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Mr. Herman Lacy Gillis **Obituaries**

Mr. Herman Lacy Gillis, 87, of Statesville died Thursday, May 28, 2020, at his residence. A memorial service was held on Saturday, June 6, 2020, at Forest Park

Presbyterian Church with Pastor Scott Jeffreys officiating. He was born in Hoke County, NC on January 17, 1933, to the late Percy Gillis and Ada Guin Gillis. He was also preceded in death by his siblings, Clyde Gillis, Luther Gillis, Louise Hord, Clara Mae Gillis and a grandson, Joseph Konen.

Herman worked in the retail business for many years, and retired as the Belk Department Store Manager in Wadesboro. He also co-owned and operated Subway sandwich shops in Wadesboro and Albemarle with his son after retirement. He also opened Lacy's Treasures, a gift shop in downtown Wadesboro.

He was a member of First United Methodist Church in Wadesboro and served on numerous church committees. He then moved to Laurinburg, NC. During his 20 years in Laurinburg he was a member of Laurinburg Presbyterian Church where he served as an Elder. He joined Forest Park Presbyterian Church in Statesville three years ago and was currently serving as an Elder. He especially enjoyed calling every church member at Forest Park on their birthday to show his appreciation for their life. Herman was passionate about his faith and service to the Lord.

Herman lived his life in the service of others. He served on the Anson County School Board and served as Mayor Pro-Tem of the Wadesboro Town Council. He was a member of the Rotary and Lion's Clubs, served on the American Red Cross Board of Directors, the American

Heart fundraising committee and frequently assisted as a Boy Scout leader.

ethic and was a role model for others. He enjoyed working in the yard and was a quietly competitive Phase 10 player. His smile, quit wit and hugs will be greatly missed by his family. Those left to cherish his memory are his wife of 49 years, Elsie Moore Gillis; a son, Arthur Newkirk III (Lucretia)

Herman never met a stranger. Everyone was instantly comfortable in his presence. He valued a strong work

of Cary, NC; two daughters. Tammy Konen (Jim) of Fayetteville, NC. Jane Hinson (David) of the home; seven grandchildren, Merica Marengo, Shawn Konen (Christy), Will Konen (Leigh), Lacey McIntyre (Justin). Ashlyn Murray, Logan Newkirk and Luciana Newkirk; five great-grandchildren, Dominick Marengo, Vyctoria Marengo, Mason Konen, Cale Konen and Ellison McIntyre. The family would especially like to thank Tita Arciago, RN from Hospice & Palliative Care of Iredell County,

for her assistance in making him as comfortable as possible during his final day of life. In lieu of flowers, memorials may be made to Forest Park Presbyterian Church, 1026 Davie Avenue. Statesville,

NC 28677 or Hospice & Palliative Care of Iredell County, 2347 Simonton Road, Statesville, NC 28625. Fond memories and condolences may be left at www.nicholsonfunerals.com.

4-H'ers Participate in First Virtual 4-H County Presentation

On Thursday May 7 Anson County 4-H hosted its very first Virtual County Presentation. This year's format was very different from previous years where parents, friends, and relatives were able to attend Anson County's annual Fashion Revue, Creative Talent Show, and County Presentation at the Cooperative Extension Office. In response to COVID-19, the event was scaled down to only include County Presentations. County Presentation's conversion to a virtual program consisted of youth submitting pre-recorded presentation videos on a topic of their choice. The videos were then judged and scored. A big thank you to Anson County 4-H Volunteer and Anson County Robowolves 4-H Club Leader; Ms. Steffanee

Labree for judging the county presenters. Winners of county presentations were Amelia Poplin, 1st, 9-10 Environmental Science, Quenton Cromartie, 1st, 14-18 Agricultural Science, and Keyshawn Tillman, 1st, 14-18 Public Speaking. Congratulations to these county presenters who will advance to district competition in June. This event will be hosted

These county 4-H programs are all annual events. 4-H participation is open to all youth regardless of sex, race, religion or national origin. For more information about 4-H in Anson County, contact Samuel Cole, 4-H Agent at 704-694-2915.

Know the Warning Signs and Symptoms of Stroke

Strokes are one of the top three causes of death in the United States and the leading cause of long-term disability. What's more, North Carolina is located in what researchers call the stroke belt, meaning the death rates for stroke are highest in this area compared to the rest of the United States. While most stroke cases are unpredictable, identifying warning signs as soon as possible can make a big difference

in how someone is treated for and recovers from a stroke. "Symptoms can include weakness on one side of the body, numbness, confusion, fatigue, dizziness, blurred vision, a

severe headache and potentially paralysis," says Joe Bernard, MD, an interventional radiologist at Atrium Health. "However, each stroke case has its own unique combination of signs and symptoms, so not everyone will experience all of them simultaneously nor at the same level of intensity." F.A.S.T is an easy way to remember the signs of stroke. If you spot these signs in yourself or a loved one, you should

• Face Drooping: Does one side of the face droop, or is it numb? Ask the person to smile. Is the person's smile uneven?

• Arm Weakness: Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward? • Speech

Difficulty: Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple sentence, like "The sky is blue." Is the sentence repeated correctly? • Time to call 911: If someone shows any of these symptoms, even if the symptoms go away, **North Carolina**

call 9-1-1 and get the person to the hospital immediately. Check the time so you'll know when the first symptoms Some lifestyle choices and medical conditions can put

you at a higher risk of stroke. Some examples include: Poor nutrition
Lack of physical activity
Smoking High stress
High blood pressure

By making an effort every day to move more, eat

more fruits and vegetables, get more sleep, quit smoking and regularly checking your blood pressure, you can cut down on your risk of having a stroke.

Summer Camp Offered at Church of God of Prophecy

Church of God of Prophecy in Morven is offering a summer camp / shut-in for youth from 5 to 16 years old. The camp will run from Wednesday, July 8 to Sunday, July 12. There are two ways to attend, campers who are dropped off and picked up each day, and campers who stay overnight for the week.

Attendees will enjoy outdoor games, field trips, ballon fights and much more!

The church is taking precautions due to COVID-19. They

state that they will practice all required standards. Temperatures will be taken daily along with practicing handwashing. Registration will begin at 1 p.m. on July 8. The costs for the whole week are: Overnight Campers: 1 camper \$80, 2 campers

\$100, 3 campers \$120 • **Drop-Off Campers:** 1 camper \$40, 2 campers

\$50, 3 campers \$60. For more information contact Quatavis Liles or Tae

Berev at 704-294-7340 or Pastor Iris Tillman at 704-851-9273. Church of God of Prophecy is located at 8477 US 52 in Morven.

Anson County NOTICE TO CREDITORS

THE UNDERSIGNED.

CHARLES HEATH HELMS, having qualified on the 14th day of May, 2020, as Personal Representative for the ESTATE OF LOU OUTEN HELMS, deceased, does hereby notify all persons, firms, and corporations having claims against said Estate that they must present them to the undersigned at:

WEBB & MORTON, P.L.L.C., c/o W. Y. Alex Webb, 910 N. Sandhills Blvd., Aberdeen, North Carolina, 28315, on or before the 10th of September 2020, or

claims will be forever barred thereafter, and this notice will be pleaded in bar of recovery. All persons, firms, and corporations indebted to said ESTATE will please make prompt payment to the undersigned at the above address.

Personal Representative for the **Estate of Lou Outen Helms** W.Y. Alex Webb, Attorney WEBB & MORTON, P.L.L.C. 910 N. Sandhills Blvd. Aberdeen, North Carolina 28315

CHARLES HEATH HELMS

PUBLIC

Town of Lilesville **NOTICE OF PUBLIC HEARING**

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The public is hereby advised that per N.C.G.S, 160A-364 the Town of Lilesville will hold a public hearing on the

amendments to the Town of Lilesville - Town Ordinance, Section G- Garbage. A public hearing on the amendments will be held on Monday, June 29, 2020, at

5:30 p.m. or as soon thereafter as may be

heard in the Lilesville Fire Department, located at 202 West Wall Street, Lilesville, NC 28091. All persons interested and wishing to be heard should contact Lynn Whitlock at 704-848-4711 in order that their opinion may

> Lynn B. Whitlock Clerk to the Board **Finance Officer**



be a matter of record.

Town of Lilesville **NOTICE OF PUBLIC HEARING**

The public is hereby advised that per N.C.G.S, 159-12, the Town Clerk has submitted the proposed budget for the Town

of Lilesville for Fiscal Year 2020-2021 to the Board of Commissioners. A public hearing on the proposed budget will be held on Monday, June 29, 2020, at 5:00 p.m. or as soon thereafter as may be heard in the Lilesville Fire Department, located at 202 West Wall Street, Lilesville, NC 28091.

Copies of the proposed budget are available at Lilesville Town Hall for public inspection during normal business hours until the budget

All persons interested and wishing to be heard should contact Lynn Whitlock at 704-848-4711 in order that their opinion may be a matter of record.

> Lynn B. Whitlock Clerk to the Board Finance Officer

Town of Polkton NOTICE OF PUBLIC HEARING

The public is hereby advised that per N.C.G.S. 159-12, the Town Clerk has submitted the proposed budget for the Town of Polkton for Fiscal Year 2020-2021 to the Town Board of Commissioners. A public hearing on the proposed budget will be held on Monday, June 22, 2020, at 5:30 p.m. or as soon thereafter as may be heard in the Polkton Fire Department, located at 61 West Polk Street, Polkton, NC 28135.

Copies of the proposed budget are available at Polkton Town Hall for public inspection during normal business hours until the budget is adopted.

All persons interested and wishing to be heard should contact Jerricka Napier at 704-272-7463 in order that their opinion may be a matter of record. Jerricka B. Napier

> Clerk to the Board **Finance Officer**

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