Access to family planning health care is critical to reaching your life's goals.

How Would You Finish This Sentence?

FAMILY PLANNING IS THE FOUNDATION FOR



Schedule a physical and/or birth control consult today at the Anson County Health Department

ANSON COUNTY HEALTH DEPARTMENT 110 Ashe Street Wadesboro 704-694-5188 Sliding fee scale for the uninsured.



Funded by Title X Reproductive Health Services



We are open and ready to serve our customers.

With the safety of our clientele as a top priority, our facility is continually undergoing enhanced cleaning.

We also respect the importance of keeping a safe distance during your visit.

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North Carolina 2-1-1 Offers Information on Your Phone and Online

What is NC 2-1-1? NC 2-1-1 is an information and referral service provided by United Way of North Carolina. Accessible via an easy-to-remember, three-digit number, families and individuals can call to obtain free and confidential information on health and human services and resources within their community. Dial 211 or visit *www.nc211.org*.

When can I call NC 2-1-1? 2-1-1 is available 24 hours a day, seven days a week, 365 days a year. Dialing 2-1-1 is free, confidential, and available in most languages. Is NC 2-1-1 statewide? NC 2-1-1 is available by landline, cell phone, and VOIP in all 100 counties of North Carolina.

What information is available by dialing 2-1-1? NC 2-1-1 maintains a robust database with information on thousands of programs and services in North Carolina. We refer callers to organizations in their local community best equipped to address their specific health and human services needs including food, shelter, energy assistance, housing, parenting resources, healthcare, substance abuse, as well as specific resources for older adults and for persons with disabilities, and much more.

When an individual calls NC 2-1-1, a trained call specialist will conduct a search based on his or her geographic location to identify resources based on the caller's current needs. In addition to contact information for the community resource, the call specialist will provide eligibility requirements, the intake process for a program, the hours of operation, any requirements for appointments, and accessibility information, when available.

What role does NC 2-1-1 play in the event of a disaster? NC 2-1-1 is a member of the State Emergency Response Team and is part of the State's Emergency Plan. In the event of a natural or public disaster, NC 2-1-1 is a public information portal for residents to obtain real-time communications and resources related to the disaster. Caller needs are tracked in order to provide information on trends and local circumstances that residents are facing to emergency managers.

In 2016, more than 12,000 North Carolinians dialed 2-1-1 to get information on emergency evacuations, shelters, meal sites, water and food distributions, and post disaster clean-up and recovery assistance during Hurricane Matthew.

Does the online search tool provide the same results as dialing 2-1-1? The online database is the same database used by the call specialists. However, our call specialists are trained to search using specific keywords which may provide additional resources. If you don't find what you need online, we strongly encourage you to dial 2-1-1. Call specialists are available 24/7/365 to help.

What types of organizations are included in the database? The database includes non-profit organizations and government agencies that provide health and human services to citizens in North Carolina based on specific inclusion criteria. More information is available at *www.nc211.org*.

Free Groceries Available to Eligible Families this Saturday, March 28 at BRLC

A new shipment of USDA foods will be distributed on Saturday, February 29, from 12:00 noon until 2 p.m., or as long as supplies last, at Burnsville Recreation & Learning Center (BRLC). Please note that neighbors will only be served once monthly with these items as long as they last.

The items are distributed on a first come, first served basis for eligible Anson County citizens.

All Ansonians who are seeking help with food will need to apply for assistance. (The new year for qualifying began October 1, 2019). * Families or family members who receive federal food assistance automatically qualify.

Children are not allowed during this time.

All participants who plan to pick up food are asked to bring someone to help them if they need help, as BRLC will no longer be able to provide this support.

The North Carolina Department of Agriculture and Consumer Services Food Distribution Division provide these food items through the Second Harvest Food Bank of Metrolina in Charlotte.

The US federal income guidelines will be a determining factor for individual's eligibility. The food items will only be available to Ansonians. Individuals who have not registered or received food before from the BRLC Emergency Food Pantry must have financial documentation as proof of income to be served. Those families who receive food stamp assistance will automatically qualify. Parents are asked not to bring children due to limited seating space. Neighbors are always asked to please fill BRLC's parking lot first. Burnsville Fire & Rescue have made their parking area available for the overflow of neighbors who attend. Please do not arrive before 12 a.m. on Saturday morning.

The USDA prohibits discrimination against its customers, employees and applicants on the bases of race, color, national origin, age, disability, sex gender identity, religion, reprisal, and where applicable, political belief, marital status, familial or parental status, sexual orientation, or if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. Not all prohibited bases will apply to all program and activities.

You can contact BRLC at 704-826-8737 for information, from 10 a.m. to 5 p.m. Monday through Thursday. BRLC is located at 13349 Highway 742 North in Burnsville, across from the Fire Department.

For more information check *www.burnsvillelc.org*.

Pee Dee Electric Awarding Scholarships for Summer Basketball Camps

Middle school students will attend UNC and NCSU

MARTIN FURNITURE IS OPEN

Ford

To provide sales of furniture & appliances for the community.

We also provide service for your appliances.

We employ enhanced cleaning to our showroom, and keep a safe distance from our customers for safety.



Registration deadline is March 31.

Pee Dee Electric is giving two local middle school students the opportunity to hit the hardwood alongside their favorite college basketball athletes and coaches this summer, thanks to Touchstone Energy Sports Camp Scholarships.

Pee Dee Electric will select one young man for a scholarship to attend the Roy Williams Carolina Basketball Camp June 20-24 at the University of North Carolina at Chapel Hill, and one local young woman to attend the Wolfpack Women's Basketball Camp June 21-24 at North Carolina State University in Raleigh. The scholarships cover all expenses at the overnight camps, which provide a glimpse into life on a college campus.

Applications are being accepted through March 31 and can be found online at www.ncelectriccooperatives.com/sports-camps. Contestants will be judged on academic records, extra-curricular activities and a required essay. To be eligible to win, students must be in the sixth, seventh or eighth grade during the 2020-2021 school year and have permission from a parent or guardian to attend. Scholarship winners are expected to be announced in May.

Campers stay overnight in dorms, learn fundamental skills that will help them excel on and off the court, and receive individual and group instruction from Division 1 coaches to enhance their basketball and team working abilities. Wes Moore, coach of the Wolfpack women's basketball team, and Roy Williams, coach of the 2009 and 2017 national champion Carolina Tar Heel men's basketball team, will direct the camps with the help of staff, as well as current and former players.

Eligible students who are interested can contact Seth Allen at *sallen@pdemc.com* or visit the website:

www.ncelectriccooperatives.com/sports-camps for information.

More than 50 students from across the state will win an all-expenses paid scholarship to attend basketball camp. Now in its 17th year, the scholarship program reflects Touchstone Energy Cooperatives' core values of accountability, integrity, innovation and commitment to community.

For more information about Pee Dee Électric, please visit www.pdemc.com.

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A Touchstone Energy® Coc

Energy Efficiency Tip of the Month

Placing hot food in the refrigerator makes the appliance work harder than necessary, using more energy. Allow food to cool down before you place it in the fridge. Pee Dee Electric