THE EXPRESS • March 20, 2013 • Page 6 Operation Medicine Drop is Saturday

Insurance Commissioner Wayne Goodwin announced that between March 17-23 Safe Kids North Carolina and Operation Medicine Drop will provide a landmark number of sites throughout the state where the public can safely and conveniently dispose of unused or expired prescription or over-the-counter medications. In Anson County the event will take place this Saturday, March 23 in the Food Lion parking lot, from 9 a.m. to 1 p.m.

"Everyone in the community can do their part to prevent accidental poisonings, keep drugs out of the wrong hands and keep our waters clean by dropping off their unused and expired medicines at an Operation Medicine Drop site," said Goodwin, chair of Safe Kids North Carolina.

Operation Medicine Drop coincides with National Poison Prevention Week each year and includes a statewide blitz of events where the public is invited to drop off medications for safe and secure disposal. A partnership of Safe Kids North Carolina, the North Carolina Department of Insurance, the State Bureau of Investigation, Riverkeepers Alliance and other local agencies, Operation Medicine Drop retrieved and destroyed more than 30 million dosages of medications over the past three years.

"We will take over-the-counter drugs, prescriptions, samples and pet medication; basically any medication that you no longer need," Safe Kids North Carolina Director Kelly Ransdell said.

Each year since 2001, an average of nearly 80,000 unintentional non-fatal poisonings among children were treated in emergency rooms throughout the country, with medications being the predominant cause of poisonings among young children. Among pediatric exposures, there has been a decrease in the exposures to cough and cold medicines, but an increase in exposure to pain killers since 2006. Why should you participate in Operation Medicine Drop?

• To prevent poisonings: Poisoning from prescription medications is on the rise in North Carolina and death rates exceed the national rate. Since 1999, approximately 6,900 people in North Carolina have died from unintentional poisonings, according to the North Carolina Division of Public Health.

• To fight drug abuse: Many people think prescription and over-the-counter drugs are safe because they have legitimate uses, but when used improperly, they can be just as dangerous and addictive as illegal substances.

• To protect our waterways: Throwing medicines in the garbage, or flushing them down the toilet or sink, leads to water contamination and harms aquatic life.

Caregivers should be mindful of safety tips to keep children safe from poisons. Children who are younger than 6 years old are the most likely to be poisoned. A child's age, weight and medical history will affect the treatment of a poisoning. To avoid poisonings when taking care of children, be aware of the following tips:

All medicines and household cleaning products should be stored in locked cabinets, out of the reach and sight of children.
Keep children where you can see them at all times, even when you go to answer the door or telephone.

• Never leave young children alone.

- Do not leave poisons on a counter or in an unlocked cabinet.
- Never carry something that can be poisonous, such as a medicine, in a purse where children may find it.

• Safety latches on drawers or cabinets, and child-resistant caps on bottles, are helpful in keeping poisons out of the hands of children.



Free Movie is Grumpy Old Men

Grace Senior Center's movie of the month, to be shown on Thursday, March 21 at 2 p.m., will be "*Grumpy Old Men.*" Jack Lemmon plays John Gustafson, a retired teacher and widower and Walter Matthau plays Max Goldman, a former TV Repairman and widower.

The two men are former childhood friends and longtime next-door neighbors in Wabasha, Minnesota. Their rivalry began decades ago earlier when John had stolen Max's high school sweetheart, May, with whom John went on to marry and have two children. Max married a woman named Amy and had one son. They later became widowers but still neighbors. A female neighbor (Ann-Margaret) moves to the neighborhood, and the men both become acquainted with her, even John's 94 year old father.

Arts Council Wants You to Submit Door Photos

The Anson County Art Council is currently seeking pictures of doors from the Wadesboro area for a possible upcoming project. These doors can be unusual, ornate or plain. If someone were to look at the picture of the door, they would know immediately where it was located in town. They could be doors from a church, business, residence, warehouse, farm house, henhouse, outhouse, or doghouse.

Please submit suggested address and picture (if you can get

WPD Welcomes New Officers

The Wadesboro Police Department recently hired two new officers, Jan Owens and Erik Johnson. They are pictured at left during their swearing in.

Brown Creek Soil & Water District Meeting

The Brown Creek Soil & Water Conservation District monthly board meeting will be held on Tuesday, March 26 at 10 a.m. at the BCSWCD office. It is located at 1758 Morven Road in Wadesboro.

For more information call 704-694-3516.

BENEFITS FOR SAM BEASLEY

SATURDAY, MARCH 23 • 12-6pm Mt. Gilead Fire Department 106 East Allenton Street in Mt. Gilead For additional information call 910-975-1683

SUNDAY, MARCH 24 • 4pm until Concord United Methodist Church in Ansonville

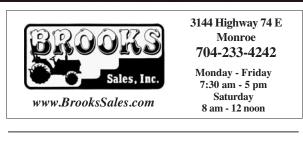
All donations will help the family with medical bills and expenses.





SIMPLY BRILLIANT

Introducing the new Kommander zero-turn mower from Kubota.



Kinpola

WWW.Kubota.com Optional equipment may be shown. ©Kubota Tractor Corporation, 2012



Short-Term Rehabilitation Services to get you back to an active lifestyle

one) to Anson County Arts Council by March 20 at 110 South Rutherford Street, Wadesboro, NC 28170. Questions, please call 704 694-4950.

Survivor Dinner April 13

There will be a Relay for Life Survivor Dinner on Saturday, April 13 at First United Methodist Church in Wadesboro at 6 p.m. This dinner is offered to cancer survivors, and they are welcome to come and bring one guest.

If you would like to attend you are asked to RSVP by April 5 by contacting Carrie Bunn at 704-294-0071 or ansonrelay@yahoo.com.

Tickets Still Available for "An Evening with John Denver" at Ansonia

The music of one of the world's best-known and bestloved performers, the late John Denver, comes to the Ansonia Theatre on Saturday, March 23, when Carolina Town performs a re-creation of a John Denver concert as it would have been performed in the years shortly before his untimely death in 1997.

In a career that spanned four decades Denver earned international acclaim as a songwriter, performer, actor, environmentalist and humanitarian. Don't miss this chance to enjoy the music of this gifted performer.

Reserved seating tickets, \$10 adults and \$5 children, are available at the Anson County Arts Council and Lacy's in Wadesboro and online at www.ansoniatheatre.com. Call the Arts Council at 704-694-4950 to select your seat.

Doors open at 7 p.m. The two-hour concert begins at 7:30.



Lillie Bennett Nursing Center is a great place to speed recovery after medical procedures requiring rehabilitation services. Our dedicated team of experienced physical, occupational and speech therapists develops custom-tailored rehabilitation programs to help patients regain skills and independence that help them return to family as quickly as possible.

Our services include:

- Stroke rehabilitation
- Orthopedic injuries
- Muscle re-education

For more information on Short-Term Rehabilitation Services, call 704-695-3301.



500 Morven Road | Wadesboro, NC 28170 | 704-695-3301 www.carolinashealthcare.org