

I would like to introduce myself. I am Sharon Jenkins, your local real estate expert and fellow neighbor.

After calling Anson County home 9 years ago and growing my family in the area, I have come to know the value of what our community has to offer. I am full of knowledge and ready to help strategically guide you through the entire buying or selling process.

If you have any questions about buyer, selling or investing, I would love to chat.



Sharon Jenkins



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ANSON COUNTY HEALTH DEPARTMENT

#### THE EXPRESS • March 1, 2023 • Page 2

# **Do You Have Concerns About Falling?**

A Matter of Balance class is free and can reduce the fear of falling and increase the activity levels of older adults who have concerns about falling. The Matter of Balance classes help participants learn to:

- view falls and fear of falling as controllable
- set realistic goals for increasing activity
- make changes to reduce fall risk at home
- promote exercise to increase strength and balance

The Matter of Balance Class is designed to benefit community-dwelling older adults who: • are concerned about falls

- have sustained a fall in the past
- restrict activities because of concerns about falling
- are interested in improving flexibility, balance and strength
- are age 60 or older, ambulatory and able to problem-solve

All participants are welcome, respected and valued. Please contact Grace Senior Center to request accommodations.

Grace Senior Center is offering A Matter of Balance Managing Concerns About Falls. The class starts Tuesday, March 7 and runs through Thursday, March 30. Classes will meet twice a week for four weeks on Tuesdays and Thursdays, 10:00 a.m. to 12 noon at Grace Senior Center. Call Mary Lindsey-Jones or Tonja Smith at (704) 694-6616 to register or for additional information about the class.

Grace Senior Center is located at 199 Highway 742 South (Chesterfield Road) in Wadesboro, just past IGA.

### N.C. Forest Service Urges Residents Across the **State to Exercise Caution When Burning Yard Debris**

March officially signals the start of spring wildfire season, and the N.C. Forest Service is urging residents to practice caution and prioritize safety when burning leaves, limbs and other yard waste

In 2022, nearly 6,400 wildfires burned more than 27,000 acres across the state. According to the National Interagency Fire Center, North Carolina ranked third in the nation for number of human-caused wildfires with 99% of wildfires in our state resulting from human activity. Escaped outdoor fires continue to be the leading cause of wildfires in North Carolina.

You continue to be the best defense against wildfires," said Agriculture Commissioner Steve Troxler. "Always exercise caution with any outdoor burning. Avoid burning on dry, windy days and be sure you have a valid burn permit."

Spring weather draws people outdoors to work in their yards and many choose burning as a method to dispose of leaves and other yard debris. March through May can be peak months for wildfire activity across the state, and fires left unattended can spread quickly. For those who choose to burn, the N.C. Forest Service recommends the following tips:

 Consider alternatives to burning. Some types of debris, such as leaves, grass and stubble, may be of more value if they are not burned but used for mulch instead.

 Check local burning laws. Some communities allow burning only during specified hours. Others forbid it entirely.

• Make sure you have a valid permit. You can obtain a burn permit at any N.C. Forest Service office or authorized permitting agent, or online at: www.ncforestservice.gov/burnpermit.

Keep an eye on the weather. Don't burn on dry, windy days.

 Local fire officials can recommend a safe way to burn debris. Don't pile vegetation on the ground. Instead, place it in a cleared area and contain it in a screened receptacle away from overhead branches and wires.

 Household trash must be hauled away to a trash or recycling station. It is illegal to burn anything other than vegetative material.

• Be sure you are fully prepared before burning. To control the fire, you will need a hose, bucket, steel rake and a shovel for tossing dirt on the fire. Keep a phone nearby, too.

• Never use kerosene, gasoline, diesel fuel or other flammable liquids to speed up debris burning.

• Stay with your fire until it is completely out.

These same tips apply to campfires and grills as well. Douse burning charcoal briquettes or campfires thoroughly with water. Drown all embers, not just the red ones. When soaked, stir the coals and soak them again. Make sure everything is wet and that embers are cold to the touch. If you do not have water, mix enough dirt or sand with the embers to extinguish the fire, being careful not to bury the fire. Never dump hot ashes or coals into a wooded area.

In addition to the rules above, a fire line should be plowed around the area to be burned when burning agricultural residue and forestland litter. Large fields should be separated into small plots for burning one at a time. Before any burning in a wooded area, contact your NCFS county ranger for technical advice on burning.

To learn more about fire safety and preventing wildfires and loss of property, go to www.ncforestservice.gov. For information about creating defensible space and a fire-resistant landscape around your home and property, visit www.resistwildfirenc.org.

## **Tiffany Harrington is Kesler Chapel** A.M.E. Zion Church Woman of the Year

This is a release from Kesler Chapel A.M.E. Zion Church: Kesler Chapel proudly salutes and congratulates Ms. Tiffany Harrington as the Kesler Chapel Woman of the Year for 2023. Each year, a woman is selected and voted on by the women at Kesler Chapel as the Woman of the Year. This individual is usually someone who has worked tirelessly in a variety of ways in support of the church's ministries. This year, Tiffany Harrington's outstanding commitment, faithfulness, and selfless devotion to her church make her a most suitable candidate for this recognition. Tiffany has been a member of Kesler Chapel for twenty-one years and serves in the following capacities. She serves on the Usher Board, sings in the Choir, and is the Lay Council President. The theme for the Woman's Day program is "Purpose Driven Spiritual Women: Embracing Equity." The speaker for the program will be Ms. Siera Tillman. The program will be held on Sunday, March 12 at 10:00 a. m. at Kesler Chapel A.M.E. Zion Church, located at 708 Salisbury Street in Wadesboro. Tiffany is the daughter of Chris and Nancy Harrington of Wadesboro. She is also the granddaughter of the late Ms. Christine Willoughby and the late Ms. Lucille Harrington. She has one brother, Christopher and one sister, Alexandra Alonso, a brother-in-law, Miguel Alonso, and a sister-in-law, Tracy Harrington. Tiffany has three nephews and one niece: Mateo, C. J., Marcel, and Nya. Tiffany graduated from Anson High School in 2007 and has been employed with Pee Dee Electric Membership Cooperation for three years. Tiffany's hobbies include shopping for herself and others, spending time with family and friends, attempting to sing, and helping others. Her favorite Bible verse is Psalm 46:5: "God is within her she will not fail." Tiffany's favorite affirmation is this: "I got this, so let me be great!"



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#### **Chamber Sponsorship Opportunities**

This is a release from the Anson County Chamber of Commerce: The Anson County Chamber of Commerce is excited to offer multiple sponsorship opportunities for all of our major events planned for 2023. These events offer multiple ways to promote your business to other members, in the community, and across the region. The Chamber is a non-profit organization. Our success depends on the support from our community and the exceptional generosity of companies like yours.

Learn about the detailed marketing and advertising information regarding sponsorship opportunities by calling Shelby Emrich at (704) 690-3234, or email her at semrich@ansoncountychamber.org. She can answer any questions or discuss a sponsorship package to include your membership dues.

The Anson County Chamber of Commerce is a dynamic, energetic and respected business organization that facilitates both economic and social growth in support of our members and the community. The Chamber strives to provide quality community events for all members and residents of Anson County.

#### Lions Club Brooms - THE BEST Broom You Can Buy!

The Wadesboro Lions Club sells brooms to help meet humanitarian needs worldwide, and help local causes right here in Anson County.

In support of that mission the Lions Club sells brooms, and the brooms are of excellent quality. The Original Soft Sweep Magnetic Action Broom features a unique magnetic cleaning action that picks up lint and dust, especially human and pet hair. It will not scratch any floor, and rinses clean and dries quickly. The kitten soft bristle is approximately 12" long and comes with a metal handle.

Pick up yours at Allen's Restaurant in Peachland or Lacy's and Martin Furniture in Wadesboro for only \$12. The Lions Club's purple handled straw broom is also available.

For information about the different projects of the Wadesboro Lions Club, please call Lion Jim Chandler at 910-571-1448.