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#### Mr. Bruce **Everette Waddell**

Bruce Everette Waddell, 70, died Thursday, February 13, 2020, at The Hermitage in Rocking-

Services were held on Sunday, February 16, 2020, by the graveside in Brown Creek Baptist Church Cemetery.

Bruce was born April 26, 1949, in Anson County, a son of the late Fred Lee Waddell and the late Katherine Story Waddell.

He was a 1967 graduate of Wadesboro High School and attended Appalachian State University. During high school, Bruce was quite the football player and wrestler. He worked for a number of years as a sales associate

Store in Wadesboro. He was a member of Brown

Creek Baptist Church. Surviving are his sisters, Leigh Wagner (Mike) and Freddie Holley, all of Wadesboro; his nephews and niece, Michael Wagner of Cornelius, John Wagner of Wadesboro. James Michael Martin of Asheboro, Charles Holley (Ashleigh) and Mary Katherine Holley, all of Lilesville; his great-niece and nephews, Maddie Martin, Miles Wagner, Max Griffin and Palmer Hendley; his aunt, Ruth Waddell Hickman of Wadesboro; and a very special cousin, Lula Ann Davis of Wades-

In lieu of flowers, memorials may be made to Creek Baptist Church, 4210 NC 742 N. Wadesboro, NC 28170.

The arrangements were in care of Leavitt Funeral Home. Online condolences may be made at www.leavittfh.com.

#### Mrs. Harriet **Seawell Usrey**

Mrs. Harriet Seawell Usrey, 82, of Little River, SC and formerly of Lilesville, died Monday, February 10, 2020, at her home with her daughters at her bedside.

There was a service to

celebrate Harriet's life on Saturday, February 15, 2020, in the Chapel of Leavitt Funeral Home in Wadesboro with Mr. Ken Caulder officiating. A private Inurnment took place in Anson Memorial Park.

There will also be a memorial service at 3:00 p.m. on Thursday, February 20, 2020, at Ocean Drive Presbyterian Church, with a reception following the service. Harriet was born No-

vember 1, 1937, in Anson County, and was a daughter of the late Harry LaFayette Seawell and the late Dorothy Young Seawell. She was a 1954 graduate of Lilesville High School and a graduate of Virginia Women's Junior College. She worked at B.V.

Hedrick for a number of years prior to becoming employed with Anson County Schools, first as a teacher's assistant Lilesville Elementary School, and retiring as the Administrative Assistant to Superintendent of Schools. Her career with Anson County Schools spanned 32 years.

minded and was active in Lilesville Civic Builders Club, Anson County Chapter of the American Heart Association, Anson County Booster Club, and various other activities in Anson

Harriet was very civic

She grew up as a member of Wade United Methodist Church,

which she was very grateful for. Later she joined Gum Springs Baptist Church in Lilesville where she was an active member and especially loved singing in the choir.

Following her retire-

ment, she and her husband moved to Little River, SC to be near their grandchildren. It was then that she would soon become active in her new home community. She volunteered at West Brunswick High School, the Good News Club with Little River United Methodist Church, which is an after school program that shares the good news of Christ with children at Waterway Elementary School, and she was a member of the All City Choir in North Myrtle Beach. She was a member of Ocean Drive Presbuterian Church where she sang in the choir.

band of soon to be 58 years, Fredrick Usrey; her daughters, Allison Usrev (C. L. Lathan) of Hamlet and Ashley Speckman (Chris) of North Myrtle Beach, SC; her grandchildren, who affectionately called her, GiGi, Sydney Bellamy, Ellory Speckman and Avery Speckman; her brother-in-law Hedrick Usrey (Judy) of Apopka, FL; her aunt, Helen Young of Richmond, VA: and her nieces and nephew and

Surviving are her hus-

Harriet's family wishes to thank the staff of McLeod Hospital and

THE EXPRESS • February 19, 2020 • Page 3 McLeod Hospice - Loris Polkton School, as Pur-Seacoast for the manner in chasing Agent at Southern Fab in Polkton, and later at which they cared for her. A very special thank you to Wade Manufacturing as the Harriet's extended family, receptionist. In her words, she was a "Professional Taylia Marlow and Brenda Marlow for the love and Telephone Talker." care they provided to assist Surviving are her son,

them in caring for her.

St, Loris, SC 29569.

www.leavittfh.com.

In lieu of flowers, me-

morials may be made to

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Seacoast, 3655 Mitchell

in care of Leavitt Funeral

lences may be made at

Mrs. Linda

**Sellers Usrey** 

Usrey, 77, died Tuesday,

February 11, 2020, at

Atrium Health Union in

held on Friday, February

14, 2020, in the Chapel of

Leavitt Funeral Home. In-

terment followed in Gum

Springs Baptist Church

Linda was born Febru-

ary 4, 1943, in Anson

County, and was a daugh-

ter of the late James New-

berry Sellers and the late

Mildred Kathryn Goodwin

Sellers. She was a member

of the first graduating class

at Anson High School in

ber of years as the Library

Assistant and Principal's

Secretary at Peachland-

She worked for a num-

Cemetery.

Funeral services were

The arrangements are

Online condo-

Linda Sellers

Johnny Lee Usrey (Susan) of Lilesville; her grandchil-Jordan Maness (Michael) of Polkton, Bryan Usrey and Jesse Usrey, both of Lilesville; her greatgrandchildren, Jon Michael Maness and Ford Maness; her sisters and brother, Judy Horne (Don) of Peachland, Frances Burroughs (Jabie) of Lilesville and James Sellers of Robbins; her sister-in-law, Vickey Clark of Lilesville; her aunt and uncle, Peggye Talent (Bill) of Norwood and Harold Goodwin (June) of Yulee, FL; and her nieces and nephews and

their families. In addition to her parents, she was preceded in death by her husband John Barry Usrey and her son

Jeffrey Dean Usrey. Linda's family wishes to thank the staff at Atrium Health Union for the care they provided her.

In lieu of flowers, memorials may be made to Springs Baptist Church Cemetery Fund, c/o, Sarah Harrington, 1364 Hailey's Ferry Rd., Lilesville, NC 28091.

The arrangements were in care of Leavitt Funeral Online condolences may be made at www.leavittfh.com.

## **Tobacco Use in Adolescence**

More deaths are caused each year by tobacco use than by human immunodeficiency virus (HIV), illegal drug use, alcohol, motor vehicle injuries, suicides, and murders combined. However, tobacco use by adolescents and young adults has declined substantially over the past 40 years. In 2018, only 3.6 percent of high school seniors identified as a daily smoker, and 7.6 percent had smoked within the past 30 days. Furthermore, adolescents' use of smoking products is evolving. In 2014 and for the first time in history, more teenagers used electronic cigarettes (or e-cigarettes) than smoked tobacco cigarettes. This trend continued in 2018, as more high school students used e-cigarettes or similar devices to vape (i.e., inhale vapors that include nicotine) than smoked tobacco cigarettes. These products pose a set of new challenges, as they are known to be harmful but their health impact is not yet fully understood.

Tobacco use remains the number one cause of preventable deaths in the United States. It is critical that efforts to prevent and reduce teen smoking continue, as the stakes could not be higher. On average, smokers die at least 10 years earlier than non-smokers and, every day, more than  $1{,}200$  people in the United States die from smokingrelated causes. Almost 90 percent of those who die from smoking-related causes began using tobacco products at or prior to age 18. The Surgeon General estimates that if all the evidence-based youth anti-tobacco strategies were implemented, smoking among high school students would decline by more than 50 percent by 2020. Ways to Reduce Adolescent Tobacco Use The Surgeon General's report Preventing Tobacco Use among

Youth and Young Adults (www.hhs.gov) summarizes the causes, the solutions, and the latest findings about the epidemic of tobacco use among these groups. The U.S. Preventive Services Task Force (www.uspreventiveservicestaskforce.org) recommends exit disclaimer icon

that primary care clinicians provide interventions, including education or brief counseling, to prevent initiation of tobacco use among school-aged children and adolescents (ages 10-17). The Community Preventive Services Task Force exit disclaimer icon offers guidance and recommendations on evidence-based approaches to prevent and reduce tobacco use by adolescents. These include:

 Reducing the initiation of tobacco use (such as by increasing the price of tobacco products) Increasing tobacco use cessation for smokers and users of other tobacco products (through mass media campaigns

Restricting minors' access to tobacco products (through community mobilization and enforcement)

Reducing exposure to second hand smoke (primarily through smoking bans)

## 3D Mammograms Detect Breast Cancer Earlier

X-rays were first used for diagnosis and therapy in the late 1890s, making them oldest and still the most common form of medical imaging. X-rays also represent a prime example of continuing advancements in medical technology. "Traditional 2D breast X-rays take one picture from the front and one form the side," says McLeod Radiologist sman. "In newer digital breast tomosynthesis, the X-ray tube moves in an ar 11 images that are then compiled and computerized to produce a 3D image. The difference between 2D and 3D in the amount of X-rays a woman may be exposed to is minimal.' Early Detection With 3D technology, radiologists can scroll through the numerous layers (images) of breast tissue,

enabling them to see suspect areas more closely and sharply, especially in women with dense breast tissue. Several studies have shown that 3D mammography potentially catches more signs of breast cancer than a 2D scan.

The American Society of Breast Surgeons recommends that ALL women over 40 have a yearly mammogram and that all females who need a mammogram to consider 3D. Follow-Up vlf additional testing is called for, patients may have another mammogram, ultrasound, MRI or breast biopsy.

Cost Currently, most commercial insurance companies, Medicare and Medicaid cover the cost of mammogram. Since the Affordable Care Act (Obamacare) was enacted in 2010, all new health insurance plans are required to cover screening mammograms for women aged 40-and-older every one-to-two years with no out-of-pocket costs, such as co-insurance or co-payments. Actions Patients Can Take To see if a 3D mammogram SELL IT, RENT IT, LOST & FOUND,

is appropriate, patients should talk with their personal physician. All McLeod Health hospitals offer mammography. And 3D mammograms are now available at these McLeod locations: McLeod Regional Medical Center, McLeod Health Cheraw, McLeod Health Clarendon, McLeod Health Dillon and the Mobile Mammography Unit. To schedule a mammogram, call 843-777-2095, select option 1.

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### **Early Voting Schedule** for March 3 Primary Election

Early Voting takes place at the Board of Elections office

One Stop Early Voting began on Thursday, February 13 for the March Primary Election. It runs through February 29. All Early Voting takes place at the Anson County Board of Elections Office, located at 402 Morven Road in Wadesboro.

The schedule (printed below) includes two Saturdays with hours of 8 a.m. to 3 p.m. and one Sunday with hours of 12 p.m. to 6 p.m.

If you don't vote during Early Voting, the Primary Election Day is Tuesday, March 3, from 6:30 a.m. to 7:30 p.m. On election day all Wadesboro voters will vote at the Lockhart-Taylor Center, in the Ingram Room, located at 514 North Washington Street in Wadesboro. If you previously voted at the AA Building on Country Club Road or the Anson County Board of Education on Camden Road, those sites will no longer be used. All other Anson voters go to your regular polling precinct.

For more information call Board of Elections at 704-994-3223.

### **Early Voting Schedule**

Thursday, Feb. 13.....8am - 7:30pm Friday, Feb. 14......8am - 7:30pm Saturday, Feb. 15..... 8am - 3pm Monday, Feb. 17......8am - 7:30pm Tuesday, Feb. 18...... 8am - 7:30pm Wednesday, Feb. 19... 8am - 7:30pm Thursday, Feb. 20.....8am - 7:30pm Friday, Feb. 21......8am - 7:30pm Saturday, Feb. 22..... 8am - 3pm Sunday, Feb. 23...... 12pm - 6pm Monday, Feb. 24......8am - 7:30pm Tuesday, Feb. 25...... 8am - 7:30pm Wednesday, Feb. 26...8am - 7:30pm Thursday, Feb. 27.....8am - 7:30pm Friday, Feb. 28......8am - 7:30pm

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