

Cooling Recess - From 100 Degrees!

This summer has been among the hottest - certainly for our area of Anson County. For several days the temperatures have "topped a hundred plus." It "sorta" reminds us of years gone by when we were growing, stringing, and hanging tobacco in the barn to cure! No, that wasn't all of the process - once cured, and the tobacco became "in case," it was ready to move out. Then it was stacked carefully and wrapped securely to await the "gathering process" of the balance of the crop. Often it would be early fall before all of the tobacco was "graded," tied and packed, ready to carry to the market.

Don't forget, there were other crops to gather as well while all the above was going on - with the occasional "big chicken stew" cooked in a cast iron wash pot, complete with fresh corn from the field next to the tobacco barn.

Now...all this above to say that the abundance of rain and cooler air yesterday (Monday, August 1) really makes us feel "more gooder!!"

P.S. Please don't tell my favorite English teacher, Mrs. Ruth Bennett, about my poor, slang English. She would "come back" and haunt me!!!

Letter to the Editor **Red Hat Chix of Anson County**

I had the honor a few weeks ago to attend an Anson county "Red Hat Chix" gathering. Frank and Leslie Hyatt of Polkton opened up their home for these lovely ladies. They served a wonderful supper of spaghetti, salad, rolls, and some of the "Chix" provided homemade desserts.

After supper was served the Red Hat Chix surprised Frank and Leslie with a surprise baby shower. They are expecting their first child in October. They received an array of useful

Those in attendance included Mrs. Frances Harrington and Mrs. Vickey U. Clark, both future grandmothers, Mrs. Peggy James, Mrs. Gloria Coppadge, Eloise Harrington, Betty Brooks, Juanita Williams, Shirley Meeks, Freida Braswell, Sheila Sikes, Sharon Meeks, Dot Gaddy, Joann Clark, and myself Susan Poe. I would be remiss if I did not mention Bethany Poplin and Harriet Crowell, they saw to our every need while dining in the Hyatt home.

The Anson County chapter of "Red Hats" has approximately 22 members. They gather once a month to eat and socialize. Once a year they hold an auction along with the Union/Mecklenburg Red Hat members. They enjoy "Lending a Hand" for the needy during the Christmas holidays. They have fun and they get to wear red and purple! Susan B. Poe

Back to School with Pride Asks Community's Help with School Items

Vancine Sturdivant will hold her annual Back to School with Pride event on August 19th and 21st. The Friday, August 19th event will be held at Hatcher Park in Lilesville at 4 p.m. The August 21st event will be held at Centenary AME Zion Church on Sunday, August 21st at 3 p.m. The organizers are asking the community to help this great cause with contributions and donations. Any help is most appreciated.

Anyone who can donate school items or money that will be spent for school items for Anson County youth, please contact Vancine at 704-848-4412.

Beginning Yoga-Based Fitness Classes

Certified personal fitness trainer Leslie Snow offers Beginning Yoga-Based Fitness classes every Monday and Friday. The classes are held at Calvary Episcopal Church in uptown Wadesboro, from 8 to 9 a.m. You can learn the correct

form of the major poses (asanas), breathing techniques, and deep relaxation. Develop everyday strength and flexibility too. The cost is \$50 per month for 2 classes a week, \$25 for 1 class a week or \$8 for drop in classes. For more information contact Leslie at 704-272-9254 or leslie@lesliesnow.com.



annual congress to emphasize energy conservation and safe electricity use. The 4-H electric energy program is one of the most popular activities among Tar Heel 4-H'ers. program is conducted by North Carolina Cooperative Extension at North Carolina State and North Carolina A&T State universities. More than 218,000 young people between the ages of 5 and 19 participate in North Carolina 4-H activities each year with the help of 21,000 adult and youth volunteers.

Pictured is the Anson County delegation that attended NC 4-H Electric Congress. They are, from left, Betty Garris, Anson 4-H Volunteer Leader, 4-H'ers Aaliyah Escalera and Jessica Johnson, and Stevie Ruffin, senior account executive, Progress Energy Carolinas.

Bowman Senior High School Class of 1973 Reunion

The Bowman Senior High School Class of 1973 is planning their 38th class reunion to be held on Saturday, September 10 at the Twin Valley Country Club in Wadesboro. The event will run from 6 p.m. to midnight.

If you are interested in attending please contact Cheryl Cason-Coppadge at 704-465-8399. Bettv Colson-Huntley or Dianne Dean Johnson.



Saturday August 6 6-9 pm

The Ansonville Historical Society is sponsoring a family night of bingo on Saturday, August 6, from 6 to 9 p.m. There will be a cover charge of \$5 which will include one free game. Games will be \$1 each. Drinks & desserts will be \$1.50 each.

4-H Delegation **Attends Annual Electric Congress**

A delegation from Anson County attended the annual 4-H Electric Congress on July 11th through 13th at Western Carolina University in Cullowhee, NC. hundred forty 4-H'ers, adult leaders and Cooperative Extension agents from 54 counties attended three-day event.

Since 1947, Progress Energy, Duke Energy and Dominion North Carolina Power have sponsored the



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