

THE EXPRESS

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Serving Anson County and the Municipalities of Ansonville, Lilesville, McFarlan, Morven, Peachland, Polkton and Wadesboro.

Your Health Department is Here for You and Your Family

The Anson County Health Department provides clinical care services aimed at helping our County’s residents achieve better health and well-being.

It will soon be time to return to school. The Health Department will provide the following services for students returning to school and playing sports. Call the Anson County Health Department today at 704-694-5188 to schedule your appointment.

- College Physicals
- Sports Physicals for people aged 12+
- Immunizations for children

Call today at 704-694-5188 to make your appointment.

The Anson County Health Department accepts the following insurances: Blue Cross Blue Shield, CIGNA, United Health Care, Medcost, Aetna, NC Medicaid Pre-paid Health Plans and Tailored Health Plans, Traditional Medicaid, Multiplan, Ambetter, Medicare Traditional, Wellcare Medicare, and Amerihealth Next.

Demarcus Jackson Arrested, Charged with Multiple Crimes

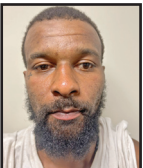
Thanks to the tireless efforts of the Wadesboro Police Department and the Anson County Sheriffs Office; Demarcus Jackson was taken into custody on July 28 in Wadesboro. He was wanted in connection with a string of breaking and entering incidents and larceny. He also had an active absconder warrant issued by Probation and Parole.

Jackson has been served with the following warrants:

- 2 counts of Felony Breaking and Entering
- 2 Counts of Felony Larceny
- 1 Order for arrest (indecent exposure)
- 1 Felony Probabtion Violation (absconding)
- 1 count of Misdemeanor Larceny

Mr. Jackson has more charges forthcoming from Polkton Police Department as well.

Wadesboro Police Chief Thedis Spencer said, “Thank you to our Law Enforcement Partners and the entire community as a whole. If we continue to work together, we can keep our community safe!”



Jackson

Polkton Police Department Charges

Polkton Police Chief Tim Hutchinson issued this release: Other agencies in the county were able to take Demarcus Jackson into custody on July 28 for charges. Mr Jackson came to our Town and played that game of it’s not mine but I am going to take it anyway.

Mr Jackson was charged by Polkton Police Department with 3 felony charges. This investigation is still ongoing.

If you bought any lawn equipment from Mr Jackson in the last little bit you may want to contact our agency or one of the others so we can get it back to the owners because it was not his to sell.

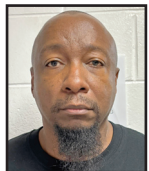
John Thomas Little, Jr. Arrested, Charged with Cyberstalking by WPD

On Tuesday, July 29 the Criminal Investigations Division of the Wadesboro Police Department arrested John Thomas Little, Jr. on the charge of Cyberstalking.

Police Chief Thedis Spencer said, “We want to remind the community that we take all crime seriously, especially when it affects the safety and peace of mind of our citizens. Your safety and well being will always remain our top priority.

If you believe you are being harassed, stalked, or feel unsafe: whether online or in person; please do not hesitate to reach out. You can file a report at any time, and our officers will follow up promptly. We would much rather investigate a concern that turns out to be nothing than have something serious go unreported.

Working together, we can continue to build a safer community.”



Little

SPCC New Resource for Student Veterans Beginning August 5

Every Tuesday, from 9 to 11 a.m., student veterans will be able to meet with Dora Devarie, a U.S. Navy veteran who now serves as a veteran career advisor/veteran business services representative for the North Carolina Department of Commerce. Devarie will be set up in the Tech Commons, located on the first floor of the Main Building on the Old Charlotte Highway campus, 1851 South Piedmont Street in Monroe. She will be able to provide information on wide variety of veteran-related issues, including:

- Navigating Veterans Affairs benefits for both veterans and their dependents
- Resources for pursuing advanced education
- Housing resources
- Employment resources and assistance
- And more

Devarie’s presence on campus is an initiative of the SP Career Connector, a department dedicated to helping connect students with employment opportunities and employers with South Piedmont student talent.

“We wanted to bring Dora, a Navy veteran and NC veterans state representative, to campus because we deeply value the contributions of our veterans and their families. Her presence offers an important opportunity to connect our student veterans with the resources and support they deserve. It’s part of our ongoing commitment to creating an inclusive, supportive environment where all students - especially those who’ve served - can thrive academically, professionally, and personally,” said Director of Career Services Debbie Normandia-Berrios.

Student veterans are welcome to drop in and meet with Devarie during her designated times on campus. No appointments are needed. Info: *dnormandia-berrios@spcc.edu*.



giving to help others.

The Red Cross Blood Program Coordinator is Michelle Sarno. The telephone number is 704-607-7568.

The need for blood is constant. Only volunteer donors can fulfill this need for patients in our community. Nationwide, someone needs a unit of blood every 2 to 3 seconds, and most of us will need blood in our lifetime.

Johnnie Edward, top picture, was ready to go motorcycle riding after her donation of blood last quarter.

Gary Sikes, above, was full of joy as the Red Cross representative prepped him to donate.

They know how important this drive is to the community.

Even if you don't feel comfortable right now in donating blood, please just come by to encourage others. You may bring water and snacks for those who do. As a community, encouraging as many people as possible to stop and speak to those that are giving is a part of the gift we all have. We all need each other for support.



Grace Senior Center Has It Going On In August!

Grace Senior Center is an excellent resource for Anson County’s senior citizens. They provide programs, services, activities and fellowship that are beneficial... **ALL FREE...AND ALL FUN & INFORMATIVE!**

Be sure to check the Express Events Calendar for even more activities at the Senior Center.

Grace Senior Center is located at 199 Highway 742 South in Wadesboro, on the left just past IGA. For information call 704-694-6616.

Claris Companion Tablet Classes on Tuesday, August 5 & Monday, August 18 at Grace Senior Center, 12 noon-1pm. Once training is completed participants can check out the tablets for one or two weeks.

- **Tuesdays & Thursdays** Chair Exercise Class 10-11am ****Aug. 7 class is 1-2pm**
- **Thursday, August 7** Book Club 10am-12noon
- **Monday, August 4** Chocolate Chip Cookie Day Giveaway! (drop in) 12noon-2pm
- **Wednesday, August 6** Button Up! Craft with buttons. 12noon-1pm
- **Friday, August 8** Chair Pickleball Day 12noon-1pm
- **Monday, August 11** Popsicle Day. Drop in for a treat! 12noon-2pm
- **Tuesday, August 12** Daymark presentation 12noon-2pm
- **Wednesday, August 13** Board games 1-2pm
- **Thursday, August 14** Craft making charm bracelets with Ms. Betty 12noon-2pm
- **Tuesday, August 19** BINGO! 12noon-1pm (Gentiva, Erica)
- **Wednesday, August 20** Advance Directive program with Ms. Wilson from Atrium Anson 2-4pm
- **Thursday, August 21** Movie Day “Mufasa 2024” 12noon-3pm
- **Friday, August 22** Mental Wellness (Therapeutic Alternatives, Ms. Latoya) 2-4pm
- **Monday, August 25** Chair Volleyball 12noon-1pm
- **Tuesday, August 26** Color Me Calm coloring sheets 12noon-1pm
- **Wednesday, August 27** SECU presentation “Scams & Fraud Protection” 1-3pm
- **Thursday, August 28** Crossword & Word Search 12noon-1pm
- **Friday, August 29** Line dances. Learn the latest line dance moves! 1-3pm

HOLLA!, NC Black Alliance, and New Rural Project Host Free Community Weekend in Morven August 1 & 2

This is a release from HOLLA!: HOLLA! Community Development Corporation, in partnership with the North Carolina Black Alliance and the New Rural Project, is proud to host a free, family-friendly weekend of learning, celebration, and community empowerment on August 1 & 2 at the HOLLA! Center in Morven. This two-day series of events will bring together residents from Anson County and beyond for meaningful conversation, back-to-school support, and shared experiences that promote health, equity, and youth success.

The weekend kicks off on Friday, August 1 at 7:30 p.. with an outdoor screening of “Dark Waters” (2019) at the HOLLA! Center Tennis Court. Hosted by HOLLA! and the NC Black Alliance, this gripping film highlights issues of environmental injustice and corporate accountability. The free community movie night aims to spark awareness around environmental health in underserved communities. All ages are welcome. Attendees are encouraged to bring lawn chairs, blankets, and friends.

Activities continue on Saturday, August 2 with Our State of Health, a morning discussion from 10:00 a.m. to 12:00 noon at the HOLLA! Center focused on healthcare access, medical debt, and public policy impacting communities of color. Adults (18+) are invited to join the conversation, enjoy a complimentary brunch, take advantage of onsite children’s activities, and enter a raffle for Visa gift cards. Prizes include a \$100 first prize, \$50 second prize, and \$25 third prize. Space is limited and advance registration is encouraged at *NCBlackAlliance.org/event/OurBlackHealth*.

Following the health session, families are invited to the Back-to-School Bash from 1:00 to 3:00 p.m., co-hosted by HOLLA! and the New Rural Project. This festive event will provide free school supplies, snacks, and a supportive environment to help students gear up for a successful academic year.

HOLLA! is a 501(c)(3) non-profit Community Development Corporation located at 229 East Main Street in Morven. Donations are tax-deductible and used to support its various programs. The programs are designed to improve literacy rates and the social capital of underprivileged youth in Anson County.

For information, please visit *www.holla.ws* or email *leon@wadesboro.com*.

Anson County Writers’ Club Welcomes New Members

The Anson County Writers’ Club meets on the fourth Sunday of each month, from 3 to 5 p.m. in the fellowship hall of First Presbyterian Church in Wadesboro, except in July and December. All meetings are open to the public. New members of all ages are welcome. For info call Sandy Bruney at 704-694-5211 or email *sandybruney@gmail.com*.

Come Donate Blood at Burnsville Fire and Rescue Department

This is a release from the Burnsville Recreation & Learning Center: Burnsville Recreation & Learning Center and Burnsville Fire & Rescue Department are calling out to Anson County citizens. Please know that we definitely need your support for our quarterly Red Cross Blood Drive on Friday, August 15. It will be held from 2:30 to 6:30 p.m. in the Activity Room at the Burnsville Fire & Rescue, located at 13380 Highway 742 North in Burnsville. (The address for GPS is 13380 NC-742 N., Polkton, NC, 28135.)

Each blood drive has been successful because of caring donors. As a community we can continue to help others through

Anson County Board of Commissioners Meet August 5

The first August meeting of the Anson County Board of Commissioners takes place on Tuesday, August 5 at 6 p.m. The second meeting takes place on Tuesday, August 19.

Meetings take place in the Board Room, Suite 209, of the Anson County Government Center which is located at 101 South Greene Street in uptown Wadesboro.

To schedule an appearance at a board meeting, please sign up prior to the meeting. Information is available at 704-994-3201.

The Commissioners' board meetings are live streamed on their YouTube channel. Also, the videos are archived so they can be viewed at any time. Visit *youtube.com* and search for Anson Commissioners.

Anson Farmers Market is Open Every Saturday

The Anson Farmers Market is open for the season, and will be open each Saturday, from 8 a .m. to 12:00 noon through September 27, with fresh and local produce, meats, eggs, baked goods, jewelry, soaps, candles, textiles and more from local artisans! Come check it out.

The Farmers Market is located at 1736 Highway 52 South in Wadesboro, just past Wadesboro Primary School.

For more information about the Farmers Market or to become a vendor, or to host a weekday market in your area of Anson County, contact Leslie Lee at: *ansonfarmersmarket@yahoo.com*, call 704-695-4415, message through the Facebook page, Anson County Farmer’s Market or Instagram @ansoncounty-farmersmarket.

INSIDE THIS EDITION...SAVE COUPON BOOK

SAVE HUNDREDS OF DOLLARS WITH COUPONS FOR MANY PRODUCTS THAT YOU USE EVERY DAY!

Check to see what coupons are in today’s Save Coupon Book. Previous Save Coupon Books included coupons for these products:

**Bayer Aspirin • Swiffer • Clairol • Covergirl • Icy Hot • Ensure
Excedrin • Tums • Flonase • Nexium • Centrum • Sensodyne • Zyrtec
Refresh Eye Drops • Depend & Poise • Xyzal • Allegra • Nasacort
Omaha Steaks • CeraVe Lotion • Gas-X • Boost • Secret • Aleve • Dove**