Thank You to All for A Successful Clover Crawl

Anson County 4-H and 4-H Youth Promise would like to express our gratefulness to each and every one who helped make our Clover Crawl another success this year. Supporters, Volunteer Leaders, planning committee members, alumni, parents, schools, industries, businesses and most of all the staff went the extra mile to support our cause. Because of everyone involved, we were a great success again this year. We raised over \$19,000, and to say the least we are ecstatic. Thank you so much

for your help in making this happen. It makes our job much easier to know that we have such hardworking individuals around to support the program to help make it successful. All of you are amazing individuals and Anson County 4-H and 4-H Youth Promise is very fortunate to have supporters like you behind us. Notes of thanks will be sent out to individuals who supported the Clover Crawl.

We are truly grateful to have each and every one of you standing in our corner. With your help and continued support Anson County 4-H and 4-H Youth Promise will grow to new heights and reach more youth in the county. If you would like to see changes or give comments about the Clover Crawl, please feel free to contact us at 704-694-2915. We would love to hear from you. Go ahead and mark your calendars for our 2018 Clover Crawl, which

will be Friday, March 9, 2018. Same Clover time, same Clover place. We hope to see each of you there!

Sincerely, Roshunda Terry, Extension Agent, 4-H Youth Development

Be Careful When Burning Debris this Spring

Wildfire risk typically higher from March to May

The N.C. Forest Service is urging residents across the state to think safety and exercise caution during the spring fire season, which typically lasts from March to May. "During the spring fire season, people do a lot of yard work that often includes burning leaves and yard debris," said Agriculture Commissioner Steve Troxler. "There are many factors to consider before doing any burning."

North Carolinians thinking about burning debris should contact their county ranger for advice first, Troxler said. "The ranger can help maximize safety for people, property and the forest."

For people who choose to burn debris, the NCFS urges them to adhere to the following tips to protect property and prevent wildfires:

- Consider alternatives to burning. Some yard debris, such as leaves and grass, may be more valuable if composted.
- Check with your county fire marshal's office for local laws on burning debris. Some communities allow burning only during specified hours; others forbid it entirely.
- ullet Make sure you have an approved burning permit, which can be obtained at any NCFS office, county-approved burning permit agent, or online at ncforestservice.gov. Check the weather. Don't burn if conditions are dry or windy.
- Only burn natural vegetation from your property. Burning household trash or any other man-made materials is illegal. Trash should be hauled away to a convenience center.
- Plan burning for the late afternoon when conditions are typically less windy and more humid.
- If you must burn, be prepared. Use a shovel or hoe to clear a perimeter around the area where you plan to burn.
- · Keep fire tools ready. To control the fire, you will need a hose, bucket, a steel rake and a shovel for tossing dirt on the fire.
- Never use flammable liquids such as kerosene, gasoline or diesel fuel to speed burning. • Stay with your fire until it is completely out. In North Carolina, human carelessness leads to more wildfires than any other cause. In fact, debris burning is the No. $1\,$ cause of wildfires in the state. • These same tips hold true for campfires and barbecues, too. Douse burning char-
- them and soak them again. Be sure they are out cold and carefully feel to be sure they are extinguished. Never dump hot ashes or coals into a wooded area. • Burning agriculture residue and forestland litter: In addition to the guidelines above, a fire line should be plowed around the area to be burned. Large fields should

coal briquettes or campfires thoroughly with water. When the coals are soaked, stir

be separated into small plots for burning one at a time. Before doing any burning in a wooded area, contact your county ranger, who will weigh all factors, explain them and offer technical advice.

For more information on ways you can prevent wildfires and loss of property visit ncforestservice.gov.

Living Healthy with Diabetes Workshop Begins April 6

Learn how to feel better...healthier...happier

Living with or caring for someone with Diabetes can affect your quality of life. Grace Senior Center is offering a six-week Living Healthy with Diabetes workshop. It is designed to help you better manage your Diabetes and live a happier, healthier life!

You don't have to stop doing the things you love to do. The key to getting the most out of life is learning to manage your symptoms. No matter your situation, Living Healthy with Diabetes can assist you in taking control.

Whether you have been recently diagnosed with diabetes or have had diabetes for years, this workshop will give the support you need to find practical ways to deal with your stress, discover better nutrition and exercise choices, and learn better ways to talk with your doctor and family about your health.

Previous participants have stated they have benefited from this class more than

any other diabetes class they have attended.

The Living Healthy with Diabetes classes will be held at the Grace Senior Center, located at 199 Highway 742 South in Wadesboro, just past IGA. This is a six week class that is scheduled for every Thursday, from 1:00 to 3:30 p.m. It starts April 6 and runs through May 11. Class size is limited and registration is required. Call Rita Short at 704-694-6217 or 704-994-3494 and start living healthy!



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The CSR position is open and available now.

Interviews will be scheduled with candidates who meet our requirements listed above.

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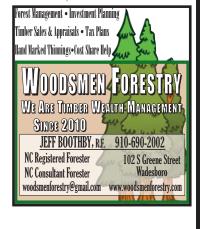
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