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THE EXPRESS • March 22, 2023 • Page 2 **Anson Schools Sports Update**

Anson High School Softball

- Tuesday, March 7 Anson beat Montgomery Central 12-6. Brooklyn Miles 2-4, 2 RBI, Maci Sellers 2-4, 2 RBI, Lauren Dutton 2-4, RBI.
- Thursday, March 9 Anson lost to South Stanly 6-1. Cierra Lear 1-3, Allie Steagall 1-2, Camryn Martin 2-2.
 Friday, March 10 Anson lost to Montgomery Central 7-4. Cierra Lear 1-3, Brooklyn Miles 1-3, Maci Sellers 1-3,
- Lauren Lomax 1-2, Allie Steagall 1-4, RBI, Jada Harrington 1-2, RBI.
- Monday, March 13 Anson lost to Weddington 6-2. Cierra Lear 2-4, Brooklyn Miles 1-4, Maci Sellers 1-3, HR, Camryn Martin 1-2, Jada Harrington 1-3, Malayasia Gabriel 1-2.

• Tuesday, March 14 - Anson lost to Piedmont 8-6. Cierra Lear 2-5, Susan Harrington 1-4, Allie Steagall 3-5, Maci Sellers 2-4, Camryn Martin 1-2, Brooklyn Miles 2-4, Lauren Dutton 1-3, Laney Hill 1-3. **Anson High School Golf**

• Monday, March 20 - Anson beat Forest Hills. Andrew Hill 45, Huntley Bowers 45, Wesley Lee 55, Conner Thurman 41, Dylan Kiser 47, Graham Fowler 54.

- Anson High School Varsity Baseball
- Wednesday, March 15 Anson lost to South Stanly 24-1. Isaiah Hatcher 1-3, Hunter Ratliff 1-2.
- Friday, March 17 Anson lost to Piedmont 11-0.
- Anson High School Junior Varsity Baseball

• Wednesday, March 15 - Anson beat South Stanly 7-2. Jase Martin- Winning Pitcher (3-0), Jackson Burr 1-2, Jase Martin 2-2, Jacob Kearney 1-1.

• Friday, March 17 - Anson lost to Piedmont 17-0. Jackson Burr 1-3, Grant Thomas 1-2.

BASEBALL SCHEDULE Anson at Parkwood JV 4:30pm, Varsity 7pm.

Sheriff's Office Restarts K-9 Program

This is a release from the Anson County Sheriff's Office: We are happy to announce that Sheriff Scott Howell is starting up the K-9 program again at the Anson County Sheriff's Office beginning with K-9 Landi, a four month old red bloodhound that was donated by the Chesterfield County Sheriff's Office. A Bloodhound in law enforcement can be a valuable

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tool. Bloodhounds are used to locate missing people, from small children to the elderly. They are also used to assist in locating criminals, and help in gathering information at crime scenes by showing investigators things that can't be seen, such as the direction a suspect left on foot, or even to identify and locate possible suspects.

K-9 Landi will be trained in tracking and trailing, and scent discrimination, and certified with her handler, Lt. Jimmy Williams. Keep in mind that it will take time to reach certification level. There are a lot of hours that go into this type of training. It isn't that something is achieved overnight.



The Sheriff's Office K-9 Team looks forward to serving the people of Anson County and we appreciate your continued support.

Ansonia Theatre March 2023 Spotlight is on Ayla Perkins

This release is from the Ansonia Theatre: Ayla Perkins was back on the Ansonia Stage in Smoke on the Mountain. She was trying to steal the show with her character June Sanders, whose talent is 'signing" to the gospel music of the Sanders family!

Ayla has performed in nearly a dozen plays and participated in many summer camps here at the Ansonia. She is very excited to bring back the role of June Sanders alongside her mother, Teri Brown (Miss Myrtle) and her father, Donald Perkins (Stanley Sanders).

Ayla also has a brother, Oliver, and pictured with her here is Speck. Ayla and her family are an integral part of

the Ansonia family. We love them! Aula-this month the spotlight is





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Anson County Democratic Party PRECINCT CLUSTER MEETING

The Anson County Democratic Party is holding a Precinct Reorganization Meeting in a cluster meeting of Precincts held jointly. All registered Democrats are encouraged to attend.

SATURDAY, MARCH 25 10AM **DOORS OPEN 9:30AM**

At the Anson County Courthouse 114 North Greene Street in Wadesboro

Current Precinct Leaders will meet Thursday, March 23 at Lady Bug Restaurant in Wadesboro at 6:00pm to prepare for the Cluster Precinct Meeting.



THE ANSON COUNTY DEMOCRATIC **CONVENTION WILL BE APRIL 22 AT 10AM AT** THE ANSON COUNTY COURTHOUSE. DELEGATE **REGISTRATION BEGINS AT 9:30AM.**

> For additional information, contact Dannie Montgomery, Democratic Party Chair, at 704-694-8326 or Henrietta Barringer, Secretary.

on YOU!!!



Enjoying the Outdoors

In the last two decades childhood has moved indoors. The average American child spends as few as 30 minutes in unstructured outdoor play each day and more than seven hours each day in front of an electronic screen. The outdoors provides endless opportunities for physical activity, such as biking and hiking. Outdoor play for children promotes fitness, can raise vitamin D levels, and can help reduce stress.

Here are some ways your children (and you) can be more active outdoors:

• Bike riding: Whether you bike through your neighborhood, on a trail, or through a state park, bike riding is a fun activity to do as a family.

• Swimming: Going to a pool, lake, ocean, or river open to the public for swimming is a great way to cool off and get exercise during the summer months.

· Parks: Local and state parks provide many options for physical activity, from playgrounds to canoeing. Parks are great places to find activities that all of your children can enjoy, no matter how old they are.

• Hiking: Hiking trails range in difficulty, from easiest to very strenuous, so it's easy to find a trail that suits your pace and experience level.

 Backyard play: Your own backyard is a great space for a quick game of catch or for getting all 60 minutes of your child's daily physical activity! Try activities like hula hoop, "Red Light Green Light," jump rope, or even gardening.

• Remember to bring water, sunscreen, snacks, and other appropriate safety equipment (such as helmets) for whatever activity you choose.

Whether you go in your backyard or to a hiking trail, enjoy the outdoors as the weather gets warmer!

By Judith Garcia, N.C. Cooperative Extension, Union County Center



And More... See Us In 2023!

• ELECTRONIC FILING DIRECT DEPOSIT (Federal & NC State)

Hours: Monday - Friday 9 am - 6 pm Saturday 9 am - 12 pm

102 South Rutherford Street • Wadesboro, NC 704-694-6342

Funny, Random & Weird Holidays this Week

• March 23 Thursday -Puppy Day & Near Miss Day

• March 24 Friday Chocolate Covered Raisins Day

• March 25 Saturday -Waffle Day & Tolkien Reading Day

• March 26 Sunday Make Up Your Own Holiday Day

• March 27 Monday Spanish Paella Day

• March 28 Tuesday -Something on a Stick Dav

• March 29 Wednesday Smoke and Mirrors Day