Anson District Cub Scout Pinewood Derby Race Results

The annual Anson District Cub Scout Pinewood Derby was held Saturday, March 28 at the Fireman's Training Center in Wadesboro. The Derby, sponsored by C&M Auto Supply, allows the boys to build their own wooden car from a kit and race against their peers for a chance to advance to the Council Derby in May. Each participant received a patch, and the first to third place winners in each den received a handmade wooden medallion and will advance to the Council Pinewood Derby. The overall winners received trophies.

Den Winners who advance to the Council race are:

Tiger Cubs - 1st Grade Andrew Davis-First Place, Jasper Hildreth-Second Place, Omari Chambers-Third Place

Wolves - 2nd Grade Jayden Baxley-First Place, Shakelin Liles-Second Place

Bears - 3rd Grade Shafraviem Liles-First Place, Prince Vang-Second Place, Jaylen Lisenby-Third Place Webelos - 4th & 5th Grade Trent Taylor-First Place, Jamare Leak-Second Place, Joseph Davis-Third Place Overall Winners were: 1st Place Shafraviem Liles, Pack 505; 2nd Place Trent Taylor, Pack 530; 3rd Place Jamare Leak, Pack 505; 4th Place Shakelin Liles, Pack 505; 5th Place Jayden Baxley, Pack 530; Best Looking Car Prince Vang, Pack 530; Most Unique Car Quamaine Legrande, Pack 505; Peoples Choice Tony Boatwright, Pack 505.



Bears Winners - Jaylen Lisenby 3rd, Shafraviem Liles 1st, Prince Vang 2nd



People's Choice - Tony Boatrwright with Mike McCormick of C and M Auto Supply



Tiger Cubs Winners - Jasper Hildreth 3rd, Andrew Davis 1st, Omari Chambers 2nd



Webelos Winners - Joseph Davis 3rd, Trent Taylor 1st, Shakelin Liles 2nd



Wolves Winners - Shekelih Liles 2nd and Jayden Baxley 1st



Most Unique - Quamaine Legrande with Mike McCormick of C and M Auto Supply

Tobacco Smoke a Strong Trigger for Asthma Problems

May is Asthma Awareness Month. There has never been a better time to remind parents that tobacco smoke is a strong trigger for asthma, meaning breathing it can cause asthma attacks, when breathing passages become narrow and irritated, causing coughing, wheezing and difficulty breathing.

Asthma is a common respiratory disease that affects one in 10 North Carolina children and is a common reason for school absences. Children with asthma are more likely to visit emergency rooms than children without asthma. "An asthma attack can be frightening, and can even be life-threatening", said Dr. Zeller at Anson County Health Department. "Avoiding trig-

gers like secondhand smoke can keep a child with asthma out of the emergency room". One of the most proven methods to keep asthma under control is to remove all asthma triggers from the home and school environment. Asthma triggers vary from patient to patient, but too often include tobacco smoke. Parents of children with asthma can help by only smoking outside the home, but the best way to eliminate danger for children with asthma is to quit smoking if you are a parent or another adult who spends time with children.

A great first step is to make your home and car smoke-free zones, which keeps the inside air safe for everyone. If you are responsible for a child with asthma, do not take them into smoky environments, and do not allow others to smoke around them. If you live in an apartment or other multi-unit housing that is not smoke-free indoors, consider working towards making your building smoke-free. A smoke-free policy can save money, reduce fire risk and will make everyone healthier-not just those with asthma.

If you or someone you know wants to guit smoking, QuitlineNC can provide free help 24 hours a day, seven days a week. Call (1-800-784-8669) or, for Spanish speakers, 1-800-Dejelo-Ya (1-800-335-3569). For more information, visit www.QuitlineNC.com. For information on asthma and the N.C. Asthma Alliace, visit www.asthma.ncdhhs.gov. For information on smoke-free multi-unit housing visit www.smokefreehousingnc.com.

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