

SmokedByFaith BBQ

BBQ BRISKET CHICKEN

DAILY SPECIALS



Danny Cowick

Come and enjoy some fresh, slow-smoked BBQ!

100 Effird Circle
(Hwy 74) in Polkton
Across from Brown Creek Animal Hospital

704-272-7915
support@smokedbyfaith.com



TUE-THU 11-7 TAKE OUT ONLY

North Carolina Fruit and Vegetable Availability Chart

The Anson County Farmers Market opens Saturday, April 26

The Farmers Market season is approaching soon, so now is a great time to plan ahead and check what will be in season and when. You can find a produce calendar at the bottom of this article to help you with this.

You might wonder, why should I buy locally grown food? The answer is simple: locally grown food is healthier and a better choice for you and your family. It's fresher, as it doesn't have to travel long distances, and fresher produce retains more vitamins and minerals compared to food that's been shipped and stored for long periods.

Not only is it more nutritious, but purchasing locally also supports local farmers and their businesses. By buying from local markets or directly from farmers, you're contributing to the local economy and fostering a sense of community and a deeper understanding of where your food comes from. It also helps preserve farmland, which is increasingly being sold off for development. Supporting local agriculture helps keep farmers in business and prevents the loss of valuable farmland to urban sprawl.

We hope these reasons help you decide to buy local. Check out the produce calendar and visit the market when the season begins. *By Lydia Stegall*

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
APPLES												
ASPARAGUS												
BEETS												
BLACKBERRIES												
BLUEBERRIES												
BOKCHOY												
BROCCOLI												
BUTTERBEANS												
CABBAGE												
CANTALOUPES												
CARROTS												
CHERRY TOMATOES												
CHRISTMAS TREES												
COLLARDS												
CUCUMBERS												
EGGPLANT												
FIGS												
GARLIC												
GREEN ONIONS												
GREEN PEAS												
GREENS												
HERBS												
HONEYDEW MELONS												
INDIAN CORN												
KALE												
LETTUCE												
MUSCADINE GRAPES												
MUSHROOMS												
MUSTARD GREENS												

For directories and more information about NC produce, visit ncdamarkets.org.

Agriculture is NC's #1 industry. When you see the Got To Be NC logo on food products, you are contributing to the economic growth of North Carolina and to our farmers.

Visit: gottobeNC.com

Got To Be NC is the marketing program of the North Carolina Department of Agriculture.



	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
NAPA												
NECTARINES												
OKRA												
ONIONS												
PEACHES												
PEANUTS												
PEARS												
PECANS												
PEPPERS												
PERSIMMONS												
PLUMS												
POTATOES												
PUMPKINS												
RADISHES												
RASPBERRIES												
ROMAINE												
SNAP BEANS												
SNOW PEAS												
SNOW PEA TIPS												
SPINACH												
SPRITE MELONS												
SQUASH - YELLOW												
STRAWBERRIES												
SWEET CORN												
SWEET POTATOES												
TOMATOES/TOMATILLOS												
TURNIPS												
WATERMELON												
ZUCCHINI												

Free Movie at BRLC is *The Forge*

Burnsville Recreation & Learning Center will present the movie *The Forge* this Friday, March 14. Doors open at 5:00 p.m. and the movie starts at 6:00 p.m. In this "must see" movie - after graduating from high school without any plans for the future, Isaiah receives a push to start making better life decisions.

There will be an open discussion after the movie.

Everyone is invited to attend this free event. Popcorn, ice cream, cake and beverages will be provided.

BRLC is located at 13349 Highway 742 North in Burnsville, across from the Fire Department. For more information you can call 704-826-8737, check their Facebook page, email burnsvillelc@gmail.com, or visit www.burnsvillelc.org.

BRLC welcomes sponsors and/or donations for any of their community events. Your help or contribution is given right back to the community by BRLC.

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ANSON
FAMILY OPTOMETRIC
DR. HOLLY ALLSION KIKER

1134 Holly Street in Wadesboro (On Hwy 74 across from CVS)
Mon-Thurs 8:30-5 & Closed Fridays 704-694-3618





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ANSON COUNTY HEALTH DEPARTMENT

110 Ashe Street
Wadesboro 704-694-5188
Sliding fee scale for the uninsured.



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Highway 74 West in Wadesboro • 704-694-3185 Mon-Fri 8:30-5 Sat 8:30-1

VISIT OUR SLEEP SHOP

Mon-Fri 8:30-5
Saturday 8:30-1