

Seniors Reminded to Review, Make Changes to Medicare Advantage Plans

Insurance Commissioner Mike Causey and SHIIP, the Seniors' Health Insurance Information Program, remind seniors who have Medicare Advantage plans to review their coverage and make changes to their plans during the Medicare Advantage Open Enrollment Period in North Carolina, which runs from Jan. 1, 2025, to March 31, 2025.

"Our health can change significantly in a very short period of time," Commissioner Causey said. "If you have a Medicare Advantage Plan, now is the right time to make sure you have the plan that best meets your needs."

If you're unhappy with your Medicare Advantage Plan (Medicare Part C), you have options. Each year, there is a Medicare Advantage Open Enrollment Period from Jan. 1 to March 31. During this time, if you're in a Medicare Advantage Plan and want to change your health plan, you can do one of these:

- Switch to a different Medicare Advantage Plan with or without drug coverage.
- Go back to Original Medicare and, if needed, also join a Medicare Prescription Drug Plan.

If you switch Medicare Advantage Plans or go back to Original Medicare with or without a Medicare drug plan, your new coverage will start the first day of the month after your new plan gets your request for coverage. Keep in mind, if you go back to Original Medicare now, you may not be able to buy a Medicare Supplement Insurance (Medigap) policy.

For assistance with Medicare questions, contact SHIIP in Anson County at Grace Senior Center, 704-694-6616. Or you can call 1-855-408-1212 Monday through Friday from 8 a.m. to 5 p.m. to speak to a SHIIP counselor. The Medicare Plan Finder can also help you find, compare and enroll in a new Medicare Advantage Plan or a Medicare drug plan in your area. You can also call 1-800-MEDICARE (1-800-633-4227) for help. TTY users can call 1-877-486-2048.

The Medicare Advantage Open Enrollment Period is only for people who are currently enrolled in a Medicare Advantage Plan. If you have a Medicare Advantage Plan and want to change your plan, check out your options today. Remember, the Medicare Advantage Plan Open Enrollment Period ends March 31.

For more information about SHIIP and the Medicare Open Enrollment Period, call 1-855-408-1212 or visit ncshiip.com.

Supporting Bees & Native Pollinators

Everyone has heard about the decline and loss of honey bees in the past several years. Besides the honey bees, there are many other native bees, wasps, and other insects, as well as butterflies, moths, birds, and bats that serve as pollinators in our gardens that are on the decline as well. As a homeowner, you may think, what can I do? Can I make a difference? The answer is yes you can!

Here are a few ways you can help the bees & other pollinators:

- Plant flowers such as cosmos & coneflowers that have open petals & upright stamens that provide easy access for our pollen-loving friends
- Choose flowers like penstemon & salvia that are heavy pollen producers
- Many herbs provide food and seasonings for us as well as bees and other pollinators, so if you don't have them in your garden, consider adding them
- Plant cover crops, use compost in place of synthetic fertilizers
- Plan your garden so something is blooming from very early spring to late fall
- Provide shelter by planting a variety of plants such as standing grasses, flowers with hollow stalks, shrubs, and even trees
- Provide nesting spots, by leaving some open ground without mulch for ground-nesters or make artificial pollinator nesting habitats – you can easily find instructions on the internet
- Limit or eliminate pesticide usage, especially when plants are flowering
- Not all weeds need to be eradicated; see if the bees and butterflies are enjoying the buffet they offer and if they are, leave them be!
- If you have open spaces like fields, roadsides, etc. plant with native wildflower seed mixes ncwildflower.org.

Church

MARCH 17 - 21

Nightly Revival

At Johnson Chapel Holiness Church. Mon-Pastor Lenora Bennett, Tue-Bishop Carol Hall, Wed-Apostle Marvin Leak, Thu-Pastor Sandra Ellerbe, Fri-Pastor Donna McNair, all at 7pm nightly. All are invited.

MARCH 22

Women's Hat Day

Fellowship at First Baptist Church-Sikes Ave, 11am-1pm with Min. Mary Neal, Min. Angela Rorie & Leading Lady Min. Donna Everett. You are invited, wearing your new, old, worn & torn hats!

Fruit of the Spirit Tea At New Grove Missionary Baptist Church, 4pm with various speakers. Join for a casual, yet spirit-filled experience!

Collard Sandwich

Sale at Caraway Business Center, Hwy 52 in Ansonville by Rocky Mount AME Zion Church, 11am-4pm. Also fish, hot dogs & sausage dogs.

MARCH 23

Appreciation Service For Elder Carlos Melton at Johnson Chapel Holiness Church, 2pm with Pastor Anthony Hall. All are invited.

29th Pastoral Anniversary of Rev. Dr. R.A. Lisenby at Garriss Grove Missionary Baptist C Church, 11am with Rev. James Parker, followed by dinner. Pastor Sharon Lotharp of New Grove MBC at 3pm.

MARCH 25 - 27

Spring Revival

At First Baptist Church, Sikes Avenue in Wadesboro, themed "Thrive & Advance Together." Tue-Pastor Idris Strange of Olive Branch MBC, Wed-Pastor Samuel Maldonaldo of Maranatha (IMCDS), Thu-Youth Night with Pastor Paul Medlock of Resurrection Life in Charlotte, all at 7pm nightly. You are invited.

MARCH 26 - 28

Revival 2025 Core

Values at Evangelistic Outreach Center, 7852 Hwy 74 W, Polkton at 7pm. Theme: Faith Works Through Love. All are welcome. Info 704-851-9209.

MARCH 29

Children & Youth Missions Celebration at North Wadesboro Baptist Church, 9am-2pm. All young people grades 1-12 are invited. Hear missionaries Danny & Sherry, mission stories, crafts, hands-on mission activities, off-site mission project (grades 4-12), pizza, snacks & recreation! Bring a friend! Please register by March 24 at: forms.gle/tPzD2qnX4StuBS3c8. Info 704-694-2790 or ansonsbaptist@gmail.com.

MARCH 30

Fifth Sunday Night Singing at Deep Springs Baptist Church, 1908 Deep Springs Church Rd, Peachland. 6:00pm with special musical guests the LBC Quartet & Four His Glory.

APRIL 12

Family Pictures Day At Rocky Mount AME Zion Church in Ansonville, 11am-4pm. Instant 5x7 \$10, or you can order 8x10 for \$25. Everyone invited, families & singles. Selling hot dogs.

APRIL 13

16th Pastoral Anniversary for Pastor J. Van & Rev. Fannie Clyburn at House of Prayer Missionary Baptist Church with Rev. Dr. Deidre McBride at 11am & Pastor Eddie Maye at 3pm.

APRIL 18

80th Anniversary of Pleasant Hill Baptist Church in Ansonville, 7pm. Also celebrating 30th Anniversary of Pleasant Hill Male Choir at 7pm.

APRIL 27

Pastor's 22nd Anniversary at Cedar Creek MBC, 1293 Cedar Creek Rd, Wadesboro. Rev. J. Van Clyburn of House of Prayer MBC at 11am, followed by lunch. Rev. Terry Little of West Deep Creek MBC at 3pm.

ONGOING

Bible Class At Red Hill Baptist Church, 12noon, Wednesdays, public invited

Weekly Praise & Worship Schedule Shiloh Christian Community Church, 1752 Shiloh Church Rd. Preaching 1st and 3rd Sundays, Sunday School weekly, services start at 10am.

HOPE Grief Support Group at Harmony Community Church, meets Tuesdays at 5:30pm offering help for anyone suffering from grief, like death, sickness, divorce, separation from family, job, etc.. Free & confidential, everyone welcome. Come join others experiencing grief. We will pray with you. Info 704-272-7127. Located at 1984 Pulpwood Yard Rd in Peachland

Community Singing Last Sunday of each month at New Life Ministries, Hwy 109 S (Trexler Dr). Sunday School 10am, Singing 11am. Community is invited to come & sing! Info Pastor Randy Brooks 910-544-9232.

Saturday Services Lighthouse Ministries holds services every Saturday at 11am. Located at 311 Birchwood Dr in Wadesboro. The Pastor is Terry Taylor & Assistant Pastor is Lawanda Rodgers. For info call 704-465-1757.

Men & Women Fellowship Last Wednesday each month at New Life Pentecostal Holiness Church, 1678 Hwy 109 South. Info Pastor Randy Brooks 910-544-9232.

Service Schedule At Abundance Grace Ministry of Morven. Sunday School 10am, praise & worship 11am. Discipleship class Thur at 6:30pm. All are welcome

THE CHURCH CALENDAR IS BROUGHT TO YOU BY THESE SPONSORS

C&M AUTO SUPPLY
Auto Plus
Your locally owned
Auto Parts Store
Hwy 74, Wadesboro • 704-694-5167

Williamson Wrecker Service
Since 1972
704-694-4545

Henry's Body Shop
704-848-4989
4225 Stanbackferry
Ice Plant Rd • Lilesville
Owner: Robbie Henry

PIEDMONT FLOORING
All Major Brands
of Floor Covering
Serta & Orderest Bedding
214 West Main Street in Marshville
704-624-2211
MAYTAG • FRIGIDAIRE • CROSLEY

Papa Joe's PIZZA
Anson Station Shopping Center
Wadesboro • 704-694-6666

UWHARRIE BANK
704-694-2122
Member FDIC

From Your Friends At PARSONS DRUG
Serving Anson County for over 100 years
"On The Square"
Wadesboro • 704-694-2218

Glenn Trexler & Sons Logging, Inc.
"Freedom of Worship is a Precious Commodity"
WADESBORO

ADVERTISE HERE! Call The Express to find out how...704-694-2480

COME SEE US AT OUR NEW LOCATION...

7260 EAST MARSHVILLE BLVD.

Coming from Anson County, we are on the left before you get to Food Lion



Dr. Andrew Tran D.D.S. **Dr. Mallori Watson**
Dr. Brian Hoang

**FAMILY FRIENDLY
FULL-SERVICE PRACTICE**

**SPECIALIZING IN
COSMETIC DENTISTRY**

INVISALIGN!

*A More
Comfortable
and Convenient
Way to Straighten
Your Teeth*



The Clear Alternative to Braces

We work with various dental insurance companies, such as, Metlife Dental, UnitedHealthCare Dental, Delta Dental, Blue Cross Blue Shield of North Carolina Dental Plan, to make your dental care more affordable.

Ask about our affordable in-house insurance plan.

MARSHVILLE FAMILY DENTISTRY • 7260 EAST MARSHVILLE BLVD. (Hwy 74)

**MARSHVILLE SPA
IS NOW OPEN!**

In Marshville Family Dentistry

**BOTOX • FILLERS
ESTHETIC PROCEDURES**

Events

MARCH 28

Movie Day "Leap Year"

2pm at Grace Senior Center. Refreshments served. 199 Highway 742 South, Wadesboro, just past IGA. Info 704-694-6616.

ONGOING EVENTS

Senior Box Program at Feed My Lambs starts the third Tuesday each month for seniors only. Located at 2290 Hwy 74 West, Wadesboro. 704-695-1820.

Food Pantry Free food every Wed, 9-11am at Burnsville Recreation & Learning Ctr. 704-826-8182.

Alcoholics Anonymous Regular meetings on Mondays at 7:30pm and Wednesdays at 12 noon. AA welcomes all who are seeking help, as well those wanting to help another person. The AA building is located at 2177 Country Club Rd. in Wadesboro, across from the Anson EMS building.

Kindergarten Transition Program Event Scheduled for Thursday, April 10

On Thursday, April 10 Anson County Partnership for Children is partnering with Anson County Schools to host a Kindergarten Transition Program at Wadesboro Primary School at 6:00 p.m. for any child who will be attending kindergarten for the 2025-2026 school year. Clifford the Big Red Dog will make an appearance, and the first 100 participants will receive items from Scholastic and a hot dog meal.

For more information you can contact the Partnership for Children at 704-694-4036.

Parks & Recreation Invites Kids to Their Easter Egg Hunt on April 12

The Anson County Parks and Recreation invites all children ages Pre-K to 12 years old to their Easter Egg Hunt on Saturday, April 12, starting at 11:00 a.m.

Kids will enjoy pictures with the Easter Bunny, candy, prizes, kickball games...and, of course, the Easter Egg Hunt! The event is free.

The event takes place at Little Park, located at 845 Airport Road in Wadesboro. For information you can call 704-994-3025.

Class of 1985 Reunion Information

This is a release from Tracy Medley Merriman: Thank you all for your responses and your willingness to attend our 40th class reunion on Saturday, September 20, 2025. I am excited to announce that we will be moving forward with our planning. We need your continued support for a successful event.

Letters and registration forms have been sent out, and if you do not have this information please contact Tracy Medley Merriman through Facebook messenger.

Please register as soon as possible. Registration and payment will not be available at the reunion.