

## Energy Efficiency Tip of the Month

Even in summer months, adding insulation to your attic can keep your home more comfortable and save energy used by your cooling system. If your attic insulation is level with or below your floor joists (meaning you can easily see your joists), you should add more. If you can't see any of the floor joists because the insulation is well above them, they likely have enough insulation. Attic insulation should be evenly distributed with no low spots. Make sure the areas along the eaves are adequately covered.



source: energy.gov



The statewide Click It or Ticket enforcement campaign ends June 5. During this campaign, law enforcement will place increased emphasis on making sure drivers and all passengers fasten their seatbelts.

Fasten your seatbelts - summer's heating up, and so is the statewide Memorial Day Click It or Ticket enforcement campaign, which kicked off on Monday, May 23. Through June 5, law enforcement officers in all 100 counties throughout the state will be patrolling the roads to make sure citizens are buckling up, whether they're behind the wheel, in the passenger seat or in the backseat.

"Although citizens could face a citation and fines for not wearing their seatbelt, the real goal here is saving lives," said Governor's Highway Safety Program Director Mark Ezzell. "Your chances of being killed or seriously injured in a car crash are reduced by nearly half when you wear a seatbelt."

In 2021, 555 North Carolinians who were not wearing seatbelts lost their lives in vehicle crashes, including nearly 30 over last year's two-week Click It or Ticket enforcement period.

North Carolina law requires all passengers in a vehicle to be properly restrained and violations are punishable by fines of up to \$180. Children younger than 8 years and under 80 pounds must be properly restrained in an approved child safety seat or booster seat. If a passenger under 16 is not properly restrained, the driver faces a \$266 fine.

When North Carolina launched the Click It or Ticket initiative in 1993, only 64 percent of North Carolinians used their seat belts. Today, that number hovers around 90 percent.

In addition to increased enforcement statewide, the campaign will include a paid media component, including an influencer campaign where Tik Tok and Instagram influencers will share their own seatbelt messages with North Carolina audiences.

The Governor's Highway Safety Program, which is an arm of the NCDOT, provides grants to law enforcement agencies for various traffic safety initiatives, including campaigns like Click It or Ticket.

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### Bring in the 2022 Growing Season by Competing in the Heirloom Watermelon Contest!

Nothing gets the tastebuds excited like the sugary goodness of a delicious watermelon, so bring in the 2022 growing season by competing in the Heirloom Watermelon Contest! Brown Creek Soil & Water (BCSWCD) will provide Anson County residents, free of charge, 10 Moon & Stars heirloom watermelon seeds. Contestants will compete to grow the heaviest watermelons.

Watermelons are to be submitted for weighing at the Anson County Ag Expo & Fair on Thursday, September 22, and the winner will be publicly announced on Friday, September 23. Only watermelons of the Moon & Stars cultivar will be accepted for weighing.

**Heaviest Grown Prizes** (More prizes may be added):

- \$100 Old Blue Farms Gift Card
- Two Rounds of Golf w/Cart at Twin Valley Golf Club
- Wheelbarrow from H W Little Hardware & More
- \$50 La Suerte De Sake Mexican Grill Gift Card
- \$25 Peaches N' Cream Gift Card
- \$15 Speckled Paw Coffee Gift Card
- One Large One-Topping Pizza from Papa Joe's Pizza
- \$5 Dunkin Donuts Gift Card
- BCSWCD Watermelon Themed T-Shirt
- BCSWCD Hat

After the heaviest-grown winner is announced, people who have submitted a watermelon can enter the hands-free watermelon eating contest. First to eat all the red flesh down to the rind will be declared the winner.

**Hands-Free Eating Prizes** (More prizes may be added):

- Two Rounds of Golf w/Cart at Twin Valley Golf Club
- \$25 Peaches N' Cream Gift Card
- One Large One-Topping Pizza from Papa Joe's Pizza
- Jon G's Barbecue Merchandise Gift Set
- \$5 Dunkin Donuts Gift Card
- BCSWCD Watermelon Themed T-Shirt
- BCSWCD Hat

Participants who submit more than 100 Moon & Stars seeds into the Brown Creek Heirloom Seed Bank will be entered into a drawing with three separate winners.

**Heirloom Seed Bank Donation Drawing Prizes** (x3 - More prizes may be added):

- Old Blue Farms Gift Set
- \$5 Dunkin Donuts Gift Card
- BCSWCD Watermelon Themed T-Shirt
- BCSWCD Hat

The Moon and Stars cultivar develops a unique, celestial rind pattern and produces a sugary, red flesh. The cultivar is renowned for its taste, winning many contests in recent years.

Stop by the Brown Creek Soil & Water office to pick-up your seeds! They are located at 1758 Morven Road in Wadesboro. The telephone number is 704-994-3487.

### Anson High School Sports Update

**Anson High School Softball**

- Friday, May 20 at #2 West Stanly - **4th Round of State Playoffs**, Anson lost 4-7. Cierra Lear 1-3; Camryn Martin 1-3, HR, 2 RBI; Jada Harrington 1-3; Susan Harrington 1-1; Haileigh Boone (L) 6 IP, 10 H, 3 BB, 4 SO.

AHS Varsity Softball Team concluded the season with an 17-8 record, won the Conference Tournament and made it to the Elite 8 both for the first time in school history.

Thank You

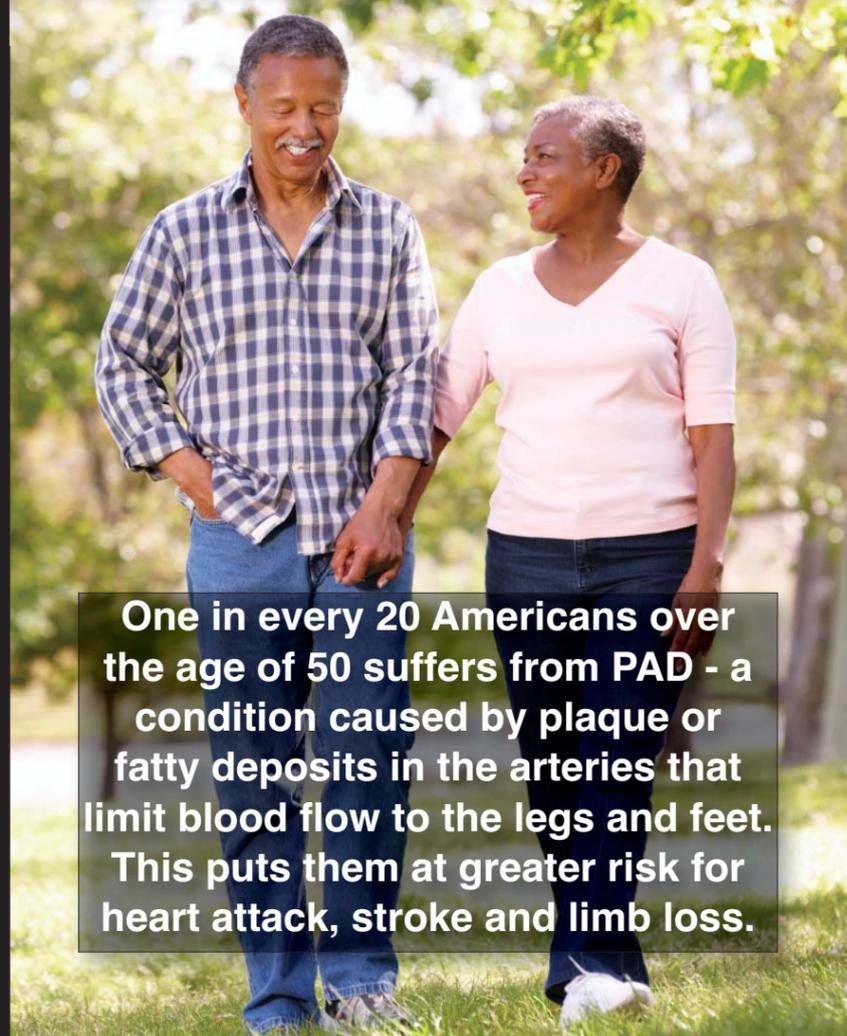
To all of my fellow Ansonians who supported my candidacy for re-election to the Anson County School Board, I am truly grateful.

Your votes matter and represent your choice for a knowledgeable, experienced, ethical and caring voice in the decision-making process as a board member.

I share the district goal to grow greatness in our schools by providing the best education for ALL children in ALL of our schools. I appreciate this opportunity to continue to do my part in making our goals a reality.

*Marilynn Bennett*

## Don't let leg pain slow you down.



One in every 20 Americans over the age of 50 suffers from PAD - a condition caused by plaque or fatty deposits in the arteries that limit blood flow to the legs and feet. This puts them at greater risk for heart attack, stroke and limb loss.

### Symptoms of Peripheral Arterial Disease (PAD)

<b>PAIN</b>	<b>DISCOLORATION</b>
<b>ACHING</b>	<b>BURNING SENSATION</b>
<b>NUMBNESS</b>	<b>SWELLING</b>

Call (704)226-0531 for your PAD assessment today!

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## 2022 Anson County Annual Health Expo Drive Thru



**Event:**  
Anson County Health Expo Drive Thru

**Date:**  
Thursday, May 26, 2022

**Time:**  
10 a.m. to 2:30 p.m.

**Location:**  
Grace Senior Center  
199 Highway 742 South  
Wadesboro, NC 28170

**Who Should Attend:**  
Anyone who is not vaccinated or needs COVID-19 boosters including older adults, service providers who work with older adults and more.

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Questions:

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