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THE EXPRESS • February 24, 2021 • Page 2 Anson County Board of Commissioners Meets March 2

Public restricted from attending, but encouraged to view live-stream.

The next regular meeting of the Anson County Board of Commissioners is scheduled for

Tuesday, March 2 at 6 p.m. This meeting will be live-streamed from the Boardroom.

In adherence to Federal, State, and Anson County Health Department guidelines, citizens are restricted from attending this meeting to reduce the spread of COVID-19, but are strongly encouraged to view the meeting online.

Citizens may participate with questions and/or concerns by sending an email to questions@co.anson.nc.us.

The Commissioners' board meetings are live streamed on their YouTube channel. Also, the videos are archived so they can be viewed at any time. Visit youtube.com and search for Anson Commissioners.

Caring for your Horse in the Winter

Water intake During the summer, lush pastures contain 60-80% moisture which contribute to your horse's water intake. Most 1,000-pound adult horses need at least 10-12 gallons of water daily. Dried winter feeds such as grain and hay contain less than 15% moisture; therefore, your horse requires more water in the winter. If your horse isn't drinking enough water it may be more prone to impaction colic.

You can encourage your horse to drink more in the winter by keeping your horse's water between 45° to 65°. Keeping the water above freezing has shown to increase water intake by approximately 40% each day.

Keeping the water clean is another key component to encourage your horse to drink more. Always check tank heaters for worn wires or damage, and check the water for electrical shocks or sensations.

Also, make sure your horse has enough salt in their diet. An adult horse should consume one Providing shelter Shelters can increase your horse's temperature tolerance. They should have

access to shelter to get away from wind, sleet, and storms. Free access to a stable or open-sided sheds work well. Trees can also get the job done if buildings are not available. In mild winter weather, horses housed outdoors tend to use their shelter very little. However, when given the option most use shelters when it is snowing and wind speeds are greater than 11 miles per hour.

Blanketing Your horse will continue to develop a natural winter coat until December 21 (the winter solstice). When the days begin to lengthen on December 22 they begin to lose hair starting to form their summer coat. A horse's coat insulates the horse by trapping and warming air. Wet or muddy hair can reduce its ability to insulate and increases heat loss. Keeping your horse

dry is key to keeping them warm. Research analyzed the benefits of blanketing a horse to reduce the effects of cold weather. Most horse owners blanket their horse because of personal beliefs. Blanketing a horse is necessary to reduce the effects of cold or inclement weather when. There is no shelter is available during turnout periods and the temperatures or wind chill drop below 5° F, there is a chance the horse will become wet (rain, ice, freezing rain- not usually a

- The horse has been clipped The horse has a body condition score of three of less • The horse isn't acclimated to the cold • The horse is very young or very old
 - **Exercise** Exercise should not stop during the winter months. Many horses are stalled during winter weather and exercise is limited, this can lead to the lower legs swelling (stocking up). Provide you horse with turnout or exercise as often as possible. Be careful when riding in deep, heavy, or wet snow.

After exercise, cooling down is important. It can be one of the biggest challenges, but leaving a hot, wet horse standing in a cold barn can lead to illness. Clipping a regularly exercised horse can reduce the time necessary to cool down. Trace clips By Kinsey Everhart, Anson County Cooperative Extension work well for this.

Golden LEAF Scholarship Programs

Deadline to apply for 4 year scholarship program is March 1

Golden LEAF has been a steady hand providing resources to increase the economic opportunity for the state's rural and economically distressed communities through a variety of grantmaking including building human infrastructure through workforce training and scholarships. Since its inception, the Golden LEAF Foundation has awarded over \$48.5 million to help more than 21,900 students from rural North Carolina attend the state's colleges and universities.

Scholarships are available to students from qualifying counties, who demonstrate financial need, to help them attend college at participating North Carolina public or private institutions or community colleges. Golden LEAF's goal is for scholarship students to gain the talent, knowledge and skills needed to help their communities thrive.

Golden LEAF has two scholarship programs: 1) Scholarship Program (4-year) to attend NC 4-year colleges or universities Program Eligibility - The Golden LEAF Scholarship Program is open to high school seniors and community college transfer students who reside in a qualifying rural, economically distressed, tobacco-dependent North Carolina county and are planning to enroll full-time in a participating public or private college or university located in

- North Carolina. Applicants must: · have financial need as defined by the Free Application for Federal Student Aid
- (FAFSA) process, have a grade point average of no less than 3.0,
- have resided in a qualifying rural North Carolina county or counties for at least 10 years. Click here to view the qualifying counties,
- communicate an intent to return to a rural, economically distressed North Carolina

county following graduation. Award Amount - High school seniors entering college as freshmen are eligible for a

four-year scholarship totaling up to \$12,000 (\$3,000 a year for up to four years). Community college transfer students are eligible for \$3,000 a year for up to 3 years. Participating Colleges & Universities - Participating institutions include UNC

System universities and most private, nonprofit institutions in North Carolina. For a full list of participating colleges and universities, visit CFNC.org.

How to apply - Visit CFNC.org and fill out the Golden LEAF Scholarship Program - Four Year Degree application form or call 1-800-700-1775, Ext. 4658 or email information@ncseaa.edu.

Deadline - March 1, 2021 for application, transcript, and FAFSA. Applicants will be notified of award mid-April 2021

optional program provides:

development organizations.

scholarship funding.

Golden LEAF Scholars Leadership Program -Students awarded a Golden LEAF Scholarship to attend four-year institutions are also eligible to participate in the

Golden LEAF Scholars Leadership Program. The

· leadership training by the Center for Creative

Leadership, one of the nation's leading leadership

 paid internship opportunities in rural North Carolina communities and stipends together totaling up to

\$8,830 for all four years of participation in addition to

2) Golden LEAF Scholarship Program (2-year) to attend NC community colleges - Since establishing

the scholarship program, Golden LEAF has provided over 17,000 scholarships to help North Carolinians

Participating community colleges - South Piedmont Community College, as well as community colleges near Anson County participate. For a list of all of the 2020-21 North Carolina community colleges participating in the Golden LEAF Scholarship program visit www.goldenleaf.org. You can only apply for the scholarship if your community college is participating in the program. Award Amount - Up to \$2,250 per school year, including summer term, is available for curriculum

students and up to \$1,000 per year for students

enrolling in occupational programs. Awards can be applied toward tuition, fees, books, supplies at the community college where enrolled, transportation, childcare expenses related to attending classes, and

Eligibility - Students attending or planning to attend any of North Carolina's participating community colleges who reside in a qualifying county and demonstrate financial need are eligible to apply. Anson County

How to apply - Contact your college's financial aid office (www.nccommunitycolleges.edu/about-us/maincampuses) for more information on how to apply and

deadlines for your application. Information is available at your financial aid office and must be returned to the

credential testing upon course completion.

is included in this program.

attend participating NC community colleges

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financial office. Please do not send your information to the Golden LEAF Foundation. Deadline - Each participating college will set the deadline for the scholarship application. Contact your college's

financial aid office (link to NCCCS's websites) as soon as you plan to enroll to determine application deadlines.

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