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#### Mrs. Barbara **Phillips Hargett**

Mrs. Barbara Phillips Hargett, 79, died Tuesday, May 7, 2019 at Novant Hospital in Matthews.

A memorial service was held on Saturday, May 11, 2019, in the Chapel of Leavitt Funeral Home with Rev. Sydney Pratt officiat-

ing.
There will also be a gathering of family and friends at 2:00 p.m. on Saturday, May 18, 2019, at the home of her daughter, located at 6009 Plyler Mill Road in Monroe.

Barbara was born December 29, 1939, in Iredell County, NC, a daughter of the late James Britt Phillips and the late Verlie Ruth Wilson Phillips. She attended Shiloh United Methodist Church. loved to fish so much that she taught her three children to fish.

Surviving are her children, Danna Timmons (Sam) of McFarlan, Tracy Freeman (Gerald) of Monroe and J. Von Hargett (Shores) of Chesterfield,

## grandchildren, **Obituaries**

SC; her grandchildren, Jessica Brockett, Bud Blackwelder, Jerry Freeman, Joe Freeman, Brittany Hargett, Chris Hargett, Masey Hargett and Jeb Hargett; and her great-grandchildren, J.Von Hudson, Katelyn Hudson, Justin Hudson, Destiny Blackwelder. Austin Blackwelder, Harper Wright and Malachi Gorski.

In addition to her parents, she was preceded in death by her husband J. Von Hargett, Sr. and her sister Carolyn Holland.

The arrangements are in care of Leavitt Funeral Online condo-Home. lences may be made at www.leavittfh.com.

#### Mrs. Betty **Parrish Harrington**

Mrs. Betty Parrish Harrington, age 83, died Wednesday, May 8, 2019, while a patient at Anson Health & Rehab.

A service to celebrate her life was held on Friday, May 10, 2019, at Leavitt Funeral Home with Rev. Johnny Johnson and Rev. David Parrish officiating. Interment followed at Anson Memorial Park

Born in Anson County on October 11, 1935, Betty was a daughter of the late Lawrence Parrish and Ethel Grace Deese Parrish. She had worked as a Certified Nurse's Assistant, and was retired from the Lillie Bennett Nursing Facility.

Survivors include her husband of 68 years, William "Bill" Harrington of the home; two daughters, Esta (Craig) Stroud of Hamlet and Brenda Carpenter of Wadesboro; four

(Stephanie) Tucker of Morven, Scott Tucker of Rockingham, Jeff (Love) Carpenter of Marshville, and Lori Schnierllein of Wadesboro; eight greatgrandchildren, Jordan (Hollie) Tucker, Peyton Tucker, Noah Tucker, Logan Tucker, Walker Carpenter, Hanna Harward, Jordan Schnierlein and Kendall Schnierlein; and two brothers, Tom (Jenny) Parrish of Chesterfield, SC, and Steve (Jackie) Parrish of Camden, In addition to her par-

Brvan

dock Harrington.

Ashton Lane Harward,

Grant Steven Harward, Dil-

lon Lee Huffstickler and

Justin Walter Huffstickler;

great niece Collins Reece

Harward; and many dedi-

cated and loving nursing

press their sincere thanks

to the staff at Wadesboro

Health and Rehab for

being so kind to Annette

and providing her with

morials be made to Wades-

boro Health & Rehab

Country Club Rd., Wades-

boro, NC 28170 or to the

Gum Springs Fellowship

House Fund, c/o Sarah

Harrington, 1364 Haileys

Ferry Rd., Lilesville, NC

in care of Leavitt Funeral

Home. Online condo-

lences may be made at

Mr. Cary

Welch Teal

age 89, entered into rest

on Monday, May 13,

be held at 3:00 p.m. on

Saturday, May 18, 2019,

at the Pleasant Hill Ceme-

tery in McFarlan, officiated

by Brent Taylor. The fam-

ily will greet friends imme-

diately following the service

1, 1929, in Marshville,

Mr. Teal was born June

at the cemetery.

Mr. Cary Welch Teal,

A graveside service will

www.leavittfh.com.

The arrangements were

The family suggests me-

such good care.

Family Council,

The family wishes to ex-

home staff members.

ents, Betty was preceded in death by two brothers, Robert Lawrence Parrish and Ralph Edward Parrish; and two sisters, Judy Parrish Cassidy and Billie Par-

The family suggest memorials be made to Richmond County Hospice, Inc., 1119 US Hwy 1 North Rockingham, NC

#### Miss Margaret **Annette Harrington**

Miss Margaret Annette Harrington, age 65, simply closed her eyes and went to Heaven on Wednesday, May 8, 2019, where she was joyfully reunited with both her mom and dad.

I give them eternal life, and they will never perish, and no one will snatch them out of my hand. John 10:28

A service to celebrate Annette's homegoing was held on Monday, May 13, 2019, by the graveside at Eastview Cemetery with Rev. Tom Walden officiat-Born in Anson County

on August 17, 1953, Annette was the daughter of the late Joel Fant "J.F." or "Happy" Harrington, Jr. and Margaret Reece Mur-

NC, a son of the late Cary Survivors include the Wallace and Isabel Davis best brother anyone in the Teal. He was a retired steel whole world could ever ask contractor. He enjoyed for, Steve (Sarah) Harringtraveling, camping, and ridton of Lilesville; two nieces, Stephanie Ann (Stanley) ing motorcycles. Mr. Teal enjoyed "piddling," Harward, and Virginia Reece (Jason) Huffstickler; could repair anything from small engines to antique great nieces and nephews, clocks. J.F. (Kourtnie) Harward,

In addition to his parents, Welch was also preceded in death by his brother, Norwood Elbridge Survivors include his

niece, Betty (Geoff) Carolina Chatham of Shores, NC; nephew, Freddy C. (Frances) Teal of Wadesboro; great niece, Amy (Robert Merchant) Caskey of Monroe and her children, Lucas, Cameron, and Colby Teal Caskey; and Coloy great nephews, Chris of Polkton, Freddy Scott Teal and his children, Amber Shepherd and Ashley Teal, Norwood Michael Teal and his children, Maddison and Kaytlin Teal, and Don Franklin Teal, all of Wadesboro; also special friend, Donnie Lowery of McFarlan.

Memorials may be made to a charity of one's

Miller-Rivers-Caulder Funeral Home (www.mrcfuneralhome.com) Chesterfield, SC is serving the Teal family.

#### Mrs. Dorothy "Dot" Pope Marsh Sullivan

Mrs. Dorothy "Dot" Pope Marsh Sullivan, 76, went to be with her Lord and Savior on Tuesday, May 7, 2019, while in the care of Hospice of Union County in Monroe. Funeral services were

held on Thursday, May 9, 2019, in the Chapel of

**THE EXPRESS • May 15, 2019 • Page 3** Leavitt Funeral Home with Rev. Rocky Carpenter officiating. Interment followed in Anson Memorial Dot was born October

2. 1942, in Anson County, a daughter of the late Rev. Isaac Hunter Pope and the late Sadie Thomas Pope. She was a graduate of Anson High School and worked as Secretary and Bookkeeper in the family's business, H.F. Marsh and Son in Wadesboro.

Surviving are her husband Ronnie Sullivan; her sons and daughter-in-law, Rob Marsh of Rockingham and Marty (Pam) Marsh of Wadesboro; her grandchildren, Travis Marsh (Kayla) of Charlotte and Lindsey Marsh of Wadesboro; her brothers, Jerry (Betty) Pope of Polkton, Glenn (Joyce) Pope of Wadesboro and Dennis (Carol) Pope of Dalton, GA; and her nieces, Deana, Kelly, Lori and Jodi and their families. In addition to her parents, she was preceded in

death by her first husband Flake Marsh. Dot was a part of the church family of Harmony Church in Community Peachland. She loved times spent at the beach and fishing.

In lieu of flowers, memorials may be made to Hospice of Union County, 700 W. Roosevelt Blvd., Monroe, NC 28110 or to Samaritan Colony, 136 Samaritan Dr., Rockingham, NC 28179.

We are confident, I say, and willing rather to be absent from the body, and to be present with the Lord. 1 Corinthians 5:8

The arrangements were in care of Leavitt Funeral Home. Online condolences may be made at www.leavittfh.com.

### **Health Department Staff Wearing Green for Mental Health Awareness**

May is known as Mental Health Month, a time planned to raise awareness and educate the public about the truth of living with mental illness and ways to manage mental health and wellness. For the month of May, the Anson County Health Department is supporting Mental Health Awareness by wearing green. Mental health is an important part of overall health and wellbeing. Mental health refers

to how we think, behave, and feel. An individual's mental health can change over time from several things. For example, working long hours or caring for an ill relative may have an impact on your mental health. Mental illnesses are among the most common health conditions in the United States.

More than 50% of people will be diagnosed with a mental illness, or a mental disorder at some point of their life. In the U.S. 1 in 5 Americans will experience a mental illness in a given year. 1 in 5 children, either currently or at some point during their life, have had a seriously shocking mental illness, and 1 in 25 Americans live with a serious mental illness, such as schizophrenia, bipolar disorder, or major depression. There is no single cause for the development of mental illness. There are many things

that can contribute to mental illness such as life experiences, ongoing medical conditions, biological reasons, alcohol or recreational drug use, and isolation. Suicide is often related to symptoms of mental illness. Suicide is the 10th leading cause of death the U.S. and the 2nd leading cause of death among people between the ages 15-34. Mood disorders, including major depression, dysthymic disorder, and bipolar disorder, are the third most common cause of hospitalization in the United States for both youth and adults between the ages 18 to 44. Mental illness costs the U.S. about \$193.2 billion per year. There are over 65.9 million

physician office visits per year relating to mental disorders. In  $2015,\,75\%$  of children between the ages 4 to 17 received treatment for their mental disorders. Individuals living with serious mental illness face an increased risk of physical health problems, such as heart disease, diabetes, and Human Immunodeficiency Virus (HIV). Adults in the U.S. living with serious mental health illness also die 25 years earlier than others. Treatments and supportive services for mental and substance use disorders differ among each individual. Treatment should be personalized to fit each individuals' needs.

For many people with behavioral health problems the most effective approach often involves a combination of counseling and medication. Supportive services, such as case or care management, can also play an important role in promoting health and recovery. Some support services include: Specialty community behavioral health centers Substance use disorder rehabilitation programs

 Independent providers Hospitals

Community health centers

Mutual support groups and peer-run organizations

 Community-based organizations Inpatient service providers

 Primary care programs with integrated behavioral health services And a variety of other community settings

and Sandhillls Center. Daymark serves individuals living with mental health, developmental disabilities, and substance abuse problems. The services provided include: crisis services, clinical assessments, outpatient individual therapy, outpatient group therapy,

Anson County provides mental health services through Daymark Recovery Services

outpatient family therapy, psychiatric evaluations, medication management, substance abuse services, intensive in-home, ACCTT services, and case management.

Sandhills Center's mission is to develop, manage and assure that persons in need have access to quality mental health, intellectual/developmental disabilities and substance

The Anson County Health Department is also providing a free meditation session on Thursday, May 29, from 3 to 4 p.m. Mindfulness meditation helps ease mental health conditions like depression, anxiety, and post-traumatic stress disorder. Meditating changes your brain and the way your body responds to stress. Please feel free to join the session. To schedule an appointment for Daymark Recovery Services call (704) 794-6588

Mon-Fri, 8 a.m. to 5 p.m.. They are located at 704 Old Lilesville Road in Wadesboro. To schedule an appointment for Sandhills Center call (704) 465-2737. They are

located at 303 East View Street in Wadesboro. For further questions call their customer service line at 1-800-266-2452. The health department is located at 110 Ashe Street in Wadesboro.

Mobile Crisis Management at 1-877-626-1772. For overall information contact Dinikia Savage at the Anson County Health Department at (704) 994-3342.

For an immediate crisis response 24 hours a day, 7 days a week contact the

# NOTICE

Southern Towers is proposing to install a monopole telecommunications tower to be located at 105 Helms Road,

Peachland, Anson County, North Carolina at latitude 35° 03' 36.3" north and longitude 80° 16' 54.3" west. The height of the tower will be 60.7 meters above ground level (214.7 meters above mean sea level). The tower is anticipated to be unlit. Any interested party may submit comments within 30 days of this

publication with Environmental, Inc. at 1345 Blair Farms Road, Odenville, AL 35120. Interested persons may review the application for this project at www.fcc.gov/asr/applications by entering Antenna Structure Registration (Form 854) file no. A1135877. Reguests for Environmental Review must be filed within 30 days of the date that notice of the project is published on the FCC's website and may only raise environmental concerns. The FCC strongly encourages interested parties to file Requests for Environmental Review online at www.fcc.gov/asr/environmentalreguest,

but they may be filed with a paper copy by mailing the Request to FCC Requests for Environmental Review, Attn: Ramon Williams, 445 12th Street SW, Washington, DC 20554. A copy of the Request should be provided to Environmental, Inc. at 1345 Blair Farms Road, Odenville, Alabama 35120.



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