversees the work of a small staff responsible for assisting the public in listing taxes, appraising business personal property, automobiles, boats, mobile homes, farm equipment, and the mailing of tax bills, etc. and is directly responsible for the tax exemption and deferral programs

**Description of Work** Duties include, but are not limited to, ensuring accurate and timely listing of taxes, maintaining accurate tax records and ensuring accurate and equitable valuations of property, including personal, business personal and vehicles. This position is directly responsible for determining eligibility for senior and disabled exemptions, and agricultural, horticultural, forestland and historical deferral programs. Work involves calculating deferrals and calculating taxes owed on property removed from deferral programs. This position does data entry for tax records, performs necessary procedures for interfacing our computer system for billing and updating our CAMA system. This position also spends considerable time acting as review officer for maps and plats prior to recording.

Work involves extensive public contact and requires the individual to interpret tax laws, regulations, and assessment procedures, and to handle and resolve a variety of sensitive issues and complaints. Independent judgement and initiative are required as well as considerable tact, courtesy and diplomacy must be exercised when dealing with the public on sensitive and controversial issues.

Work is performed under the supervision of the Tax Assessor and is reviewed through conferences, records and reports and feedback from the public.

**Minimum Education and Experience** Graduate from an accredited college or university with an Associate's degree in business, accounting, or related field. Considerable experience in listing or assessing taxes or related experience, or an equivalent combination of education and experience.

**Applications will be accepted through Wednesday, February 25, 2015**

An Anson County Government Application must be completed and sent to:

**Larry Newton**  
Anson County Tax Assessor  
101 South Greene Street, Suite 105  
Wadesboro, NC 28170

Pre-employment drug/alcohol testing and criminal background check required.

**Anson County does not discriminate on the basis of race, color, sex, national origin, religion, age or disability in employment or provision of service.**

THE SIGN AND RIDE EVENT

- 0 DOWN PAYMENT
- 0 DUE AT SIGNING
- 0 1st MONTH'S PAYMENT

2015 FUSION SE  
\$259/MO.

After \$1,575 Cash Back on Fusion SE

Go Further  
Carolina Ford Dealers  
[YourCarolinaFord.com](http://YourCarolinaFord.com)

2015 Fusion SE Not all buyers will qualify for Ford Credit Best CapLease. Payments may vary; dealers determine price. Residency restrictions apply. First month's payment paid by Ford. Fusion SE MSRP \$22,999. Cash Back Offer: \$1,575 Cash Back (Fusion SE). Cash Back Offer: \$1,575 Cash Back (Fusion SE). Cash Applied at Start-Up. Excludes Fusion Energi/MyFord. Take new retail delivery from dealer stock by 2/25/2015. See dealer for qualifications and complete details.

## BEACHUM & LEE'S

# WINTER SPECIAL

WITH TEMPERATURE DROPPING  
SO ARE OUR PRICES

<p><b>2014 Ford Taurus Limited</b> 12k Miles, 2.0L I4 Turbo, Auto <b>\$25,605</b></p>	<p><b>2014 Ford Escape SE</b> 28k Miles, 2.0L I4 Turbo, Auto <b>\$20,975</b></p>	<p><b>2013 Ford Fusion SE</b> 31k Miles, 2.5L I4 <b>\$19,365</b></p>	<p><b>2013 Ford Edge SEL</b> 25k Miles, 3.5L V6, Auto <b>\$28,115</b></p>
<p><b>2013 Ford F-150</b> Crew Cab, 59k Miles, 5.0L V8 <b>\$23,000</b></p>	<p><b>2008 Chevrolet Silverado 1500</b> Ext Cab, 5.3L V8, Auto <b>\$15,675</b></p>	<p><b>2008 Ford F-250</b> Reg Cab, 5.4L V8 <b>\$15,850</b></p>	<p><b>2006 Ford Ranger</b> 3.0L V6 <b>\$8,000</b></p>
<p><b>2012 Ford Focus SE</b> Only 19k Miles, 2.0L I4 Flex Fuel <b>\$14,714</b></p>	<p><b>2013 Ford Expedition</b> 23k Miles, 5.4L V8 <b>\$31,250</b></p>	<p><b>2006 Chevy TrailBlazer</b> 89k Miles, 4.2L I6, Auto <b>\$8,000</b></p>	<p><b>2009 Toyota Camry</b> 119k Miles, 2.4L I4 <b>\$6,310</b></p>

Special Used Car Low Rate Financing: 2014 & 2013 3.99% for 78 months; 2012 4.49% APR for 75 months WAC; 2011 4.99% for 72 months; 2010 @ 5.99% for 66 months; 2008 8.99% for 63 months; 2006 - 2007 9.9% for 54 months; 2004 - 2005 10.9% for 48 months. Based on \$1,800 cash or trade. Certain conditions apply; 720 or higher Beacon; does not include tax, tag, title & \$169 doc fee.

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