205 West Morgan Street • Wadesboro, NC 28170 • 704-694-2480 • The Express News @gmail.com • www. The Express Newspaper.com

Serving Anson County and the Municipalities of Ansonville, Lilesville, McFarlan, Morven, Peachland, Polkton and Wadesboro.

Anson County at 129 Reported Cases of COVID-19 as of Tuesday, June 30

As of Tuesday, June 30 the Anson County Health Department posted that Anson County had 129 reported cases of COVID-19, with 28 of those cases active.

At that point they had discharged 101 cases, 99 to baseline health and two deaths.

Anson County Board of Commissioners Meet July 7

The next regular meeting of the Anson County Board of Commissioners is scheduled for Tuesday, July 7 at 6 p.m. The meetings take place in the Board Room, Suite 209, of the Anson County Government Center which is located at 101 South Greene Street in uptown Wadesboro.

To schedule an appearance at a board meeting, please sign up prior to the meeting. Information is available at 704-994-3201.

The Commissioners' board meetings are live streamed on their YouTube channel. Also, the videos are archived so they can be viewed at any time. Visit *youtube.com* and search for Anson Commissioners.

Board of Elections Regular Board Meeting Scheduled for July 14

The Anson County Board of Elections will hold the regular monthly board meeting on Tuesday, July 14 at 5 p.m. The meeting will be held at the Board of Elections Office, located at 402 Morven Road in Wadesboro.

To appear on a meeting agenda you must provide notice in writing by 5 p.m. on the Thursday before the next meeting.

During all board meetings, those in attendance are asked to refrain from comments and questions to the board unless they are called upon by the board. At the end of each meeting the board will open the floor for comments and questions.

For more information call 704-994-3223.

Anson County Schools to Resume Athletics on July 6

This is a release from the Anson County School System: The Anson County School District (ACSD) is pleased to announce that athletic teams for high school fall sports will be allowed to return to campus for voluntary workouts beginning July 6 (*see footnote below regarding an exception and pending board approval for football workouts). Summer workouts (initially) will be allowed for fall sports only. Winter, spring and middle school sports will not be allowed to start on July 6.

All workouts will be conducted keeping the health and safety of our student athletes and staff in mind and in compliance with the North Carolina High School Athletic Association's (NCHSAA) Reopening of Sports/Activities Summer Guidelines and guidance from CDC, DHHS and our local health department.

ACSD will use the next few weeks to ensure we have the necessary PPE equipment and supplies needed and that athletic personnel are trained to follow the recently released NCHSAA guidelines.

Per the NCHSAA, all student athletes who had a valid Pre-participation Physical Examination on or after March 1, 2019, will be granted a temporary one-year extension through the end of the 2020-21 academic year. If the student does not have a valid physical on or after March 1, 2019, he/she will need an updated physical examination prior to participating in any workouts.

Additionally, the NCHSAA has decided to eliminate the second dead period week of July 20-26 (the first dead week period is June 29-July 4). Schools and coaches are reminded, per NCHSAA policy, participation in summer activities must be voluntary and not required and cannot be a prerequisite for making a team. Schools will respect any family vacations that were already planned for this dead period week.

We look forward to getting our fall student athletes back on campus safely. The July 6 date is subject to change if state and local directives deem it necessary.

*Pending board approval, the high school football program will be allowed to return to campus to begin their summer workouts on June 25.

Sandhills Center Family Support **Program Webinars for July 2020**

 July 14: Understanding the Programs and Services offered at Esther House webinar will be from 1:00-2:30 p.m. Contact Brenda Goss toll free at 1-877- 211-7252, or by email at randmontadufsp@gmail.com to register and obtain information on how to join the webinar.

Deadline to register is Friday, July 10 by 5:00 p.m. July 16: Coping with the Pandemic webinar will be held

from 1:30-2:30 p.m. via Zoom. Shelia Raye, BSQP with Therapeutic Alternatives, Inc. will be the presenter. Contact Suzanne Maness at (910) 627-1769, toll free (877) 211-5995 or by email at

connectionsfsp@gmail.com for more information and to register. Registration deadline is July 13. July 23: Tips for Helping Children Manage Fears and

Worries During these Unpredictable Times--All While Managing Your Own Worries informational webinar will be held from 2:30-4:00 p.m. Laurie Conaty, MSW, LCSW, LCAS will lead discussion on WebEx. Whether you are a parent, caregiver or agency representative, please join us for a discussion on strategies for assisting children all while practicing good self-care! To register, contact Adrian Standish at leeharnettfsp@yahoo.com or 877-776-6702. Upon registration, you will be sent the link to the webinar.

• July 27: Codependency webinar will be held from 1:00-2:00 p.m. via Webex. Tania McDonald, Trinity Services, Counselor, LCMHCA, LCASA will be the presenter. Contact Shirlyn Morrison-Sims toll free at 1-877-776-6599, or by email at search.family.suppor.program@gmail.com to register. Upon registration, you will be sent the link to the webinar.



Remember...Free Summer Home Cooked Meals 2 Days a Week at BRLC

Burnsville Recreation & Learning Center (BRLC) will be open on Tuesdays and Thursdays throughout July providing free home cooked meals - served to children and drive by meals for parents and seniors citizens. The free Hot Lunch Program is geared to help families that are experiencing hardships during the COVID-19 Pandemic All Anson County senior citizens who would like to take advantage of this program, call in and place your order by 10 a.m. Please contact BRLC at 704-826-8737 or 704-778-7478. The schedule for free lunches is 11: 00 a.m., to 1:00 p.m. Only drive by / carry out plates will be available.

This special program coincides with the Summer Fun Day Camp (SFDC) for children ages 5 and up which is in session now. Pictured above are SFDC campers.

BRLC is located at 13349 Highway 742 North in Burnsville, across from the Fire Department. The telephone number is 704-826-8737. For more information visit www.burnsvillelc.org.

Stride with Pride Shoe Drive is Back for 10th Year

Parents, contact organizers with your needs. Donors asked to help area students.

This is a release from Stride with Pride organizers Sheriff Landric Reid and Patti Poulnott of Judy's Tax Service: As I know this pandemic is taking its toll on us all, we want the community to know Stride with Pride is still collecting new tennis shoes and money for the kids in the county. Even with the uncertainty of them returning to school in August, these kids will still need shoes to wear.

This is our 10th annual season of collecting and distributing new tennis shoes to the underprivileged youth of all diversities in Anson County. We will need all sizes, male and female, from kindergarten to 12th grade. Message to parents Covid-19 has changed our world and forced us to do things much

differently than we have in the past. Instead of having a large gathering to distribute the shoes as we have in the past, we plan to give out the shoes door to door. This will keep contact as little as possible. So, with that in mind, we need to stress the importance of parents contacting us in the next few weeks so that we can buy the shoe sizes that are needed. The quicker you can contact us, the quicker we can get the shoes to the kids. As a reminder, we need you to either email or text Patti Poulnott or Sheriff Landric

Reid with the shoe sizes, ages, and names of each child, along with your current address and contact phone number. That way we will have all the information to make the purchases and deliveries. If you do not contact us we will not know who needs new shoes. Message to donors We do this because we care about our kids here in our county, and hope that our donors will join with us and help us continue to help our youth. If you would like to make a donation please mail them to: Shaundasia T Smith

Foundation, Stride With Pride Shoe Drive, c/o Judy's Tax Service, 102 S Rutherford Street, Wadesboro NC 28170 We will be collecting and making deliveries through August 9.

If you have any questions please contact Patti Poulnott or Landric Reid.

• Patti Poulnott - Email: ppoulnott@carolina.rr.com or Text: 704-694-8386

• Landric Reid - Email: trooperone@live.com or Text: 704-695-1371

We hope that you will consider joining us so that we can help our youth "Stride With Pride "their way to success.

Reopening of Schools: Update

This is a release from the Anson County School System: The Anson County School District (ACSD) has established a leadership team to think about all the aspects and anticipate re-entry strategies to reopen school in August.

As re-entry plans are being discussed by the ACSD for the 2020-2021 school year, we want you to know the safety and well-being of our students and staff are the highest priorities in our plans. We will not place students and employees in learning environments that pose significant health risks. Local school leaders are relying on the latest, most accurate health indicators, assessments and guidance by the CDC, DHHS, and county health department recommendations and standards. Our goal is to think about what the students and staff of the ACSD need as we plan to re-open our new school year. As we think about re-entry, we want to develop a proactive plan to meet the academic and social-emotional needs for our students and staff! Guidance has been released from NC Department of Health and Human Services

(NCDHHS), NC Department of Public Instruction, and NC State Board of Education. Release of these guidelines is appreciated and timely. They offer constructive guidance and suggestions for planning. They also stress that, when all is said and done, it will be up to local school leadership teams and Boards of Education (in consultation with the health department) to make the call on how best to open the 2020-21 school year. It is our hope to have direction from the state by July 1. As updates become available, we will continue to share them with our students, staff and stakeholders. The NCDHHS #StrongSchoolsNC Public Health Toolkit for K-12 schools is now

available. Learn more about NC's plan to minimize risk for exposure to #COVID19 for the 2020-21 school year at covid19.ncdhhs.gov/guidance#schools #StayStrongNC

Operation Dry Water Brings Law Enforcement and Education to N.C. Waters

focus on boating law compliance on North Carolina's waterways and spread public awareness for "Operation Dry Water," a national campaign that promotes sobriety while boating. Over Independence Day weekend, enforcement officers will conduct sobriety check-

points and promote public education on the dangers of operating a vessel while under the influence of alcohol or drugs. During last year's campaign, law enforcement officers issued 572 warnings, 280 citations

and removed 29 people who were boating under the influence from the state's waterways. In North Carolina, a driver or vessel operator with a blood-alcohol concentration that meets or exceeds .08, or is substantially impaired by alcohol and/or drugs, is subject to arrest. Drinking affects the skills necessary to operate a boat, including:

• Peripheral vision and ability to focus • Judgment and rational decision-making • Balance and equilibrium • Coordination and reaction time

The Commission's Preserve Your Life campaign reminds all boaters to put on a life

jacket before boarding a vessel. Wearing a life jacket is a simple safety precaution that can prevent tragedy from happening in the event of an accident. Boating at night typically increases during holiday weekends, so boaters should practice

caution and be on high alert due to reduced visibility. Inland lighting rules are in effect and water skiing is prohibited between one hour after sunset and one hour before sunrise. Personal watercraft are prohibited on state waters between sunset and sunrise.

For more information about boating in North Carolina, visit newildlife.org/boating.

Fresh Chicken and Eggs for Ansonians and Neighboring Communities at **BRLC Friday**

Burnsville Recreation & Learning Center received a shipment of fresh chicken and cartons of fresh eggs, and they will distribute these items for free this Friday, July 3, from 4 to 6 p.m. or until all items are distributed. Attendees are asked to park at the Fire Department for

registration. BRLC is located 13349 Highway 742 North in Burnsville, across from Fire Department. The telephone number is

704-826-8737. For more information visit www.burnsvillelc.org.

Animal Shelter **Closed for the** Day on Friday

Anson The County Animal Shelter will be closed to the public this Friday, July 3.

The shelter director asks that you pleaase keep your pets safe, and make sure that they have identification on.

If you need to reach Animal Control for emergencies please dial 911.

Anson County Offices Closed on Friday and Saturday

All Anson County Government offices will be closed Friday and Saturday, July 3 & 4 in observance of the July Fourth Holiday. Law enforcement and

Emergency Services will operate during that time. From July 3-5, the N.C. Wildlife Resources Commission's law enforcement division will

Bowman High School Class of 1970 Reunion **Postponed**

Due to the uncertainty of the COVID 19 virus, the Bowman High School Class of 1970's 50th Reunion has been postponed.

If you have interest in at-

tending at a later date, please let someone on the committee know so that we may contact you when it is rescheduled.