

COMMUNITY MEDICAL, PA OF MARSHVILLE

Community Medical, PA of Marshville and Dr. Gary Henry, along with Brandi Queen, FNP-C, Family Nurse Practitioner, welcomes new patients

WE ARE ACCEPTING NEW PATIENTS & ACCEPT MOST ALL INSURANCES.
We are here to help you! Call to arrange your appointment today!

Both providers are Federally Certified Medical Examiners and perform DOT exams and Urine/Hair drug testing on-site five days a week.



Dr. Gary Henry



Brandi S. Queen, FNP-C

COMMUNITY MEDICAL, PA Family Practice / Medical Care
520 West Main Street, Marshville • 704-624-3388 or 704-694-3339 • Fax 704-624-3390



BACK TO SCHOOL



Does Your Child's Eyesight Make the Grade?



Vision problems are a leading cause of school performance problems, so be sure your child can see clearly at school.

Make an appointment with Dr. Kiker today for a complete eye exam.



ANSON FAMILY OPTOMETRIC, PLLC.



Holly Allison Kiker, OD

1134 Holly Street in Wadesboro (On Highway 74 across from CVS)

Mon-Thurs 8:30-5 & Closed Fridays 704-694-3618



Unauthorized Hydrant Use

The use of Anson County Water Department fire hydrants for obtaining water for agricultural or any other purpose without written consent of the Water Department is a violation of state and federal law. Hydrants are for use by written-permitted users, water company or fire department personnel only.

The Anson County Water Department will take legal action against any individual or business that unlawfully obtains water from the Anson County water system. Please report suspicious activity to the Anson County Sheriff's Office or the Water Department.

Hydrant use permit information is available from the Anson County Water Department.

Information is available at 704-694-5208.



Apply For NC Pre-Kindergarten Today

Anson County Partnership for Children is accepting applications for NC Pre-K, a Kindergarten readiness initiative that is proven to help four-year-olds gain basic skills needed for success in elementary school. Children who are four years of age before August 31, 2023, are eligible to apply for this high-quality program, which is free to qualifying families.

"Pre-K is a place where children learn skills that are vital to child development. NC Pre-K children learn how to socialize, make their own decisions, and interact with others. These are all important skills for child development. To make the transition to kindergarten easier, children learn eye contact, gain self-confidence, develop work efficiency, create a stronger attention span, and work on temper control," said Karen Gerald, Child Care Services Coordinator, Anson County Partnership for Children.

Not only are children who attended Pre-K more successful in school, they usually have higher grade point averages and are more likely to graduate high school and college. NC Pre-K classes operate on a regular school calendar and are designed to address emotional and social development, physical health, language development, and cognitive functioning. Through the incorporation of indoor and outdoor learning environments, students participate in active learning experiences to foster a lifetime love of learning.

A high priority is placed on serving children who meet the following criteria: child's family is at or below 75% of the state median income level, a disability has been identified, limited English proficiency, developmental differences, chronic health conditions, or a parent who is active military service personnel.

There are currently four centers operating NC Pre-K classes in Anson County. These classrooms are located at Anson Children's Center, Central Center for Children and Families, C's & T's Childcare, Morven Elementary School, and Open Doors Center for Children.

Parents or guardians interested in learning more about the NC Pre-K program should contact Karen Gerald at karen.gerald@ansonchildren.org or 704-694-4036 (Ext. 105). Applications are also available in the Partnership's Early Childhood Resource Center located at 115 East Morgan Street or online at ansonchildren.org.

Groundbreaking Alzheimer's Research Revealed at Alzheimer's Association International Conference

With more than 6 million Americans and 180,000 North Carolinians living with Alzheimer's disease today, researchers are working tirelessly to advance science that will lead to earlier detection, preventions and additional new treatments for Alzheimer's and all dementia.

In July, more than 11,000 researchers attended the Alzheimer's Association International Conference (AAIC) 2023 both in person in Amsterdam, Netherlands, and virtually to share the latest in Alzheimer's and dementia science. Highlights include:

- Advances in treatment offer even more hope. Data by Eli Lilly from the TRAILBLAZER-ALZ 2 Phase 3 clinical trial of donanemab found the drug significantly slowed cognitive and functional decline in people with early symptomatic Alzheimer's disease. The company has submitted this data to the U.S. Food and Drug Administration with a decision expected by the end of the year.
- Report of the first-ever U.S. county-level Alzheimer's prevalence estimates. A new report published in Alzheimer's & Dementia: The Journal of the Alzheimer's Association, and presented at AAIC 2023, shows every county in North Carolina having an Alzheimer's prevalence rate of 8.9 percent or higher in their 65+ population.
- Volunteering later in life may promote a healthy brain. A study of an ethnic and racially diverse population of older adults found that volunteering was associated with better baseline scores on tests of memory, thinking and planning.
- Advancements in blood tests for Alzheimer's. Researchers found a simple, finger prick blood test shows promise in the ability to detect markers of Alzheimer's using a single drop of blood. If validated, this test could offer a quick, noninvasive and cost-effective option that is simple enough to be performed independently.
- Chronic constipation may be bad for your cognition. A new report shows individuals with bowel movements every three days or more had significantly worse cognition, equivalent to three years more of chronological cognitive aging, than those with healthy bowel movement patterns.
- Hearing aids slow cognitive decline in older adults with hearing loss and who are at risk for cognitive decline. Results from a large clinical trial finds hearing aids and ongoing auditory counseling cut cognitive decline in half for older adults who had hearing problems and who were at higher risk of cognitive decline.
- Opioid use is associated with increased death in people with dementia. Researchers found new opioid use in older adults with dementia is associated with a significantly increased risk of death, including an eleven fold increase in the first two weeks.

"There is great progress in Alzheimer's and dementia research," said Katherine L. Lambert, CEO of the Alzheimer's Association - Western Carolina Chapter. "This year at AAIC, we gained insights into treatment, early and accurate diagnosis, and our understanding of risk factors for Alzheimer's and other dementias. The work of the scientific community holds great promise for the future worldwide, and in our own backyard here in North Carolina."

Of the more than 3,000 scientific presentations from the conference, 117 presentations were from North Carolina-based researchers and investigators from: Duke University, East Carolina University, NC State University, North Carolina A&T University, several campuses of the University of North Carolina System, Wake Forest University and other research centers.

To learn more about the studies presented at the 2023 Alzheimer's Association International Conference, go to alz.org/AAIC. For information on the county-level prevalence estimates in North Carolina go to tinyurl.com/NCAIAlzheimersPrevalence.

The Alzheimer's Association is available with information and support for families as they navigate the disease and related research. For more information on the Alzheimer's Association - Western Carolina Chapter, visit the alz.org/northcarolina or call the 24/7 Helpline at 800.272.3900.

National Night Out is August 1

Sheriff Scott Howell would like to welcome the public to attend the annual National Night Out event on Tuesday, August 1, from 6 to 9 p.m. This is a free event for the public to enjoy the night with your local law enforcement and emergency services personnel. Fun activities include bounce houses, face painting, a showcase of patrol cars, free food, free drinks and free snacks! Also, there will be a live DJ to keep things moving!

Everyone is welcome. The event takes place across from the Sheriff's Office on North Washington and East Wade Streets.

Anson County Beekeepers Meet Thursday

All Anson County Beekeepers members and anyone who interested in the hobby are reminded that the upcoming meeting will be held on Thursday, July 27 at 7 p.m. at the Anson Extension Office, located at 501 McLaurin Street in Wadesboro.

This month they will discuss how to test and treat Varroa destructor mite. Also, they will have 50/50 drawings, door prizes, and ACBA t-shirts for sale as well. For more information check Anson County Beekeepers facebook page.

Pine Needle Basket Weaving Workshop

The Anson County Arts Council is sponsoring a Pine Needle Basket Weaving Workshop by Shakeeka Brooks on Saturday, July 29. The three to four hour workshop begins at 1:00 p.m. and takes place at the Drake Gallery Education Room, located at 108 South Rutherford Street in uptown Wadesboro.

The cost is \$40, and you can register online at ansoncountyartscouncil.com. For information call 704-694-4950.



The Cameronian Quartet will be in concert

@ SHILOH CHRISTIAN COMMUNITY CHURCH

1752 SHILOH CHURCH ROAD, MORVEN

ON SUNDAY JULY 30th @ 11:00 AM

WITH FELLOWSHIP DINNER TO FOLLOW.



Mike Snead, Tommy Criscoe, Dan Allen, and Kenneth Lynch invite you to come and worship our Lord Jesus in song and testimony.

Funny, Random & Weird Holidays

- July 27 Thursday - Take your Pants for a Walk Day
- July 28 Friday - Milk Chocolate Day
- July 29 Saturday - Lasagna Day
- July 30 Sunday - National Cheesecake Day
- July 31 Monday - Uncommon Musical Instrument Day
- August 1 Tuesday - National Girlfriend Day
- August 2 Wednesday - Ice Cream Sandwich Day

The Ansonia Theatre Proudly Presents

INTO THE WOODS

Aug 4 -13

Directed by **Tommy Wooten**

Music & Lyrics by **Stephen Sondheim**

Book by **James Lapine**

Orchestrations by **Jonathan Tunick**

Originally Directed on Broadway by **James Lapine**

Into The Woods is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI. www.mtishows.com

ansoniatheatre.com

704-694-4950