

Energy Efficiency Tip of the Month

When the weather is nice, put your grill to use! During summer months, cooking outdoors is a great way to save energy and eliminate unwanted heat from cooking indoors.



COMMUNITY MEDICAL, PA OF MARSHVILLE

Community Medical, PA of Marshville and Dr. Gary Henry, along with Brandi Queen, FNP-C, Family Nurse Practitioner, welcomes new patients

WE ARE ACCEPTING NEW PATIENTS & ACCEPT MOST ALL INSURANCES.
We are here to help you! Call to arrange your appointment today!

Both providers are Federally Certified Medical Examiners and perform DOT exams and Urine/Hair drug testing on-site five days a week.



Dr. Gary Henry



Brandi S. Queen, FNP-C

COMMUNITY MEDICAL, PA Family Practice / Medical Care
520 West Main Street, Marshville • 704-624-3388 or 704-694-3339 • Fax 704-624-3390

LAST CHANCE!!!



3 PIECE DESERT MUSHROOM SUITE

WE FINANCE
EZ TO APPLY
OWN IT NOW!



SAME OR NEXT DAY DELIVERY!

AIR CONDITIONERS
ALL SIZES HEAT+COOL UNITS

MARTIN FURNITURE FACTORY OUTLET
Highway 74 West in Wadesboro • 704-694-3185

Ask About Our GIFT CERTIFICATES

ANSON PEDIATRICS

PROVIDING QUALITY PEDIATRIC CARE IN ANSON COUNTY

WE ARE CONTINUING TO SEE PATIENTS WHO NEED CARE, WHILE STAYING WITHIN THE GUIDELINES BEING ISSUED BY THE CDC AND STATE AUTHORITIES

For Our Patients: All are prescreened for symptoms of COVID-19.

- All patients are required to be in a mask while they are in our office.
- All visitors are requested to wait in their cars.
- Social distancing guidelines are maintained in our waiting rooms.
- Telehealth visits are available daily for patients who are unable to come in.
- Exam rooms, furniture, surfaces and equipment are cleaned according to CDC guidelines at least hourly and after contact with patients and staff.

For our providers and staff:

- We screen all staff members for symptoms of COVID-19 daily.
- All staff members and providers have access to, and are using PPE, (face masks, gloves, hand sanitizer) in accordance with CDC regulations.
- All exams, testing and procedures are carried out following the CDC guidelines regarding social distancing and PPE recommendations for providers and staff.

PLEASE REACH US IF YOU HAVE ANY QUESTIONS BY PHONE, PATIENT PORTAL & EMAIL
STAY SAFE AND STAY HEALTHY

Flu Shots Available We Offer ADHD Evaluations
Same Day Sick Appointments Available - Accepting New Patients



Sarah P. Elliott, MD
Serving Anson County Since 1996



O. Elliott Peters, MD, FAAP
Serving Anson County Since 2008

"Children Are A Gift From God"

Call 704-994-2300 for an Appointment
904 Morven Road, Wadesboro, NC 28170



Remembering.....

By Ed McBride



Cooling Recess - From 100 Degrees!

This summer has been among the hottest - certainly for our area of Anson County. For several days the temperatures have "topped a hundred plus." It "sorta" reminds us of years gone by when we were growing, stringing, and hanging tobacco in the barn to cure! No, that wasn't all of the process - once cured, and the tobacco became "in case," it was ready to move out. Then it was stacked carefully and wrapped securely to await the "gathering process" of the balance of the crop. Often it would be early fall before all of the tobacco was "graded," tied and packed, ready to carry to the market.

Don't forget, there were other crops to gather as well while all the above was going on - with the occasional "big chicken stew" cooked in a cast iron wash pot, complete with fresh corn from the field next to the tobacco barn.

Now...all this above to say that the abundance of rain and cooler air yesterday (Monday, August 1) really makes us feel "more gooder!!"

Ed
P.S. Please don't tell my favorite English teacher, Mrs. Ruth Bennett, about my poor, slang English. She would "come back" and haunt me!!!

Anson Businesses and Nonprofits Eligible for SBA Assistance After April Storms

Businesses and non-profits in seven North Carolina counties that suffered from severe storms, tornadoes and straight-line winds on April 12-13 are eligible to apply for low interest disaster loans from the U.S. Small Business Administration. Businesses and nonprofits in Anson, Jackson, Macon, Richmond, Robeson, Scotland and Transylvania counties are eligible to apply now for Economic Injury Disaster Loans (EIDL).

Applications will be received online using the Electronic Loan Application (ELA) via the SBA's secure website at disasterloanassistance.sba.gov and virtual customer support representatives are available to assist applicants with completing the online application.

In accordance with health precautions for the coronavirus (COVID-19), the SBA will not establish a field office to assist applicants. However, SBA will continue to provide customer service and conduct outreach virtually with webinars, Skype calls, phone assistance and step-by-step application assistance. As a result, SBA has opened a Virtual Disaster Loan Outreach Center/Business Recovery Center (VDLOC/VBRC) to help survivors apply online.

Virtual Disaster Loan Outreach Center/Business Recovery Center (VDLOC/VBRC)

Open: Monday - Friday, Hours: 8 a.m. - 5 p.m. Closed: Saturdays and Sundays
FOCE-Help@sba.gov. Phone: 470-363-5611, 202-803-3307, 404-909-1549 and 470-363-5936

Businesses should contact the Disaster Assistance Professionals at 470-363-5611, 202-803-3307, 404-909-1549 and 470-363-5936 to schedule an appointment for immediate one-on-one assistance in completing their applications.

Requests for SBA disaster loan program information may be obtained by emailing FOCE-Help@sba.gov. The SBA will conduct extensive outreach to ensure that all impacted by the disaster are afforded the opportunity to seek assistance.

For small businesses, small agricultural cooperatives, small businesses engaged in aquaculture and most private nonprofit organizations, the SBA offers Economic Injury Disaster Loans to help meet working capital needs caused by the disaster. Economic Injury Disaster Loan assistance is available regardless of whether the business suffered any physical property damage.

Interest rates are as low as 3.75 percent for businesses, 2.75 percent for nonprofit organizations and 1.563 percent for homeowners and renters with terms up to 30 years. Loan amounts and terms are set by the SBA and are based on each applicant's financial condition.

Applicants may apply online using the Electronic Loan Application (ELA) via the SBA's secure website at disasterloanassistance.sba.gov.

Businesses may also obtain information and loan applications by calling the SBA's Customer Service Center at 1-800-659-2955 (1-800-877-8339 for the deaf and hard-of-hearing), or by emailing disastercustomerservice@sba.gov. Loan applications can also be downloaded at www.sba.gov. Completed applications should be mailed to: U.S. Small Business Administration, Processing and Disbursement Center, 14925 Kingsport Road, Fort Worth, TX 76155.

The filing deadline to return applications for physical property damage is June 30, 2020. The deadline to return economic injury applications is February 1, 2021.

Governor Cooper Proclaims May Mental Health Month

Draws Attention to Mental Health Needs, Especially During Pandemic

Governor Roy Cooper proclaimed May as Mental Health Awareness Month in North Carolina. Nationally this month is used to reduce the stigma regarding mental health and encourage individuals to seek the medical help they may need.

"This pandemic has put a spotlight on the need for more attention to mental health. Taking care of your mental health is just as important as your physical health, and there are newly expanded opportunities to seek telehealth during this pandemic," said Governor Cooper.

"These past months have been really hard on so many North Carolinians. Our lives have changed in unimaginable ways and some of us may be struggling with managing our mental health. Please reach out to a provider or call our Hope4NC hotline for help coping and building resilience during this of crisis," said Dr. Mandy Cohen, NC DHHS Secretary.

1 in 5 adults struggle with mental health challenges in a given year, and during this month people are encouraged to hold open conversations that support and respect individuals living with mental illness. The majority of individuals with mental illness do not receive the treatment they need.

During the COVID-19 pandemic it is important that all North Carolinians pay attention to their physical and mental well-being. While activities many perform as part of their daily lives have been limited, people are encouraged to practice safe, socially distant outdoor exercise and meditation. There are also newly expanded opportunities to safely receive mental health services through telehealth during the course of the pandemic.

North Carolinians can call Hope4NC at 1-855-587-3463 for mental health support. Visit covid19.ncdohhs.gov/hope for more wellness resources.