

All Anson high schools and Anson Middle School will hold Parent-Teacher Conferences on Thursday, March 12, from 2 to 7 p.m.

Parents and guardians are urged to join their student's school on this special day. You will have a chance to find out how your child is doing in school, and what you can do to partner with your child's teacher to make sure your child has a successful time this school year.

Public Meetings to Discuss Hunting Deer With the Aid of Dogs

The N.C. Wildlife Resources Commission will hold four public input meetings in March to discuss deer hunting with the aid of dogs, associated conflicts and potential solutions.

All meetings begin at 7 p.m. Locations and dates are:

- Wednesday, March 18 at South Granville High School, 701 North Crescent Dr., Creedmoor, NC
- Thursday, March 19 at St. Andrews University – Avinger Auditorium, 1700 Dogwood Mile St., Laurinburg, NC
- Monday, March 30 at Duplin County Agricultural Center, 165 Agriculture Dr., Kenansville, NC
- Tuesday, March 31 at Bob Martin Eastern Agricultural Center, 2900 NC-125, Williamston, NC

"Hunting deer with the aid of dogs is a deeply rooted and long-standing tradition in North Carolina," said Gordon Myers, the Commission's executive director. "However, in a rapidly changing state, conflicts among user groups and with landowners do occur. These meetings will provide a forum to discuss those conflicts and potential solutions."

For regulations associated with deer hunting with the aid of dogs, visit the 2019-2020 Inland Fishing, Hunting and Trapping Regulations Digest at www.ncwildlife.org.

Savannah Houser on Chancellor's List at UNC-Charlotte

Savannah Houser was recently recognized by the University of North Carolina at Charlotte for her academic excellence by earning a place on the Chancellor's List. The Chancellor's and Dean's Lists recognize undergraduate students with outstanding records of academic performance.

The Chancellor's List recognizes undergraduate students with outstanding records of academic performance. To qualify for the Chancellor's List during the fall or spring semester, a full-time student must earn a grade point average of at least 3.8 in 12 or more semester hours of credit graded A, B, or C, with no grade less than C.

Savannah is the daughter of Paul "PJ" Houser and Donna Houser of Wadesboro.

Healthy Eating Without Fuss

Nutritionists tell us that if children are consistently presented with items from the major food groups, they will choose a healthy diet. This doesn't mean they will eat the same amount of food each day or even that they will eat a balanced diet. Teething, colds, or a slow growth period can cause a lackluster appetite. It's quite common for a child to temporarily reject meat or go on a banana binge. It does mean that given the chance and an absence of prodding and tension about the foods they eat, kids can develop reasonable eating habits.

Make it easier for your child to enjoy eating by trying some of the following:

Sidestep potential conflicts by substituting "likes" for "dislikes" whenever possible. If Becky hates roast beef but loves hamburger, why fight it? They have the same nutritional characteristics. Lean on fruit during an "I-don't-like-vegetables" phase or offer cheese instead of eggs.

Take advantage of your child's "hungry time." In one family the oldest son awakened very hungry each morning and could easily consume almost a day's supply of nutrition at breakfast. His parent supplied large quantities of oatmeal, fruit, eggs, and toast and ignored his "pickiness" about food choices during the rest of the day.

Provide a choice of nutritional snacks on those "I-don't-want-anything-to-eat" days. Good snacks are better than nothing.

Change the setting. A "bored-with-food" preschooler may regain her appetite with a bang if allowed to picnic in the park or back porch or eat in a tent (a sheet thrown over a card table) or on a tray while reading or building blocks. Where is it written that food must always be consumed at a table?

Once your child is more agreeable about food, let him or her help you in the kitchen. You'd be surprised what kids will eat if they can make it themselves. Two-year-olds may "hate" salads but let them tear up lettuce or other greens for a taco and they may soon change their minds. Slightly older children can shape dough for cookies, slice bananas, or assemble cheese sandwiches for toasting.

When children help with meal preparation, you can expect some spilled milk and flour-coated floors. But keep a happy, encouraging attitude and children will soon associate food with good times maybe even fun!

By Roshunda Terry, County Extension Director

AG Josh Stein Leads Bipartisan Coalition to Urge U.S. Supreme Court to Protect Ban on Robocalls

On March 2 North Carolina Attorney General Josh Stein filed an amicus brief in support of the United States in Barr v. AAPC, a case that challenges the constitutionality of a part of the Telephone Consumer Protection Act (TCPA). In this lawsuit, the plaintiffs challenge the federal ban on robocalls. North Carolina Attorney General Stein co-authored the bipartisan brief with Indiana Attorney General Curtis Hill. Confronting robocalls is one of Attorney General Stein's top priorities.

"Robocalls plague people all across North Carolina," said Attorney General Josh Stein. "They are incredibly annoying and disruptive – and they're also dangerous. Far too many people lose money as a result of these calls every day. That's why the scammers keep making them. The law must side with victims of these scams, not the perpetrators. That is why I was proud to lead 32 of my colleagues in filing this brief."

The TCPA, enacted in 1991, is a critical piece of federal consumer protection legislation allowing states to sue illegal robocallers on their residents' behalf. A decision in the Fourth Circuit U.S. Court of Appeals recently invalidated a portion of the act, potentially jeopardizing the entire federal robocall ban.

In their brief, Attorney General Stein and a coalition of 32 other states explain that state attorneys general have a strong interest in protecting their citizens from robocalls, which invade personal privacy and are used to perpetuate scams and fraud. The brief further explains that striking down the federal robocall ban would threaten the constitutionality of at least 42 similar state laws.

The Supreme Court will decide the case this spring. Attorney General Stein is joined in filing the brief by the Attorneys General of Indiana, Alabama, Alaska, Arkansas, Connecticut, Delaware, Hawaii, Idaho, Illinois, Iowa, Kansas, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Missouri, Montana, Nevada, New Hampshire, North Dakota, Oklahoma, Oregon, Pennsylvania, South Dakota, Tennessee, Utah, Virginia, Washington, West Virginia, and Wisconsin.

Anson County Land Use Plan Survey

Over the next year Anson County will update its comprehensive land use plan. A comprehensive plan captures the vision and values of a community and develops a strategy for reaching these goals. The plan will address strategies for growth, development, and design for the next 20 years.

Citizens are urged to take a survey to help researchers collect information on your values and vision for Anson County. The survey is anonymous and data collected will only be used for the purposes of the 2020 Land-Use Plan update.

To find more information on the Land-Use Plan, please read the information that is available on the Anson County website (www.co.anson.nc.us). There you will find a flyer called "Anson County Land Use Plan 2040."

You can take the survey on the Anson County website or by going to:

www.surveymonkey.com/r/WXYVWMP.

DEMOCRATIC PARTY PRECINCT MEETING FOR ANSON COUNTY

All Precincts

**SATURDAY
MARCH 14 10AM**

At Hampton B. Allen Library
120 South Greene Street
Wadesboro, NC

All precinct officers
and concerned citizens
are invited to attend.

NORTH CAROLINA
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For additional information, contact Dannie
Montgomery, Democratic Party Chair, at 704-694-8326.

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**FRIDAY, MARCH 13
6 p.m. to 11 p.m.
Lockhart-Taylor Center**

\$40 per person in advance 21 & over
Tables (reserved seating for 8) \$400 event

Tickets can be purchased at Lacy's
and the Anson Cooperative Extension Office
located at 501 McLaurin Street in Wadesboro.

For questions or additional information,
please call 704-694-2915

SEE TO IT



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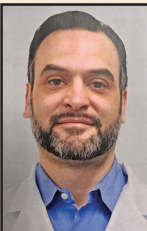
**ARMS
Anson Regional
Medical Services**



*Anson Regional Medical Services, Inc.
is pleased to announce that our team is growing!*

At ARMS we want to welcome our newest practitioner, Mr. David Emmons, FNP-BC! Mr. Emmons started on February 18, 2020, and will be splitting his time between the Wadesboro location and the Monroe location.

Mr. David Emmons, joins ARMS, inc. as a bilingual (Spanish) FNP-BC/mid-level provider with ten years experience in the nursing field. Mr. Emmons says, "Healthcare is my passion. I enjoy treating patients of all ages, from newborns to grandparents. I am proud to be a provider here in North Carolina."



David Emmons
FNP-BC

He graduated with a 4.0 GPA, Summa Cum Laude, first in his class from graduate school at South University. Mr. Emmons believes that healthcare has always been his calling. He is also passionate about family, saying he's lucky to have a beautiful and supportive wife, Rebekah, as well as four wonderful children.

Mr. Emmons is interested professionally in treating ADHD, hypertension, diabetes, and in educating patients about being proactive and taking ownership of their healthcare. He loves helping people, as well as hiking, camping and playing sports. He was raised in North Carolina, and believes that our state is one of the finest and most beautiful places ever.

Welcome Mr. Emmons!

We hope you are as excited as we are to have
Mr. David Emmons here as part of the ARMS, inc. Team!

ANSON REGIONAL MEDICAL SERVICES
203 Salisbury Street in Wadesboro • 704-694-6700