



Peachland-Polkton Elementary Terrific Kids for Third Nine Weeks

Peachland-Polkton Elementary School held its Terrific Kid Celebration for the third 9 weeks on Tuesday, April 1st. Pictured are the students who were recognized for this honor. From left, front row: ArRiyonah Addison, Bostyn Bridgers, Aaliyah Phillips-Murdock, Will Kelly, Genesis Moore, Logan Davis, Faith Dyne, Ladante Huntley, Kayla Barrino, Dylan Kiser, Annasthina Anasth, James Martin, Saria Maskenze, Gage Lookabill, Za'Dariya Wall, Brayden Burr, Robin Wilhoit, Andrew Hill, Brandon Miranda-Gomez, Michael Smith, Alexis Smith, Marissa Polson, Ricky Mckenzie, Jackson Harrington. Second row: Dallas Williams, Charlie Dennison, Timothy George, Marley Joyner, Reace Parker, Conner Thurman, Claudia Hill, Dexter Jones, Sam Tupper, Caleb High, Brooklyn Lear, Hillary Adams, Audrey Hyatt, Kole Dutton. Third row: Karmen Cranford, Ayden Hunter, Cameron Lockhart, Sarah Andrus, Madison Seppelt, Zachary Kiker, Jack Flake, Cameron Robinson, Trinity Ivey, Willow Funderburk, Ja'mia Bennett, Talisa Rogers, Kayli Wilson, Ruthie Snodgrass. Not pictured: Hunter Ross and Jessica Hildreth.



Arianna Delts and Trinity Merant Win Scholastic Contest

Arianna Delts and Trinity Marant, fifth grade students at Morven Elementary School, have been named winners in the "Classworks All-Star" contest. (Classworks is a computer-based Math, Reading and Science program.) They have been ranked in the top 500 Classworks users nationwide and recognized for having the highest time in Classworks with at least 70% mastery during the spring semester.

Each student was awarded a t-shirt. Congratulations on achieving this success and special honor!

Women and Alzheimer's Report

North Carolina expected to see 20% increase in seniors living with Alzheimer's within the next six years

According to the Alzheimer's Association 2014 Alzheimer's Disease Facts and Figures report released today, a woman's estimated lifetime risk of developing Alzheimer's at age 65 is 1 in 6, compared with nearly 1 in 11 for a man. As real a concern as breast cancer is to women's health, women in their 60s are about twice as likely to develop Alzheimer's over the rest of their lives as they are to develop breast cancer.*

Women are at the epicenter of the Alzheimer's crisis. Almost two-thirds of American seniors living with Alzheimer's disease are women. An estimated 3.2 million women aged 65 and older are living with Alzheimer's.

Adding to women's Alzheimer's burden, there are 2.5 times as many women than men providing intensive "on-duty" care 24 hours for someone living with Alzheimer's disease. Among caregivers who feel isolated, women are much more likely than men to link isolation with feeling depressed (17% of women vs. 2% of men).

The strain of caring for someone with Alzheimer's is also felt in the workplace. Among caregivers who have been employed while they were also caregiving:

- 20% of women vs. 3% of men went from working full-time to working part-time while acting as a caregiver.
- 18% of women vs. 11% of men took a leave of absence
- 11% of women vs. 5% of men gave up work entirely
- 10% of women vs. 5% of men lost job benefits

Human and Financial Toll of Alzheimer's There are more than 5 million Americans living with Alzheimer's disease, including 150,000 here in North Carolina, but Alzheimer's has far reaching effects that can plague entire families. There are 442,000 Alzheimer's caregivers in North Carolina providing 504 million hours of unpaid care valued at over six million dollars.

The total national cost of caring for people with Alzheimer's and other dementias is projected to reach \$214 billion this year. In 2014, the cost to Medicare and Medicaid of caring for those with Alzheimer's and other dementias will reach a combined \$150 billion with Medicare spending nearly \$1 in every \$5 on people with Alzheimer's or another dementia.

These numbers are set to soar as the baby boomers continue to enter the age of greatest risk for Alzheimer's disease. Unless something is done to change the course of the disease, there could be as many as 16 million Americans living with Alzheimer's in 2050, at a cost of \$1.2 trillion (in current dollars) to the nation. This dramatic rise includes a 500% increase in combined Medicare and Medicaid spending and a 400% increase in out-of-pocket spending. The country's first-ever National Plan to Address Alzheimer's Disease has a goal of preventing and effectively treating Alzheimer's disease by 2025. Ensuring strong implementation of the National Alzheimer's Plan, including adequately funding Alzheimer's research, is the best way to avoid these staggering human and financial tolls.

Lack of Understanding of the Disease Alzheimer's disease is the sixth leading cause of death in the United States, yet it is still widely misunderstood and underreported. Nearly a quarter (24%) of both men and women agree with the mistaken belief that Alzheimer's must run in their family to be at risk.

When looking at certain ethnic groups, these numbers were even higher. A third of Latinos (33%) and almost half of Asians (45%) agreed with that incorrect statement.

In 2010, the Alzheimer's Association in partnership with Maria Shriver and The Shriver Report conducted a groundbreaking poll with the goal of exploring the compelling connection between Alzheimer's disease and women. Data from that poll were published in The Shriver Report: A Woman's Nation Takes on Alzheimer's, which also included essays and reflections that gave personal perspectives to the poll's numbers. For the first time, that report revealed not only the striking impact of the disease on individual lives, but also its especially strong effects on women - women living with the disease, as well as women who are caregivers, relatives, friends and loved ones of those directly affected.

Realizing the impact Alzheimer's has on women - and the impact women can have when they work together - the Alzheimer's Association is launching a national initiative this spring highlighting the power of women in the fight against this disease. To join the movement visit www.alz.org/mybrain.

The full text of the Alzheimer's Association Facts and Figures can be viewed at www.alz.org. The full report will also appear in the March 2014 issue of Alzheimer's & Dementia: The Journal of the Alzheimer's Association (Volume 10, Issue 2).

Alzheimer's Association Alzheimer's Disease Facts and Figures The Alzheimer's Association Alzheimer's Disease Facts and Figures report is a comprehensive compilation of national statistics and information on Alzheimer's disease and related dementias. The report conveys the impact of Alzheimer's on individuals, families, government and the nation's health care system. Since its 2007 inaugural release, the report has become the most cited source covering the broad spectrum of Alzheimer's issues. Facts and Figures report is an official publication of the Alzheimer's Association.

Alzheimer's Association The Alzheimer's Association is the world's leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's. For more information, visit www.alz.org.

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