THE EXPRESS • September 14, 2022 • Page 3 Dignity, Sympathy and Respect

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Alzheimer's Association and **Fellow Organizations Offer Program on Vascular Dementia**

Next session of series on common medical conditions of dementia to focus on difference between vascular dementia and Alzheimer's disease

The Alzheimer's Association chapters in North Carolina, along with the Duke-UNC Alzheimer's Disease Research Center and NC Registry for Brain Health, are presenting the next session in Under the Dementia Umbrella, a multi-part virtual education series taking place across North Carolina.

Dementia is not a single disease, but rather an overall term — like heart disease — that covers a wide range of specific medical conditions, including its most common form, Alzheimer's disease. This series will take a deeper dive into various disorders

that fall under the umbrella of dementia.

"Confusion between Alzheimer's disease and other forms of dementia is common," said Katherine L. Lambert, CEO of the Alzheimer's Association, Western Carolina Chapter. "Learning about the differences between them is important and can empower individuals living with any form of dementia, their families and their caregivers with necessary knowledge.'

"UNDERstanding Vascular Dementia" this program will take place on Thursday, September 22 from 6:00 - 7:30 p.m. This program will cover who gets vascular dementia and why and how it is different from Alzheimer's disease, and what can be done to prevent or slow down the progression. The session will include discussion of the symptoms most commonly seen in these conditions, the underlying causes, how these differ from Alzheimer's disease, and how these conditions can be best treated and supported. This program will be presented by Dr. Andrea Bozoki, M.D., FAAN, professor and division chief of cognitive and behavioral neurology at UNC School of Medicine and outreach and engagement core leader with the Duke-UNC Alzheimer's Disease Research Center.

"Vascular dementia is the second most common cause of cognitive decline in the U.S. and the most common coexisting cause, in combination with Alzheimer's pathology," said Andrea Bozoki, M.D. of Duke-UNC Alzheimer's Disease Research Center. "The older you are, the more likely it is that you have vascular damage in the brain. Knowing why it happens and what you can do about it is critical to both individuals and to reducing the burden of dementia in our society."

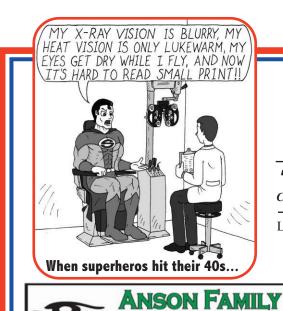
Previous sessions in the series included Parkinson's disease and Lewy body dementia, frontotemporal dementia and primary progressive aphasias, and mental health and the aging brain.

The series is offered in partnership with The Age Coach and Senior Care Authority. Each webinar will offer expert speakers, guest panelists, and time for discussion. Webinars are open to the general public and individuals and families affected by dementia. There is no charge to participate, but registration is required and a recording of each program will be made available to all registrants. Attendees can attend via video/webinar or through a toll-free number. To sign up or access recordings of previous programs in the series, visit: tinyurl.com/DementiaUmbrella2022 or call 1-800-272-3900.

Peachland's Music on the Square is September 24

The Town of Peachland invites everyone to their 16th annual "Music on the Square" to be held Saturday, September 24, from 4:30 to 10 p.m. This free event will feature DJ Leon Gatewood and the Village Green Band along with a variety of

For more information contact Lynn H. Griffin at 704-272-7781.



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