

Creative Crafts Offered at BRLC

Creative Crafts at Burnsville Recreation & Learning Center was six weeks of getting to know your neighbors a little better. It was held on Tuesday mornings beginning at 11:00 a.m. and running until 12:30 p.m. With the leading and guiding of the Holy Spirit through Beverly Hunt, women, men and children were able to engage in a moment of creative crafts. The creative power worked through all who attended. Each one who joined in creating cards went home knowing their selves a little better.

BRLC Director Carol Smith said, "Each beautiful and inspirational card was special and different just as we are. There was always a time set aside to hear from the heart of those who needed or wanted to share their heart. Hopefully the sessions will return in the fall of 2023. If you are interested in expressing your craft please contact BRLC at 704-826-8737 on Monday, Tuesday or Wednesday."

Upcoming Ansonia Play Into the Woods Tickets are Available

The next play presentation at the Ansonia Theatre is Into the Woods. It will be presented over two weekends, August 4 to 13. The play, directed by Tommy Wooten, is based on a book by James Lapine who originally directed the play on Broadway. Music and lyrics are by Stephen Sondheim, and orchestration is by Jonathan Tunick.

Into the Woods begins with a montage of familiar fairy tale characters and stories. Cinderella wishes to attend the Prince's festival, but her cruel stepsisters and stepmother are trying to prevent her from going. Jack (of Jack and the Beanstalk) wishes for a better life, but his mother, desperate for money, makes him take his cow Milky White into the woods to sell her.

Tickets are available at ansoniatheatre.com or by calling 704-694-4950.

Hand Painting Event at Grace Senior Center on July 27

Hands Up! A Hand Painting Event will be held at Grace Senior Center on Thursday, July 27, from 12 noon until 2:00 p.m. Painting without brushes, only using our hands. It's FUN!

The event is free, but registration is required. Please call 704-694-6616.

Grace Senior Center is located at 199 Highway 742 South in Wadesboro, on the left just past IGA.



It's Never Too Early. Schedule Your Child's First Eye Exam Today.



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1134 Holly Street in Wadesboro (On Hwy 74 across from CVS)
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THE EXPRESS • July12, 2023 • Page 2 Summer Care Tips for You and Your Pet:

Summer is a time for both you and your pet to enjoy the sunshine and outdoors, but along with the fun, the season also offers up situations that can endanger your pet. By taking precautions, you can decrease the chance that disaster will happen. The Humane Society (HSUS) offers these tips for pet owners to keep their furry friends safe this summer. This and lots more information is at *humanesociety.org*.

• In nice weather you may be tempted to take your pet with you in the car while you travel or do errands. But during warm weather, the inside of your car can reach 120° in a matter of minutes, even if you're parked in the shade. This can mean real trouble for your companion animals left in the car. Dogs and cats can't perspire and can only dispel heat by panting and through the pads of their feet. Pets who are left in hot cars even briefly can suffer from heat exhaustion, heat stroke, brain damage, and can even die. Don't think that just because you'll be gone "just a minute" that your pet will be safe while you're gone; even an air conditioned car with the motor off isn't healthy for your pet. To avoid any chance that your pet will succumb to the heat of a car this summer, be sure to play it safe by leaving your pet cool and refreshed at home while you're on the road. And if you do happen to see a pet in a car alone during the hot summer months, alert the management of the store where the car is parked. If the owner does not return promptly, call local animal control or the police department immediately. For more information, check out our page on pets and hot cars.

• Want to help educate others about the dangers of leaving pets in hot cars? During the summer months (May through September) The HSUS has educational posters available for purchase that store managers can post inside their windows to remind shoppers that "Leaving Your Pet in a Parked Car Can be a Deadly Mistake". In addition, 4" x 9" two-sided flyers are also available. For information and to order mail to: HSUS/Hot Cars, 2100 L Street, NW, Washington, DC 20037. You can also receive a free sample flyer by sending a self-addressed, stamped envelope to that address.

• It is very dangerous, and in some states illegal, to drive with a dog in the back of a pick-up truck. Not only can flying debris cause serious injury, but a dog may be unintentionally thrown into traffic if the driver suddenly hits the brakes, swerves, or is hit by another car. Dogs should ride either in the cab (in a crate or wearing a seat belt harness designed for dogs) or in a secured crate in the bed of the truck.

Summer is often a time when people fertilize their lawns and work in their gardens.
 But beware: Plant food, fertilizer, and insecticides can be fatal if your pet ingests them.
 In addition, more than 700 plants can produce physiologically active or toxic substances in sufficient amounts to cause harmful effects in animals.

With people and dogs spending more time outside, dog bites are likely to increase in the summer months. Spaying or neutering your dog reduces the likelihood that he will bite and provides many other health benefits.
Make sure your pet is always wearing a collar and identification tag. If you are

separated from your pet, an ID tag may very well be his or her ticket home.
Check with your veterinarian to see if your pets should be taking heartworm

prevention medication. Heartworm disease, which is transmitted by mosquitoes, can be fatal in both dogs and cats.

• Pots and page any agual diseaser Prevent free access to page and always supervises.

 Pets and pools can equal disaster. Prevent free access to pools and always supervise a pet in a pool.

Provide plenty of water and shade for your pets while they're enjoying the great outdoors so they can stay cool.
If you plan on traveling with your pet during the summer, take the time to prepare

for your furry friends in advance. Many airlines have summer pet embargoes, and most trains and ships do not allow pets other than service animals. The HSUS has information on traveling with your pet that may make the difference between a pleasant trip and a vacation nightmare. (humanesociety.org)

Pets need exercise even when it is hot, but extra care needs to be taken with older dogs, short-nosed dogs, and those with thick coats. On very hot days, limit exercise to early morning or evening hours. Keep in mind that asphalt gets very hot and can burn your pet's paws.
Another summertime threat is fleas and ticks. Use only flea and tick treatments

recommended by your veterinarian. Some over-the-counter flea and tick products can be toxic, even when used according to instructions.

• Pets can get sunburned too, and your pet may require sunscreen on his or her nose

and ear tips. Pets with light-colored noses or light-colored fur on their ears are particularly vulnerable to sunburn and skin cancer.

• Don't take your pets to crowded summer events such as concerts or fairs. The loud

noises and crowds, combined with the heat, can be stressful and dangerous for pets. For your pet's well being, leave her at home. Be especially aware of these threats during holidays, such as the Fourth of July.

In summer heat your pet can suffer from heat exhaustion and heat stroke. These conditions are very serious and could cause your pet to die. You should be aware of the signs of heat stress, which could include heavy panting, glazed eyes, a rapid pulse, unsteadiness, a staggering gait, vomiting, or a deep red or purple tongue. If your pet does become overheated, you need to immediately lower his body temperature. Move your pet into the shade and apply cool (not cold) water over his body to gradually lower his core body temperature. Apply cold towels or ice packs to your pet's head, neck, and chest only. Let your pet drink small amounts of water or lick ice cubes. Most importantly, get him to a veterinarian immediately.

2023 N.C. State Fair Competitions Now Open

There is no better feeling than being awarded a blue ribbon of your own. The 2023 N.C. State Fair competitions are now open, so make sure to check out this year's deadlines for your opportunity to win. Whether your skills fall in the culinary arts, handicrafts and hobbies, livestock exhibitions, horticulture or something else, there is a competition for you.

There are a lot of classic categories and even a few new categories for competitions, and only a few require an entry fee. Start thinking about what you want to enter and make sure to read the competition rules and follow deadlines.

With 4,027 classes of competitions available for entry, there is truly something for everyone. We love to see all of the talent in our state, so don't miss this opportunity to be a part of one of North Carolina's most cherished traditions."

To enter a competition go to *ncstatefair.org* and click on competitions. The website offers a guide to all competitions, events and attractions visitors can expect during this year's fair. Entrants can start registering online now. The deadline for submitting entries is Sept. 15, but don't hesitate to enter in your preffered competitions early.

All contest entrants are required to submit W-9 forms along with their entry submissions to ensure that necessary tax-related information is collected from participants. Guides and sample forms can be found on the Fair's official website, ncstatefair.org.

The N.C. State Fair works with ShoWorks, a data management software, to compile

entries. Entry forms can be mailed in or entered using the ShoWorks website or app. "We are always excited to see what competitiors bring each year," Buetnner said. "Whether it's your first time entering or you're a seasoned pro, its a great idea to get started early on your entries."

The 2023 N.C. State Fair is slated for Oct. 12-22 at the N.C. State Fairgrounds in Raleigh. The fair offers an experience unique to North Carolina and is an unparalleled value with free entertainment, thrilling rides and games, thousands of animals, endless family activities, competitions, vendors and creative deep-fried delights. For more information, visit <code>www.ncstatefair.org</code> or connect on Facebook, Twitter and Instagram at @ncstatefair.org.

WADESBORO HOUSING AUTHORITY



for additional information.

APPLY FOR SECTION 8 CHOICE VOUCHER PROGRAM WAITING LIST

The Wadesboro Housing Authority (WHA) will begin taking applications for the Section 8 Choice Voucher Program waiting list on the following days:

Tuesday Wednesday & Thursday only - July 18,19 & 20, 2023

Between the hours of 9:00 a.m. and 4:00 p.m. only

Applications must be complete with appropriate documentations in order for your application to be accepted.

The office is located at 200 West Short Plaza in Wadesboro

Please contact the Wadesboro Housing Authority at (704) 694-4852

Betty L. Huntley, Executive Director

Wadesboro Housing Authority • P.O. Box 211 • Wadesboro, NC 28170