

Uninsured women over 40 who attend class provided with free mammogram and follow-up care

A free breast health education class will be held at the Myrtlewood Complex, located at 200 West Short Place in Wadesboro, on Monday, July 11, from 5:30 to 6:30 p.m. Levine Cancer Institute is providing uninsured women of Anson County who are 40 years and older with a free mammogram and follow-up care when they participate in a breast health education class such as the one held on July 11.

Breast cancer is one of the most common cancers that a woman may face in her lifetime.

- 1 in 8 women will get breast cancer
- Breast cancer can happen at any age
- Your chances of getting breast cancer increase as you get older
- A mammogram can find breast cancer at an early stage that makes treating it easier

To find out more about breast cancer and to see if a free screening test is right for you, call Latoya Mallard at 828-446-6344 or email Latoya.Mallard@carolinashhealthcare.org.

### Bailey Forbes Graduates from Saint Mary's School

Bailey Forbes, daughter of Melissa and Eric Forbes of Wadesboro, graduated with honors from Saint Mary's School in Raleigh on Sunday, May 22. She was among 61 high school seniors receiving diplomas from Head of School Monica M. Gillespie, Ph.D. during Saint Mary's 174th year commencement exercises held in the school's oak grove, which is listed on the National Register of Historic Places.

Saint Mary's is an independent, Episcopal, college preparatory boarding and day school dedicated to academic excellence and personal achievement for young women in grades 9 through 12. Founded in 1842, it is the fourth oldest girls boarding and day school in the nation.

### Insurance Commissioner Protects NC Consumers & Communities

Insurance Commissioner Wayne Goodwin announced the General Assembly has passed House Bill 287. This legislation, as proposed by Commissioner Goodwin, will save North Carolinians money, fight fraud and protect our communities.

"North Carolinians currently enjoy one of the most affordable and varied insurance markets in the nation," said Goodwin. "House Bill 287 will allow us to continue serving and protecting North Carolina families, property owners and business owners at the high level they have come to expect from the Department of Insurance."

House Bill 287 provides provisions:

- To prevent out of state commercial drivers from fraudulently obtaining NC's low rates
- To cap rate increases on Long Term Care Insurance Policies
- To bring transparency to the Consent to Rate process for homeowners
- To reduce the volunteer firefighter shortage
- To strengthen the penalties for fraud/theft by insurance fiduciaries

"North Carolina auto insurance rates are so low that individuals and companies from other states are actually attempting to obtain our low rates illegally," said Goodwin. "I have added protections to these rates in this bill because low rates are a problem I am always happy to have."

For more information, visit [www.ncdoi.com](http://www.ncdoi.com).

### FSA County Committee Nomination Period is Open Now

Anson County USDA Farm Service Agency (FSA) Executive Director Jennifer Almond, announced that the nomination period for local FSA county committees began on Wednesday, June 15. "County Committees are unique to FSA and allow producers to have a voice on federal farm program implementation at the local level," said Almond.

To be eligible to serve on a FSA county committee, a person must participate or cooperate in an FSA administered program, be eligible to vote in a county committee election and reside in the local administrative area (LAA) where they are nominated.

This year, nominations and elections will be held in LAA II, which includes Peachland, Wadesboro, and Lilesville townships.

Farmers and livestock producers may nominate themselves or others. Organizations representing minorities and women also may nominate candidates. To become a candidate, an eligible individual must sign an FSA-669A nomination form. The form and other information about FSA county committee elections are available at [www.fsa.usda.gov/elections](http://www.fsa.usda.gov/elections). 2016 nomination forms must be postmarked or received in the Anson County FSA Office by close of business on August 1, 2016.

Elected county committee members serve a three-year term and are responsible for making decisions on FSA disaster, conservation, commodity and price support programs, as well as other important federal farm program issues. County committees consist of three to 11 members.

"It is important that county committees are comprised of members who fairly represent the diverse demographics of production agriculture for their community," said Almond. "All producers, including women, minority and beginning farmers and ranchers are encouraged to participate in the nomination and election process."

FSA will mail election ballots to eligible voters beginning November 7, 2016. Ballots must be returned to the Anson County FSA office via mail or in person by December 5, 2016. Newly-elected committee members and alternates will take office on January 1, 2017.

For more information about county committees please contact the Anson County FSA office at 704-694-3516, extension 2, or visit [www.fsa.usda.gov/elections](http://www.fsa.usda.gov/elections).

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## Remembering.....

By Ed McBride



A Collection of Columns

Written by Ed McBride for The Express Newspaper

## REMEMBERING.....

By Ed McBride

### THE BOOK IS NOW AVAILABLE

We are pleased to offer this 80 page book containing nearly 200 Remembering columns by Ed McBride that were published in The Express Newspaper.

This book was presented to Ed for his 90th birthday, August 10, 2012. The subjects of his columns - people, businesses, churches, schools, events - have touched the lives of many people associated with Anson County, North Carolina and beyond.

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Call The Express for information, 704-694-2480 or visit [www.Blurb.com](http://www.Blurb.com) and search "Ed McBride."

Each Remembering book includes a high resolution pdf of the book so you can print out your favorite columns!

# Church News

**JULY 5 - 8**

**Vacation Bible School**  
At Johnson Chapel Holiness Church, 6:30-8pm. All are invited

**JULY 10**

**53rd Choir Anniversary**  
At Cedar Creek MBC, 2:30pm

**Essay Contest**

For high school & college students at East Rock Ford Baptist Church, 2pm

**21st Anniversary**

Of Pastor Charles Sturdivant & Co-Pastor Mary Jo Sturdivant at New Meltonville MBC, 11am w/Rev Joel Horne & 3pm w/Rev Pedro Billinger

**JULY 10 - 13**

**Summer Revival**  
At MBC Sun 11:30am, Mon-Wed 7pm. Speakers Dr. June Aaron Bennet & Dr. Stanley Webster. Mon-MC is Rev Sarita Byrd. Everyone is welcome

**JULY 10 - 14**

**Homecoming & Revival**  
At Lindsey Chapel Friendship COG. Homecoming Sun w/Pastor Tony Barr at 3pm. Revival Mon-Pastor Joshua Ellerbe, Tue-Pastor Broce Sowell, Wed-Pastor Sharon Lockhart, Thu-Pastor Eddie Lee, all at 7:30pm. All are invited

**JULY 10 - 15**

**Homecoming & Revival**  
At Harris Chapel AME Zion. Homecoming Sun w/Sunday School 9:45. Worship 11am & Pastor Johnnie McLendon at 3pm. Revival Mon-Pastor Johnnie McLendon, Tue-Pastor Luther McLendon, Wed & Thu-Pastor Donnie Bennett, Fri-Pastor Luther McLendon, all at 7:30pm. Everyone is invited

**JULY 16**

**Family & Friends Day**  
At Flakes Chapel MBC, 2pm w/Sis Timeka Carelock

**JULY 17**

**Annual Choir Day**  
At Fairview COG, 2:30pm. All choirs & praise dancers welcome

**Men's Day Program**  
At Johnson Chapel Holiness Church, 3pm w/Rev Carlos Melton. All are invited

**Appreciation Program**  
For Mother Catherine Cox at Flakes Chapel MBC, 3pm w/Pastor Vincent Tillman

**JULY 17 - 20**

**Homecoming & Revival**  
At Henry Grove Baptist Church. Homecoming Sun at 2:30pm w/Rev John McLaurin. Revival Mon-Wed w/Rev R.L. Davis, 7:30pm

**Homecoming & Revival**  
At Madison Grove MBC.

**Homecoming & Revival**  
At White Oak Grove Baptist Church in Morven w/Rev David Dickey at 7pm nightly

**Homecoming & Revival**  
At Madison Grove MBC.

The Church Calendar is Brought to You by These Sponsors

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**JULY 24 Appreciation Service**  
For Rev Garrie Gaddy at Johnson Chapel Holiness Church, 3:30pm w/Apostle Marvin Leak. All are invited

**120th Anniversary**  
Of East Rock Ford Baptist Church, 3pm w/Rev Richard Graham

**Revival**  
At Streater Grove MBC, 2:30pm w/Pastor Terry Little

**JULY 24 - 27 Annual Revival**  
At White Oak Grove Baptist Church in Morven w/Rev David Dickey at 7pm nightly

**JULY 24 - 29 Homecoming & Revival**  
At Madison Grove MBC.

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## Events

**JULY 9 Toys for Tots Carnival Fundraiser** begins 10am at Hatcher Park in Lilesville w/adult bingo, homemade cake raffle, super games, delicious food, fire truck for kids & more! All proceeds raised for Anson youth in need to get Christmas presents. Info 704-848-4412

**JULY 11 Free Breast Health Education class** at Myrtlewood Complex, 200 W Short Place in Wadesboro, 5:30-6:30pm. Uninsured women over 40 who attend class provided with free mammogram & follow-up care. Info 828-446-6344

**JULY 15 & 19 Family Support Group Discussion & Fun** for families with children 6 & up with behavioral, emotional and/or learning

challenges 7/19. Free, 10-11:30am at Cooperative Extension in Wadesboro. Info & register by 7/15 910-627-1769 or [connectionsfp@gmail.com](mailto:connectionsfp@gmail.com)

**JULY 18 Brown Bag Book Club** Meets at 12 noon at Hampton B. Allen Library for author talk & covered dish lunch w/program by Janice Cole Hopkins. Please bring covered dish. Info 704-694-5177

**JULY 18 - 22 Youth Musical Theatre Camp** at Ansonia Theatre with focus on singing & stage movement, ending with live performance July 22. Info 704-694-4950

**JULY 20 Bach's Lunch** Featuring delicious food & live entertainment at First Presbyterian Church, Wadesboro, noon-1pm. \$10. Info 704-694-4950

**JULY 23 Lucas Gathings** County music singer at Ansonia Theatre, 7:30pm.

Tickets are \$10 for general seating. 704-694-4950

**ONGOING EVENTS**

**Food Pantry** Free food every Wed, 9-11am at Burnsville Recreation & Learning Ctr. 704-826-8182

**Bingo** For ladies & gentlemen at Grace Senior Center the third Tuesday of each month at 2pm. Register & info at 704-694-6616

**NAACP Meeting** Third Sundays, Hampton B. Allen library theater, 5pm, 704-694-6749

**Learning Center Hours** Burnsville Recreation & Learning Center, Mon-Fri, 10:30-5:30pm. Computer lab (children & adults), copy service, fax service & resource library. All available to the public for a small fee

**Cognitive Disability** Caregiver Support Group, second Tuesdays at First Presbyterian Church, Wadesboro. 7-8:30pm, Nancy Capel 704-694-3156

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