

# THE EXPRESS

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Serving Anson County and the Municipalities of Ansonville, Lilesville, McFarlan, Morven, Peachland, Polkton and Wadesboro.

## National Women's Health Week Begins on Mother's Day, May 14

It's never too early or late to work toward being your healthiest you! Women's Health Week is an observance led by the U.S. Department of Health and Human Services Office on Women's Health. The goal is to empower women to make their health a priority. The week also serves as a time to encourage women to take steps to improve their health. The 18th annual National Women's Health Week kicks off on Mother's Day, May 14, and is celebrated through May 20.

To improve your physical and mental health, you can:  
• Visit a doctor or nurse for a well-woman visit (checkup) and preventive screenings. • Get active. • Eat healthy.  
• Pay attention to mental health, including getting enough sleep and managing stress. • Avoid unhealthy behaviors, such as smoking, texting while driving, and not wearing a seatbelt or bicycle helmet.

Learn more about National Women's Health Week at [www.womenshealth.gov/nw/hw](http://www.womenshealth.gov/nw/hw).

The Anson County Health Department wants to help you take control of your health. Call (704) 694-5188 to schedule a Well Woman appointment, or talk to your medical provider about how to become your healthiest you!

## Commencement Exercises for the SPCC Class of 2017 Are Thursday

South Piedmont Community College will hold commencement exercises for the class of 2017 on Thursday, May 11.

Two ceremonies will take place at the Union County Agricultural & Conference Center. The first one at 10 a.m. will recognize Allied Health & Nursing students as well as Union County Early College students. The 2 p.m. ceremony will recognize Associate in Arts, Associate in Science and Applied Science Technology students as well as Anson County Early College students.

Both ceremonies are ticketed events. The commencement addresses will be given by Maureen Little, Vice President of Economic Development for the North Carolina Community College System.

## Dominion Resources to Purchase 550 Acre Solar Power Project Near Morven

Dominion Resources, Inc. (NYSE:D) recently declared that it plans to purchase a 79-megawatt solar energy facility under construction in Anson County from Cypress Creek Renewables, LLC. A power purchase agreement is in place for the offtake from the solar facility.

"Dominion is happy to expand its solar power portfolio in North Carolina," said Paul D. Koonce, president and chief executive officer of the Dominion Generation Group, which oversees 26,200 megawatts of electric generating capacity in 11 states. "Recently's declerement aligns with our aim of adding carbon-free, cost-effective generation to our fleet."

"We are thrilled to be working with Dominion on this project," said Matthew McGovern, CEO of Cypress Creek Renewables. "Their growing renewable energy portfolio sets them apart from their peers and positions Dominion to continue its leadership role in the energy market of the future."

The IS37 solar facility, located on a 550-acre tract of land near Morven, is being constructed by an associate of Cypress Creek Renewables. A partner of Dominion Energy, Inc., a wholly owned partner of Dominion, has agreed to acquire the facility upon completion, expected in the second quarter of 2017. About 450 workers are expected onsite during the peak of construction.

The company has 535 megawatts of solar generating capacity - or enough to power nearly 135,000 homes and businesses at times of peak use - under development or in operation in North Carolina and Virginia. Dominion's North Carolina solar fleet also includes the 20-megawatt Morgans Corner array in Pasquotank County and the 60-megawatt Summit Farms facility in Currituck County.

About Dominion - Dominion is one of the nation's largest producers and transporters of energy, with a portfolio of approximately 26,200 megawatts of generation, 15,000 miles of natural gas transmission, gathering and storage pipeline, and 6,600 miles of electric transmission lines. Dominion operates one of the nation's largest natural gas storage systems with 1 trillion cubic feet of storage capacity and serves more than 6 million utility and retail energy customers. For more information about Dominion, visit the company's website at [www.dom.com](http://www.dom.com).

About Cypress Creek Renewables - Cypress Creek Renewables partners with local communities to provide wide-spread access to affordable, clean energy. With over 5 gigawatts of solar deployed or in development (enough to power nearly 1,000,000 homes), Cypress Creek Renewables is one of the largest and fastest-growing dedicated providers of local solar farms.

## Yard Sale of the Carolinas is this Saturday in Chesterfield

Vendors from New York to Florida have registered for the annual "Yard Sale of the Carolinas" to be held in Chesterfield this Saturday, May 13. The event will be held from 7 a.m. to 12 noon in the 200 and 300 blocks of West Main Street (in front of the Chesterfield County Courthouse). This year's event is co-sponsored by the Greater Chesterfield Chamber of Commerce and Hospice of Chesterfield County's Sunshine Shoppe thrift and gift store.

The yard sale provides a great opportunity for individuals, families, civic groups and churches to raise funds by selling items. Spaces are available for \$15 (one parking space) and you may reserve multiple spaces. There are a limited number of spaces available.

Residents and organizations are also encouraged to have yard sales on their own property that day. The Town has suspended the yard sale permit requirement for the day of the event. Those having yard sales outside of the street sale are encouraged to register their yard sale as well. A list of yard sales within the town limits will be made available to those visiting the street sale.

Registration forms are available at the Hospice of Chesterfield County office, located at 700 West Blvd. and the Sunshine Shoppe, located at 122 Main Street, both in Chesterfield. The deadline for registration is May 10. For more information call the Hospice office at (843) 623-9155.

## Anson 4-H Fashion Revue, Talent Show, Creative Talent and County Presentation Programs

On Thursday, April 27, 33 proud parents, friends, and relatives attended Anson County 4-H's annual Fashion Revue and Creative Talent Show that was held at the Cooperative Extension Center. In competition at the event for scholarship prizes and ribbons were 17 4-H'ers.

The Fashion Revue consisted of 4-H'ers modeling garments they had made for the spring. A new category was added this year for non-garment participants that could enter items in the accessory or jewelry divisions. The Fashion Revue was judged earlier in the week, although winners were not announced until Thursday night's festivities.

Mrs. Deloris Evans of Wadesboro judged the fashion competition.

Winners for the evening were: Cloverbud Fashion- Laia Smith-Maxwell and Andrew Martin. Jr.-Teen Fashion- 1st Milayah Smith. Sr. Teen Fashion- 1st Alexis Smith. In the non-garment categories winners were: Accessories Junior: 1st Milayah Smith (Tote bag) and 2nd place Kendall Duncan (denim pocketbook), Senior- 1st Katherine Brown and 2nd Na'La Brown for making tote bags. A big thank you to Ms. Betty Garris for helping the youth with their garments.

Cloverbud Creative Exhibits: Andrew Martin, Zoë Martin and Makayla Knotts. Junior Creative Crafts/Hobby: 1st Quenton Cromartie, 2nd Kendall Duncan and 3rd Milayah Smith. Photography: 1st Alysa Liles, 2nd Kendall Duncan and 3rd Milayah Smith. Junior Art: 1st Kendall Duncan and 2nd place was Milayah Smith. Senior Photography: 1st Katherine Brown. Senior Art and Craft/Hobby: 1st Katie Edwards. Senior Photography: 1st Justin Duncan, 2nd Katherine Brown. Senior Creative Writing: 1st Justin Duncan and 2nd Na'La Brown.

All 1st and 2nd place winners in the Fashion Revue received \$20.00 and \$15.00 scholarships to be used towards a 4-H event or trip, while Cloverbud participants received \$10 scholarships. Non-garment participants received \$15.00 and \$10.00 in scholarships with cloverbuds receiving \$5.00 for participation.

In Creative Talent Exhibits, winners received \$12, \$8, and \$5 for 1st and 2nd, place. All Cloverbuds received \$5 participant scholarships. Scholarship money is provided through program fundraising efforts.

The 4-H Talent Show and County Presentation competition was also held the same night. A big thank you to Mrs. Jessica Morgan and Mrs. Janet Gilreath for judging our county presenters and Mrs. Janine Rywak for judging our talent show. Winners of county presentations were Keyshawn Tillman, 1st, 11-13 Public Speaking; Milayah Smith, 1st, Health & Fitness and Cameron Tillman, 2nd, 11-13 Health & Fitness. Katherine Brown, 1st, Community Service and Citizenship. Katie Edwards, 1st, 14-18 Health & Fitness and LaMia Smith-Maxwell, 2nd, 14-18 Health & Fitness. Na'La Brown, 1st, 14-18 Public Speaking. Katie Edwards placed 1st in our talent show with a piano solo and Akira LeGrand placed 2nd with a clarinet solo. All talent and county presenters will advance to district competition in June in Alexander County.

These county 4-H programs are all annual events. 4-H participation is open to all youth regardless of sex, race, religion or national origin. For more information about 4-H in Anson County, contact Roshunda Terry, 4-H Agent at 704-694-2915.



Pictured here are, front: Zoë Martin. Second row: Milayah Smith, Laia Smith-Maxwell and Andrew Martin. Third row: Alexis Smith, Na'La Brown, Keyshawn Tillman and Cameron Tillman. Back row: LaMia Smith-Maxwell, Akira LeGrand, Katie Edwards and Katherine Brown.  
Not Pictured: Queton Cromartie, Kendall Duncan, Alysa Liles and Justin Duncan

## HOLLA! 5K Will Be Held on Saturday, May 20

The Annual HOLLA! 5k Walk/Run Into The Freedom of Literacy is scheduled for Saturday, May 20 in Morven.

The event will begin at 8:00 a.m. with the warm-up and literacy rally at the park in Morven. Supporters who have not pre-registered will be able to do so at this time. The race begins at 9:00 a.m. and will be professionally timed by Finishwell Timing.

Organizers stress that it is a family event. You can walk or run, but prizes will be awarded in various age categories to the fastest to complete the 3.1 mile trek through Morven.

Individual registration is \$20. Registration is \$150 per team of 10 members. You can register online at [www.racesonline.com](http://www.racesonline.com) or by calling 704-851-3144.

Proceeds from the HOLLA! 5k are used to fund HOLLA!'s mission to be an agent of positive change in the community, with an emphasis on literacy. Donations can be sent to HOLLA!, P.O. Box 88, Wadesboro, NC 28170.



## Grace Senior Center Notes

• Dancercise Exercise at Grace Senior Center is held on Mondays, from 1 to 2 p.m. and on Thursdays from 10 to 11 a.m. For more information, please call 704-694-6616.

• Bingo will be held the 4th Tuesday, on May 23 for the month of May at Grace Senior Center, from 1 to 2 p.m. There is no cost for this fun for seniors age 55 and over. For more information and to register, please call 704-694-6616.

• Grace Senior Center still has vacancies for the 4 day/3 night trip to the Amishlands in Pennsylvania, July 18 through July 21. The cost of the trip is \$409 per person with double occupancy, \$538 for a single room, \$384 for triple and \$374 for quad room. The package includes 3 nights lodging, 3 breakfasts, 2 dinners, performance of "Jonah" at the Millennium Theatre, a guided tour of the Amish Countryside, including stops at an Amish Craft Farm and a bake shop, a stop at the Kitchen Kettle Village, Bird-in-Hand Farmer's Market, a free day for outlet shopping at Tanger Outlets & Rockvale Square Outlets in Lancaster Pa, a souvenir gift, luggage handling, taxes and meal gratuities along with motor coach transportation. They are now accepting deposits of \$100, with the final payment due on June 16. There will be no exceptions after June 16. Cancellation insurance is available upon request. For more information or to register please call 704-694-6616.

## School Board Meets on May 16

The date for the regular Board of Education meeting for May has been changed to Tuesday, May 16. The meeting will take place in the Administrative Office Board Room, located at 320 Camden Road in Wadesboro. The Board will hold a Closed Session at 5:30 p.m., and the Open Session for the public will begin about 6:30 p.m.

## Compassionate Friends Balloon Release is Thurs.

The Compassionate Friends is a support group for anyone who has experienced the death of a child. They cordially invite you to their annual Balloon Release and Covered Dish Meal. This is a special time as everyone joins together to remember our children are no longer with us.

This event will take place on Thursday, May 11 at 6 p.m. at the Polkton Depot. Please bring a photograph of your child, a well filled picnic basket, and your family and friends. Everyone is welcome.

The Compassionate Friends meet the second Thursday of each month at 7 p.m. in the Training Room at Pee Dee Electric, located on Highway 52 North in Wadesboro. For more information call Irvin Thompson at 704-694-8774.

## Blood Drive May 16

A Wadesboro Community Blood Drive will be held on Tuesday, May 16, from 1:30 to 6 p.m. at the First Baptist Church on Lee Avenue.

To schedule a life saving appointment please visit [www.redcrossblood.org](http://www.redcrossblood.org) and enter the sponsor code 'Wadesboro Community.'

## Senior Info and Health Fair is Tuesday, May 16

Grace Senior Center's annual Senior Information & Health Fair will be held on Tuesday, May 16 at the Lockhart-Taylor Center's Ingram Room. The event will take place from 11 a.m. to 1 p.m.

Contact Grace Senior Center to register and for information at 704-694-6616.