

Don't let leg pain slow you down.



One in every 20 Americans over the age of 50 suffers from PAD - a condition caused by plaque or fatty deposits in the arteries that limit blood flow to the legs and feet. This puts them at greater risk for heart attack, stroke and limb loss.

Symptoms of Peripheral Arterial Disease (PAD)

- | | |
|-----------------|--------------------------|
| PAIN | DISCOLORATION |
| ACHING | BURNING SENSATION |
| NUMBNESS | SWELLING |

Call (704)226-0531 for your PAD assessment today!

METROLINA SURGICAL SPECIALISTS, PLLC

Vascular Surgery • Endovascular Intervention
Obinna N. Eruchalu, MD, FACS, FICS, RPVI

907 Fitzgerald Street • Monroe, NC 28112
Phone (704) 226-0531 • Fax (704) 292-7880

NOW ACCEPTING NEW PATIENTS Monday-Friday 8 a.m. to 5 p.m.

* All events are subject to change because of the COVID-19 situation. You may want to seek

Church

JUNE 9 - 11
Holy Convocation
At Victory Temple Miracle Center. Wed-Fri nightly services 7:30pm

JUNE 19
Bike Ride for Jesus
Sponsored by Forestville AME Zion, 723 Clark Mountain Rd in Lilesville. Registration 10-11:30am. \$15 per bike, \$5 for passenger. Info 704-320-1293

JUNE 26
Drive-Thru Appreciation Service for Pastor Paulette Cash at 2pm at Evangelistic Outreach Center, 7852 Hwy 74 West in Polkton.

ONGOING
Weekly Praise & Worship Schedule
South Anson Church Family: • Shiloh UMC, 1752 Shiloh Church Rd. Preaching 1st and 3rd Sundays, Sunday School weekly, services start at 10am; • Sandy Plains UMC, 1154 Cason Oldfield Rd. Preaching 2nd and 4th Sundays, Sunday School weekly, services start at 9:30 am; • Pleasant Hill UMC 126 Church St. Preaching 2nd and 4th Sundays, Sunday School weekly. Services start at 9:45 am
Bible Study
Every Wednesday night at 7pm at New Grove MBC. Need a ride? Call 704-272-8884
Bible Study
Every Tuesday at 6:30pm at Pleasant Hill Baptist Church of Ansonville

THE CHURCH CALENDAR IS BROUGHT TO YOU BY THESE SPONSORS

Auto Plus C&M AUTO SUPPLY
Your locally owned Auto Parts Store
Hwy 74, Wadesboro • 704-694-5167

Williamson Wrecker Service
Since 1972
704-694-4545

Anson Radiator
125 Stanback Ferry Road
Wadesboro 704-289-7999
Autos • Freight Trucks
Farm Equipment
General Repairs

Papa Joe's PIZZA
Plank Road Shopping Center
Wadesboro • 704-694-6666

Badcock HOME FURNITURE & more
Hwy. 52, South • P.O. Box 856
Wadesboro, NC 28170
Ph: 704-694-4178
www.badcock.com

PIEDMONT FLOORING
All Major Brands of Floor Covering
Serta & Orderest Bedding
214 West Main Street in Marshville
704-624-2211
MAYTAG • FRIGIDAIRE • CROSLLEY

From Your Friends At PARSONS DRUG
Serving Anson County for over 100 years
"On The Square"
Wadesboro • 704-694-2218

Glenn Trexler & Sons Logging, Inc.
"Freedom of Worship is a Precious Commodity"
WADESBORO

PEE DEE ELECTRIC
Hwy. 52 S. Wadesboro
Midway Rd. Rockingham
"Owned by those we serve."

UWHARRIE BANK
704-694-2122
Member FDIC

H. W. Little & Company
Hardware & More!
Uptown Wadesboro
704-694-2214

Henry's Body Shop
704-848-4989
4225 Stanbackferry
Ice Plant Rd • Lilesville
Owner: Robbie Henry

ADVERTISE HERE! Call The Express to find out how...704-694-2480

Events

JUNE 11
Free COVID-19 Testing & Vaccinations, 10am-1pm at Ebenezer Missionary Baptist Church, 612 Salisbury St in Wadesboro. Info 704-999-7445

JUNE 12
Free COVID-19 Testing & Vaccinations, 10am-1pm at the Lemuel Center, 206 W Main St in Morven. Info 704-294-9623 or 704-465-0695

JUNE 18
Family Movie Night Free event at Field of Dreams on Highway 74 in Polkton. Movie is *The Sandlot*. Gates open at 7pm, movie begins at sunset (about 8:45pm). Concessions will be sold. Bring a chair or blanket to sit on.

JUNE 26
Fireworks!!! Uptown Wadesboro, Inc. & the Town of Wadesboro will present a "drive-in" fireworks show at 9:30pm. Watch from your car in parking areas uptown. Rain date is 6/27

Community Outreach Event. Drive-in event with free household items & paper products. First come, first served basis. By Lamb of God Church, 10am at 118 West Wade St in Wadesboro. Park & turn radio to 96.7 FM. Info 843-623-3777

ONGOING EVENTS
Free Food Distribution at Feed My Lambs every Tuesday, Thursday & Friday, 1-4pm. Located at 2290 Hwy 74 West, Wadesboro. 704-695-1820

Bach's Lunch To Go and Sidewalk Sale is Set for June 16!

Although the Anson County Arts Council would like to be able to have their Bach's Lunches like they normally do, at this time not everyone is quite ready to be out and about yet, so they will continue their "Bach's Lunch To Go" during June and July. The first Bach's Lunch of the season will be held on Wednesday, June 16, from 11:30 a.m. until 1 p.m. at the 108 Drake Gallery location on Rutherford Street in Wadesboro. The delicious menu is a chicken salad lunch with sides, dessert and drink. There will also be a Sidewalk Sale at the same time. You can text now to 704-221-3038, and leave your name, number and how many plates you would like to reserve. Plates will be \$10. You can also pick up plates at the door the day of the luncheon, but the Arts Council asks that you call ahead which will help with their planning.

Motorcycle Ride Event on June 19

Forestville AME Zion Church is sponsoring an event called Bike Ride for Jesus on Saturday, June 19. The public is invited to participate. Registration will take place at the church, located at 723 Clark Mountain Road in Lilesville, from 10 to 11:30 a.m. The cost is \$15 per bike, \$5 per passenger. For information call Lumas Grace at 540-742-4637, Calvin Grace at 704-320-1293 or Michael Grace at 704-776-1880.

AT RISK FOR DIABETES?

Sign up today for the Eat Smart, Move More, Prevent Diabetes program.

- ✓ Free online classes
- ✓ Personal support
- ✓ CDC approved

Join others like you who are committed to getting healthy!



GetHealthyNC.com

Energy Efficiency Tip of the Month

During summer months, run large appliances that emit heat (like clothes dryers and dishwashers) during the evening when it's cooler. This will minimize indoor heat during the day when outdoor temperatures are highest.

