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### THE EXPRESS • August 31, 2022 • Page 2 Anson Mobile Market is Coming in September

This is a release from the Anson Cooperative Extension: Atrium Health Anson, Anson County Extension, Carolinas Primary Care, Anson County Health Department and WellCare have partnered in the months of September to November to offer the Anson Mobile Market. This is an event that will afford the citizens of Anson County to receive six-eight different types of fresh produce monthly. This is a free initiative, so please stop by and get some produce.

This event is to assist in the scarcity of fresh, healthy food in the county. It will also serve as an educational event to offer education on the two targeted areas of the county health assessment which are tobacco use and hypertension. Agencies will be set up offering services and information in those two targeted areas. There will be blood pressure and blood sugar checks, along with other healthy living topics. There will also be recipe cards for produce items you will receive each month to assist in cooking them.

The event will be held on the Square in uptown Wadesboro on September 15, October 20 and November 17. There will be two time intervals to pick up produce, 10:00am to 1:00pm and 3:00 to 6:00pm. This gives those that are working and get off later the opportunity to come pick up items. Items will be on hand for you to carry your produce in along with some give aways. We hope many will come out and participate in this wonderful opportunity.

### Alzheimer's Association and Fellow Organizations Offer Program on Vascular Dementia

#### Next session of series on common medical conditions of dementia to focus on difference between vascular dementia and Alzheimer's disease

The Alzheimer's Association chapters in North Carolina, along with the Duke-UNC Alzheimer's Disease Research Center and NC Registry for Brain Health, are presenting the next session in Under the Dementia Umbrella, a multi-part virtual education series taking place across North Carolina.

Dementia is not a single disease, but rather an overall term - like heart disease that covers a wide range of specific medical conditions, including its most common form, Alzheimer's disease. This series will take a deeper dive into various disorders that fall under the umbrella of dementia.

"Confusion between Alzheimer's disease and other forms of dementia is common," said Katherine L. Lambert, CEO of the Alzheimer's Association, Western Carolina Chapter. "Learning about the differences between them is important and can empower individuals living with any form of dementia, their families and their caregivers with necessary knowledge."

"UNDERstanding Vascular Dementia" this program will take place on Thursday, September 22 from 6:00 - 7:30 p.m. This program will cover who gets vascular dementia and why and how it is different from Alzheimer's disease, and what can be done to prevent or slow down the progression. The session will include discussion of the symptoms most commonly seen in these conditions, the underlying causes, how these differ from Alzheimer's disease, and how these conditions can be best treated and supported. This program will be presented by Dr. Andrea Bozoki, M.D., FAAN, professor and division chief of cognitive and behavioral neurology at UNC School of Medicine and outreach and engagement core leader with the Duke-UNC Alzheimer's Disease Research Center.

"Vascular dementia is the second most common cause of cognitive decline in the U.S. and the most common coexisting cause, in combination with Alzheimer's pathology," said Andrea Bozoki, M.D. of Duke-UNC Alzheimer's Disease Research Center. "The older you are, the more likely it is that you have vascular damage in the brain. Knowing why it happens and what you can do about it is critical to both individuals and to reducing the burden of dementia in our society."

Previous sessions in the series included Parkinson's disease and Lewy body dementia, frontotemporal dementia and primary progressive aphasias, and mental health and the aging brain.

The series is offered in partnership with The Age Coach and Senior Care Authority. Each webinar will offer expert speakers, guest panelists, and time for discussion. Webinars are open to the general public and individuals and families affected by dementia. There is no charge to participate, but registration is required and a recording of each program will be made available to all registrants. Attendees can attend via video/webinar or through a toll-free number. To sign up or access recordings of previous programs in the series, visit *tinyurl.com/DementiaUmbrella2022* or call 1-800-272-3900.

## Premier Buildings Opens Next to Beachum & Lee Ford

AnsonEDP Director John Marek released this information on Wednesday, August 31: Premier Buildings has opened a "showroom" next to Beachum and Lee Ford on U.S. 74 in Wadesboro. They are displaying some of their most popular models, built right here in Anson County at their facility in Morven.



One in every 20 Americans over the age of 50 suffers from PAD - a condition caused by plaque or fatty deposits in the arteries that limit blood flow to the legs and feet. This puts them at greater risk for heart attack, stroke and limb loss.

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### **Anson County Schools Fall Athletic Stats**

#### Anson High School Volleyball

• Monday, August 22 versus Cheraw. Anson won 3-0. (25-19, 25-11, 25-3). Top stats: Lauren Dutton 13 aces, Morgan Burr 8 kills, Camryn Martin 13 kills, Leah McLaurin and Malayasia Gabriel 1 block each, Blair Threadgill 23 assists.

• Tuesday, August 23 versus Chesterfield. Anson won 3-0 (25-21, 25-14, 25-22). Top stats: Camryn Martin 4 aces, Lauren Dutton 8 kills, Morgan Burr 6 kills, Malayasia Gabriel 4 blocks, Blair Threadgill 18 assists & 11 digs, Cierra Lear 15 digs, Caroline Austin 11 digs.

• Thursday, August 25 versus South Stanly. Anson lost 1-3. (27-25, 17-25, 13-25, 12-25). Top stats: Camryn Martin 9 kills & 4 blocks, Blair Threadgill 3 blocks, 5 assists, 3 aces & 21 digs, Leah McLaurin 3 aces each, Cierra Lear 20 digs.

#### Anson High School Varsity Football

• Friday, August 26 versus Pinecrest. Anson lost 35-6. Rushing Leaders: Tony Gainey 8-27, Jakyri Hixson 2-40. Passing Leaders: Luke Hyatt 15-27, 96 yds, 1 TD. Receiving Leaders: Jakyri Hixson 6 catches for 30 yards, 1 TD; Jaquan McNeil 3 catches for 21 yds; Courtney Sturdivant 2 catches for 15 yds. Defensive Leaders: Jeremiah Griffin 8 tackles; Zack Griffin 5 tackles; Zalijah Rorie 5 tackles, 2 TFL, LJ Merritt 5 tackles, 2 TFL, 1 sack; Josh Lomax 4 tackles; Contavious Little 4 tackles; Jari Gunterman 4 tackles; Laiontae Little 3 Tackles, 2 TFL, 1 sack; T'Landis Carr 1 sack.

#### Anson High School JV Football

• Thursday, August 25 versus Pinecrest. Anson lost 45-8. Dallas Lilly 85 yds rushing, 1 TD; Dock Hyatt 2 pt conversion; Jase Martin 10 tackles





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