

### Angelena **Castro** Makes a **Positive Impact** in Jamaica

Angelena Castro, a sophomore Journalism Mass Communications major at North Carolina A&T State University in Greensboro, is working to help students at Shortwood Practising School in Kingston, Jamaica improve their assessment scores on the country's national exam. Angelena is responsible for planning and implementing educational en-

richment activities in literature, reading and math, as well as administering practice assessment exams. She is a 2015 graduate of Anson high School.

### **New President of NC Community College System Visits SPCC**



Dr. James C. Jimmie) Williamson, who will assume his new position as the eighth President of the North Carolina Community College System on July 1, outlined his vision for the system at a luncheon on Monhosted by day South Piedmont Community

nical and Health Education (CTHE).

In the photo, from left are Dennis Baucom, CTHE Director; Dr. Williamson; Jennifer Joyner-Talbot, SPCC Executive Director of Apprenticeships; and Dr. Laura Byrd, Executive Director of the SPCC Foundation.

#### The Chamber Needs Your Photos!

The Anson County Chamber of Commerce is looking for photos of Anson County to use on the Chamber's website. Whether it is at the ball field, farming, kayaking, biking or of the natural beauty of the county, we want them all and from every season. The photos will be used throughout the year on the website as well as the Chamber's Facebook page. The Chamber prefers all photos to be in high resolution. They will award prizes of \$75,

\$50 and \$25 to the top three photos submitted that will be chosen by a committee. Photos should be submitted to the Anson County Chamber of Commerce by June 30. Please send your photo along with your contact information and a description of the photo to ansonchamber@windstream.net. Be sure to say that you saw this article in The Express Newspaper. For questions contact the Chamber at 704-694-4181.

### **Monthly Family Support Group Meeting is June 7**

Connections Family Support Program hosts a monthly family support group open to parents, grandparents, and foster parents. This is a time for those with children who have behavioral, emotional, and/or learning challenges to share their experiences and learn from others.

The group meets next on Tuesday, June 7, from 10 to 11:30~a.m. at the Hampton B. Allen Library in the Bookmobile Room downstairs. Brunch will be provided at no cost. Contact Suzanne Maness at (910) 627-1769, toll free (877) 211-5995, or by email at connectionsfsp@gmail.com to register. The deadline to register is Friday, June 3.

### **Anson Animal Shelter Needs Volunteers.** Would You Like to Help?

The Animal Shelter depends on the help of volunteers to ensure that animal residents receive love and care. More volunteers will also help relieve the workload on staff which can result in more time for resident animals to be adopted before they are euthanized (put to sleep). Please consider volunteering. For more information on helping, call 704-694-4832.

Anson County Animal Shelter is listed on Petfinder.com. This is a searchable national database of pets available for adoption that includes a description and photo. All the animals that are up for adoption are listed and have a picture. Just go to Petfinder.com and search for any Anson County town or zip code.

A rescue from Animal Shelter can bring lots of happiness and love into any home...and you will make the animal happy too! It's a win-win.

And remember, older animals need a home and love too!

### **Soul Food Cooking Seminars for a Healthy Summer**

A soul food cooking seminar with recipes will be offered at Pathway to Peace Minstries every third Sunday. Learn how to cook healthy food that tastes great. Recipes include mac and carotene, candied yams, harvest nut loaf with BBQ, and collards. Make soul food that will help you and not kill you. Soul food that is great for the body and mind. Soul food that will reverse diabetes, heart disease, high blood pressure, high cholesterol and cancer. Learn how now and write down the recipes.

The classes are free every third Sunday, from 3 to 5 p.m. More information is

available at 704-695-1441.

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