

On the Road, On the Water, Don't Drink and Drive this Labor Day

The "On the Road, On the Water, Don't Drink and Drive" campaign, a multi-agency initiative in North Carolina designed to combine law enforcement resources for highway and waterway safety during the summer months, will conclude with special operations this Labor Day weekend. Drivers and boat operators will be charged if their blood alcohol concentration meets or exceeds .08 or if they are impaired by alcohol and/or drugs. Law enforcement officers will be out in force throughout the end-of-summer holiday.

The campaign is led by the N.C. Wildlife Resources Commission, the State Highway Patrol and Alcohol Law Enforcement, joined by local police and sheriff's departments and supported by Mothers Against Drunk Driving. Wildlife officers are responsible for enforcing the boating laws and regulations on the waters of the state, and may stop any vessel for safety checks or violations.

"Law enforcement and safety advocates ask that drivers be responsible, no matter what they drive," said Col. Dale Caveny, chief of the Division of Law Enforcement of the N.C. Wildlife Resources Commission. "The educational component of this campaign is to try and motivate people to not operate a vessel or vehicle if impaired. Don't let an accident or arrest spoil your fun."

Boaters have an additional consideration when consuming alcoholic beverages. Wind and waves, combined with heat, glare, motor noise and vibrations can create a condition known as boater fatigue, which accelerates impairment and affects coordination, judgment and reaction time that can magnify the effects of alcohol in some individuals.

With the Labor Day weekend one of the anticipated busiest times for boating, wildlife officers also advise:

• **Wear a life vest** – North Carolina law requires children younger than 13 to wear an appropriate life vest whenever they are on a recreational vessel that is underway; and, it is recommended for everyone.

• **Blue light = no wake** – All watercraft must slow to a no wake speed when passing within 100 feet of a patrol boat displaying a flashing blue light. In narrow channels, watercraft must slow to a no wake speed within 50 feet.

• **Mandatory boating education law** – Anyone younger than 26 operating a vessel powered by a 10 horsepower or greater motor on public waterways must have successfully completed an approved boating safety education course or otherwise be in compliance.

For more information on boating safety, regulations and title and registration, go to the Boating and Waterways section of their website www.ncwildlife.org.

New Church Opens

Christ Chapel of Truth opened on August 21st. The chapel is located beside the old Mini-Mart at 2426 Highway 74 East of Wadesboro. The Pastor is Hayward L. Holmes and the Co-Pastor is Vanie S. Holmes.

Sunday services will include Sunday School, beginning at 9:45 a.m. and praise and worship at 11 a.m. All are welcomed to attend.

New Beginnings Meets September 19

The New Beginnings cancer support group will meet for a dutch-treat supper at 6 p.m. at the Lady Bug Restaurant in Wadesboro. Shelia Raye will be the guest speaker.

Free Yoga Classes Offered

Certified personal fitness trainer Leslie Snow offers a free Introduction to Yoga-Based Fitness class each month, on the last Saturday. The classes are held at First Methodist Church in uptown Wadesboro, from 9 to 10 a.m. You can learn the principals of yoga, breathing and poses.

For more information contact Leslie at 704-272-9254 or leslie@lesliesnow.com.

With Local Doctor, School Success Pays!

The patients of Anson Pediatrics received a treat this summer from their pediatrician, Dr. Sarah P. Elliott. Dr. Elliott has always given a reward for making the A/B or A Honor Roll every grading period; however, this year she did something very special for some very special students. She offered the "Elliott Challenge" to the patients during the 2010-2011 school year.

If the patient maintained A/B or A honor roll for the entire school year they would receive twenty dollars cash for their efforts! Dr. Elliott extended this challenge to all her patients in 3rd grade or higher to encourage and reward academic excellence and entice her patients to read and practice math over the summer months. The most eager patients showed up on the last day of school with their A and A/B honor roll cards in hand to show their prize.

Nearly 40 patients received a cash reward of a new \$20 bill. They all submitted a copy of their report cards which made them eligible to win the Grand Prize of a \$100 bill which would be given to the highest achievers.

When the contest closed on July 15th, two students, Sally James, 13, and Brandon Watson, 12, carried the two highest overall scores earning the Grand Prize of \$100 each. The students were excited to have some spending money for their summer vacation.

"The 'Dr Elliott Challenge' was so successful this past school year the decision was made to extend it to the upcoming 2011-2012 school year as well. "It was the best \$20 I have ever spent," said Dr. Elliott. "The smiles and looks of pride on their faces were priceless. I want them to know that you have to work hard to be successful, but it is rewarding. I know this from firsthand experience!"

In the photo Sally James smiles as she shows off her \$100 bill. Dr. Olivia Peters is on the left and Dr. Sarah Elliott is on the right.

Dr. Elliott encourages all Anson County students to work hard and do their very best! The entire Anson Pediatrics family is very proud of their hard working patients.



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