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Mr. Michael Lee Folts

Mr. Michael Lee Folts, 33, died Tuesday, February 18, 2020, due to injuries

Obituaries

sustained in an automobile accident.

Funeral services were held on Friday, February 21, 2020, in the Chapel of Leavitt Funeral Home with Rev. Mark Perko officiat-

ing Michael was born January 14, 1987, in Brandon, FL, and was a son Lynn Conley Pierre and John C. Folts. He was a member of Creek Deep Baptist Church.

Surviving are his mother and stepfather, Lynn and David Pierre of Wadesboro; his brother John C. Folts, Jr. of Wadesboro; his grandparents, Nancy and Terru Hunsucker of Lilesville; and his fur babies, Taz and Butbut.

be Memorials may made to Leavitt Funeral Home, P.O. Box 274, Wadesboro, NC 28170 to assist with funeral expenses.

The arrangements were in care of Leavitt Funeral Home Online condolences may be shared at www.leavittfh.com.

Mrs. Elizabeth (Jane) Covington Clark

Mrs. Elizabeth (Jane) Covington Clark, 78, died March 5, 2020, with her family at her bedside at Atrium Health Union in Monroe after a lengthy illness

Memorial services will be held at 4:00 p.m. on Sunday, March 15, 2020, Čalvary Episcopal at Church in Wadesboro. The family will greet friends in the Parish Hall following the service.

Jane was born in Wadesboro on April 21, 1941, to the late Robert Capel Covington and the late Elizabeth Steele Little Covington. She attended Wadesboro High School and Greensboro College before earning her Bachelor's Degree from UNC Chapel Hill in 1962. She later received her Master's degree in counseling from UNC Charlotte.

Surviving are her husband of 57 years George (Bill) William Clark, Jr. of Wadesboro; her sons Capt. George (Trey) Clark, USN, of San Diego, CA and Alexander Swire-Clark of Easley, SC; and her grandchildren, Ida and Henry Clark of San Diego, and Emma, Jude, Jillian, Thea and Phoebe Swire-Clark of Easley.

In addition to her parents, Jane was preceded in death by her dearest sister,

THE EXPRESS • March 11, 2020 • Page 3 friends.

Judith (Judy) Covington. Jane served as a banker early in her career in Richmond, VA, during which time Trey was born. After that she and her family moved back to North Carolina where her second son Alex was born in Lumberton. They then moved to Wadesboro in 1976 where she lived the rest of her life. During her time in Wadesboro she served and retired

counselor in the Anson County School system. Jane was very active in Calvary Episcopal Church, where she served in many roles during her life. She was a longtime supporter of the Anson County Arts Council, and was active in the Wadesboro Garden Club, Meals on Wheels, and her book club, "The Athenas," a group that counted among its members some of her closest

as a teacher and guidance

Jane enjoyed traveling and spending time with her family and friends, both local and distant. She was a voracious reader throughout her life, and an avid card and board game player. She will be remembered for her selflessness and consistent concern for others. She was a friend to many in the community, a popular school teacher and counselor, a beloved wife, a caring mother, an engaged grandmother, and a humble servant of God.

In lieu of flowers, memorials may be made to Calvary Episcopal Church, PO Box 942, Wadesboro, NC 28170; or the Hampton B. Allen Library, 120 S. Greene Street, Wadesboro, NC 28170.

The arrangements are in care of Leavitt Funeral Home.

1st Annual Sporting Clays Shoot for Childhood Cancer

The Max Life Foundation, based in Mt. Gilead, provides financial assistance to families who are in need of help paying monthly expenses during their child's cancer treatment. Through contact with an oncology social worker, an application is submitted on behalf of a family to the foundation. Their mission is to help ease the financial burden and hopefully some stress from families so they can focus on their child's diagnosis and treatment regimen. We also spread awareness about pediatric cancer.

When parents hear the words "your child has cancer" their world stops, but the bills don't. Most families have to give up an income so one parent can become a sole caregiver due to the extreme demands of pediatric cancer treatment. While income drops, bills increase due to the expense of medical treatment. That's where we come in. We help pay a mortgage payment, a car payment, an electricity bill. We don't want families to stress over how they will be able to keep their house or apartment when they have enough stress just focusing on their child's diagnosis.

Join The Max Life Foundation for the 1st Annual Sporting Clays Shoot for Childhood Cancer. You will be enjoying a day of shooting and the outdoors all while raising money for childhood cancer families. There will be a catered lunch and raffle items.

The event will take place on Friday, April 3, from 8:30 a.m. to 3:30 p.m. at Four Branches Sporting Preserve, which is located at 425 Poplar Hill Church Road in Polkton,

- The schedule for the day is: 8:30 a.m. Registration/Breakfast 9 a.m. Warm-Up Shooting
- 9:30 a.m. Safety talk and course information 10 a.m. Shotgun start
- 12:30 p.m. Luncheon, Raffle, Awards & Optional Team Flurry (with extra cost)

Sponsorships are available at different levels and people can choose to join the event as a team or an individual. Additional raffle tickets will be available for purchase for \$10 per ticket.

Individual Entry One shooter, Breakfast/Coffee, 20 & 12 Gauge Amoo, 1 Raffle Ticket, Award Lunch Admission. \$250

Team Entry Four Shooters, Breakfast/Coffee, 20 & 12 Gauge Ammo, 1 Raffle Ticket per shooter, Award Lunch Admission, Team Recognition \$1,000

Warrior Team Entry Four shooters, Breakfast/Coffee, 20 & 12 Gauge Ammo, 2 Raffle Tickers per shooter, Award Lunch Admission, Team Recognition. Listing on event invites, flyers, website, social media, and on-site event signage. \$2,500

Sponsorship Station Sponsorship - sign at one of the fourteen stations. \$100

Make checks payable to The Max Life Foundation and submit them to: Dianna Lariviere, 320 Zion Church Road, Mount Gilead, NC 27306. Or email themaxlifefoundation@gmail.com. The rain out date is April 17.

More information is available at *www.themaxlife.org* or by calling Dianna Lariviere at 910-387-2891. The Max Life Foundation is a 501(c) 3 organization, EIN: 84-3984432.

Dianna Lariviere founded the Max Life Foundation. Here is her story: The Inspiration. Would it be easier to just walk away and focus on ourselves? For some the answer would be yes, but for Dianna, no way! Learning about the lack of general awareness, knowledge and funding for rare pediatric cancers was enough to start raising awareness almost immediately after Max was diagnosed with Stage IV High Risk Neuroblastoma in early August 2018. Now that Max is known as what is abbreviated NED (no evidence of disease), it's time to make a difference for other families and children.

Max had 100% bone, 100% bone marrow, 5 solid tumors, 3 skull lesions and a bone lesion under his right eye. He was in the top 10% of how bad a case of Neuroblastoma can hit a child. Every complication and setback a child could experience on top of the harsh treatment regimen hit Max. The Lariviere family almost lost their son on 4 occasions. He's still in active treatment and still has complications he is working through, but he's a strong boy and an inspiration to his family.

Dianna felt that she needed to make a difference and make Max proud. That's where the idea to start a 501c3 came to mind. The Max Life Foundation honors Max in its name, but this foundation goes way beyond that. To assist families with finances while raising awareness, and as the organization grows, assist with funding for research. Families need help during treatment and that's what Max Life Foundation is here to provide!

Easing the Blues

Almost everyone experiences emotional highs and lows at some time in their lives. Those lows, commonly referred to as the "blues," are a normal part of being human. Whenever we are confronted by stress, frustration, anxiety, or discomfort, our emotional energy and vitality can drop. The good news is that just as circumstances make us feel down, how we respond to those circumstances can help us get back up. And we don't have to resort to costly medical drugs or expensive psychotherapy in order to battle the blues. Here are some natural ways to ease the blues. Confide in a friend. "When you think only about your problems, it's likely that you'll end up obsessing about them-and feeling even more stressed," says Elliot Dacher, MD, who practices internal medicine and conducts healing and wellness seminars nationwide. "Spend time with a trusted friend, sharing your innermost fears, your sadness over the loss of a loved one, or your feelings of anger and bitterness over a problem at work," he advises. "Research shows that something as simple as social support greatly enhances one's health.' Socialize. "One of the biggest mistakes we make when feeling blue is to isolate ourselves, which can make a bad mood even worse," says Martin Groder, MD, a Chapel Hill, NC psychiatrist. "Force yourself to call someone or even throw a simple party take-out pizza will do and invite some people you haven't seen for a while, " he recommends. Accept life's disappointment. Life brings everyone some disheartening and discouraging times. Rather than allow those events to frustrate you, simply accept the inevitable fact that there will be difficulties and discouragements. Recognize that such experiences are simply the price of being alive. Tell yourself, "This, too, shall pass. Recite affirmations. To affirm means simply to "make firm." An affirmation is a strong, positive sentence that something is already in existence. Reciting affirmations is a way of "making firm" a condition that you wish to experience. Some mood-elevating affirmations include sentences such as these:

Fancy Nancy Tea Party is Saturday

Hampton B. Allen Library and Anson County Partnership for Children are excited to invite the public to a Fancy Nancy Tea Party. The Fancy Nancy Tea Party is the perfect opportunity for children of all ages to dust off their fanciest attire and join us at the Library, located at 120 South Greene Street in uptown Wadesboro, this Saturday, March 14, beginning at 2 p.m.

Crowns, boas, bowties, tutus and suits are the ideal attire for this so elegant soirée. There's an afternoon full of sophisticated fun planned for the kids. Some of the activities are:

- Learning fancy words and how to use them
- Practicing graceful dance moves
- And, of course, the tea party!
- Guest will also enjoy a Fancy Nancy story
- And have opportunity to display their fanciest attire in a parade.

The Library and Partnership cannot wait for tea time! Space is limited so RSVP today to save your spot at the fanciest tea party. To register and for further details, please contact Anson County Partnership for Children at 704-694-4036.

Terry Jordan Invitational Golf Tournament is April 4

The 7th Annual Terry Jordan Invitational Golf Tournament, sponsored by Gum Springs Baptist Church Youth, will be held on Saturday, April 4. The event will take place at Twin Valley Country Club with a 10 a.m. shotgun start.

This is a two man Captains Choice with 1 A player per team. The cost is \$50 per person which includes golf, a cart, lunch and a t-shirt. Mulligans will be sold. There will be a split the pot on hole 14.

There will be cash prizes, closest to the pin prize and a longest drive prize.

Sign up sheets are available at Twin Valley, or you can call Lynn Whitlock at 704-695-2200 or Johnny Goodwin at 704-475-1304.

Sponsorships are available. There are four levels of sponsorhip:

 Gold Sponsor - name on hole sign, fees & lunch paid for 2 teams, name on scoreboard, name on score card, name on t-shirts & 4 t-shirts. \$525

 Silver Sponsor - name on hole sign, fees & lunch paid for 1 team, name on scoreboard, name on score card, name on t-shirts, 2 t-shirts. \$300

Bronze Sponsor - name on hole sign, name on scoreboard, name on score card, name on t-shirt, 2 t-shirts. \$200

· Hole Sponsor - name on hole sign, name on t-shirt, 1 t-shirt. \$115

Sponsorships will be available until Tuesday, March 31, but the deadline for sponsors to have their names put on the t-shirts will be Friday, March 20. You can call Lynn Whitlock for more information at 704-695-2200.

- I am a radiant man/woman filled with joy and peace.
- I am greatly blessed.
- Perfect wisdom is in my heart.
- All things are working together for good in my life.

By Roshunda Terry, County Extension Director

Charity Motorcycle Ride is April 4

The Misfit Bikers will hold their 4th Annual Charity Ride to benefit Operaton Christmas Child on Saturday, April 4. Riders will gather at Papa Joe's Restaurant, wth registraton at 9 a.m. and kickstands up at 10:30 a.m. The cost is \$15 per single rider, \$20 for two-up.

For more informaton call Kevin at 704-475-0487, Mark at 704-695-4487 or Richard at 704-694-8988.

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James Holbrook Building at 400 N Greene St in Wadesboro. Includes tables, chairs. linen. china & centerpieces. Find with Facebook! Call Kathy at Crider & **Crider Properties** <u>704-694-3030</u>

LOST

JACK RUSSELL Black & white male. Last seen Feb. 27 in the Brown Creek Community near Coppedge Eddins Rd & Brown Creek Church Rd. Please call 704-475-3006

EMPLOYMENT

MUSICIAN NEEDED

Pleasant Hill AME Zion Church, 378 Pleasant Hill Rd (Hwy 109 South), Wadesboro is looking for a musician for our Sunday morning worship service. If interested, please call Robert Moore 704-475-2967 or James Ratliff 704-380-7142

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